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## Year end review

This week, **The Portugal News** takes a look at the year that was, focusing on the major stories that were covered during the course of 2007. (See Pages 2 to 8 and 56)

## Road deaths rise

Provisional figures released this week for 2007 indicate that 858 people died in traffic accidents in Portugal. This total is up by eight from the previous year, though this number could be much higher as it is estimated that 14 percent of all accident victims who are hospitalised succumb to their injuries. (See Page 11)

## President's New Year address

President Aníbal Cavaco Silva has expressed dissatisfaction with the performance of Portugal's Socialist government during 2007 in the areas of health, education and the economy, calling for "more dialogue" to reduce tensions in society. (See Page 11)

## Dakar Rally returns to Lisbon and Portimão

The staging of the Dakar Rally will once again be focused on the cities of Lisbon and Portimão before competitors head for Africa via Spain. The 30<sup>th</sup> Dakar Rally also marks the third occasion that this famous race will start in Portugal. (See Page 11)

## Seven day weather outlook

**Lisbon:** The city will experience a dry weekend with maximum temperatures in the region of 16°. Rain will arrive in the capital at the start of the week and will only ease next Friday.

**Faro:** The Algarve will have dry and mild weather in the coming days with temperatures averaging 18°. Rain will return to the region next Thursday but is not expected to last. **Oporto** will be grey and cold, with rain dominating the outlook for the next week.

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See. P. 27

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**Smokers brave the rain and the cold as new anti-tobacco legislation sees most public venues become smoke-free**

# LIGHTS OUT

Smoking,  
see p. 20

## 2008's first bathers



Carcavelos beach in Cascais was on Tuesday once more the chosen venue for hundreds of bathers to take their first swim of the New Year in a tradition that is becoming increasingly popular at beaches all around the country. (Photo: Lusa/Mário Cruz)





Picture dated 03 February 2007 shows Chelsea manager José Mourinho during his team's Barclays Premiership League clash with Charlton Athletic at the Valley Stadium in London. Chelsea confirmed on 19 September 2007 that manager Jose Mourinho had left the club by 'mutual consent'. The announcement followed BBC reports Mourinho texted five senior players telling them he was leaving the club. The relationship between the Portuguese manager and club owner Roman Abramovich had been strained for several months, with Abramovich apparently wanting a more spectacular style of football and Mourinho angered at having players foisted upon him. (Photo: EPA/Lindsey Parnaby)

## Madeleine and Mourinho

If it was not a new development concerning the disappearance of British toddler Madeleine McCann then it was José Mourinho keeping Portugal's international profile on an unprecedented high, be they for the best, or worst reasons for most of the year that was 2007 here in Portugal.

The past year has been etched in the memories of most as the year that witnessed the inexplicable and mysterious disappearance of Madeleine McCann from the holiday apartment she was staying at with her parents and her twin siblings.

The story has put Portugal's name at the forefront of international news coverage, and most informed people anywhere on the planet will now be able to find Praia da Luz on a map.

The media frenzy and the constant clashes between Portuguese police and the media, both British and Portuguese, maintained the high profile of this extraordinary case.

Since September, when Madeleine's parents were made suspects and effectively 'found guilty' of being involved in their daughter's disappearance by even some of the most learned commentators, Portuguese authorities have been slowly moving away from pressing to have the McCanns charged – which police have not done due

to a lack of any evidence.

The Attorney-General admitted towards the end of last year that the McCanns would probably not have been declared formal suspects under legislation that came into force a week after police made their suspicions public.

Kate and Gerry's lawyer later accusingly pointed that police rushed to declare his clients suspects to avoid being unable to do so under more modern legislation that was implemented in mid-September.

While the McCanns dominated reports in **The Portugal News**, with 11 front page stories in 2007 dedicated to this topic, José Mourinho also grabbed a few headlines himself.

It was almost as if he was working in tandem with those who control the flow of information on Madeleine, as whenever news became more subdued, Mr Mourinho would step into the limelight to ensure Portugal was in the news once more.

While Mourinho's flirtations with the English Football Asso-

ciation towards the end of last year for the role of England boss kept Portugal's high profile, Cristiano Ronaldo also did his best to undo some of the negative publicity the country has received. He produced some breathtaking displays for club and country that made his compatriots proud, along with thousands of expatriates pleased to be associated with Portugal.

Money matters also received a fair amount of coverage, and while spiralling fuel prices and interest rates put huge dents into the pockets of households here in Portugal, eating into their buying power, there was some good news at the end of last year.

The Paris-based OECD explained that for the first time in seven years Portugal would, in 2008, overtake the economies of the Euro Zone, anticipating also that exports would rise, while inflation and unemployment would fall.

Let's hope the OCED analysts are right and Portuguese consumers have a prosperous 2008.

## January - Football, Superbugs & Debt

The year started with news that footballers wanted to launch industrial action in response to government plans to make them pay similar taxes to ordinary citizens. This was followed by revelations that hospital superbugs were starting to make their presence felt in Portugal. The month ends first with news that inflation has cut into the buying power of consumers followed by news that bad debt had hit an all-time high.

A Happy  
New Year  
to all our  
readers!

At the start of 2007, **The Portugal News** revealed footballers were being urged to consider strike action against new tax measures in a last-ditch effort to avoid paying full rates. Professional footballers had until then been covered by a special dispensation so they avoid paying full income tax rates on their remuneration. But a compromise deal

reached behind closed doors appears to have settled the matter for now, at least.

The following week news emerged that hospital superbugs were on the up.

European figures issued in January showed that antibiotic resistant superbugs including MRSA or methicillin resistant *Staphylococcus aureus* have recorded a huge jump in recorded cases at Portuguese hospitals. According to the European Antimicrobial Resistance Surveillance System (EARSS), Portugal is now the fourth most affected country by MRSA in Europe, where researchers say superbugs are nearing epidemic proportions.

Only Malta, Cyprus and Romania have a higher prevalence of MRSA in Europe, with Portugal moving to fourth above the United Kingdom in the EARSS latest annual report on the status of antimicrobial resistance.

As soon as the next annual report is released, **The Portugal News** will endeavour to unveil its findings.

On January 20, the headline, Inflation cuts buying power, was supported by a story that stated for the ninth year running the government had underestimated the inflation rate directly affecting the real earnings of private workers and civil servants alike.

Figures published by the Institute for National Statistics (INE) confirmed the inflation rate for 2006 to have been 3.1 percent, up considerably from the previous year's figure of 2.3 percent, which is exactly the same figure the government said inflation would be in 2006. Despite consistently failing in its forecasts since 1997, the government is sticking to its 2.1 inflation rate prediction for 2007.

The government, it seems was much closer this past year, with the final rate being fixed at an estimated 2.2 percent.

While readers were still counting their pennies, more bad news came with calculations done by **The Portugal News** based on figures released by the Bank of Portugal indicating that personal debt was rising €6m a day.

The Bank of Portugal indicated that despite constant increases last year in interest rates, Portuguese consumers continue to spend above their means, with personal debt now standing at 20 percent above disposable income.

According to a report published at the end of January, figures showed that personal credit rose by almost two billion euros in the space of just ten months.

In effect, this meant that personal debt is growing at around €250,000 every hour.

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## February – Cheaper cars, and the voice of foreigners grows stronger

The results of the annual survey by **The Portugal News** released at the beginning of February showed not only that foreign residents in Portugal were taking the country more seriously, but so too were their hosts. Advertising by large corporations has started to target foreign residents like never before, while one major bank admitted it was using **The Portugal News** as a tool to improve the English of its bank managers and to understand its customers better.

The month starts with news that an extensive survey conducted by **The Portugal News** had been unveiled at a Lisbon conference to television, radio, national print media and members of the international press, illustrating foreigners' views on a wide array of issues to a curious audience. Among a number of unique findings, it was established that foreigners were becoming increasingly integrated into their respective communities with increasing numbers of their children attending state schools. But they still felt let down by central government and the mountains of bureaucracy they face when seeking to invest in Portugal, the survey explained.

The study, conducted over a period of two months, gathered the viewpoints of an estimated one in every 200 northern Europeans (resident or semi-resident) in Portugal to release the most comprehensive research ever conducted on the subject, and three times as many as the 2006

survey on foreign residents.

More good news the following week, as figures revealed that Lisbon is the safest capital in the European Union.

**The Portugal News** explained that a study conducted by a consortium, including EU and UN agencies, has found that Lisbon is the safest city in the European Union. At the opposite end of the scale, the report, published earlier that week unveils London as the most dangerous capital in which to live.

The number of crimes against foreign residents/immigrants in Portugal and so-called hate crimes were also revealed as being among the lowest in the EU.

The study was conducted in the 15 "old" EU countries, as well as newer members Poland, Hungary and Estonia.

On February 17, readers learnt the government had dismissed the building of an ambitious artificial island off the Algarve coast as an environmental hazard. While Lisbon's shunning of the multi-million euro project at the

prestigious Vale do Lobo resort has been met with contained regret in regional economic and tourist sectors, insiders had suggested this Dubai-like infrastructure was doomed for failure from the moment a new administration took over at Vale do Lobo in December 2006.

In the final edition of this month, **The Portugal News** disclosed details of the new car tax.

While cars did become cheaper four months later, as predicted by this publication, car owners were forced to dig deeper into their pockets when paying their annual stamp duty.

The government expects it will recuperate lost revenue from existing car taxes by 2012, which in effect means that thereafter, motorists will be paying more in car tax than they were at the start of 2007. Calculations show that new cars now cost between 2 and 2.5 percent less, as a result of a ten percent cut in car tax, but annual taxes will in many cases rise by up to four times their current value.



Economy Minister Manuel Pinho at a prize giving ceremony, part of the Allgarve initiative. (Photo: Lusa / Luis Forra)

## March – Allgarve, Black Gold and smoking up in smoke

A storm which had been brewing erupted in March when the government announced a name change for the Algarve for "promotional reasons", adding a letter to transform the southern Portuguese region into "Allgarve". Authorities in Lisbon rubbish concerns from groups in Faro, saying "Algarve" would remain "Algarve" and that "Allgarve" was the all-encompassing name used when promoting Portugal's tourism hotspot. The Algarve remained in the news with confirmation of continued interest in drilling for oil off the region's coast. **The Portugal News** also revealed details of the smoking ban which took effect at the beginning of the year.

The first week of March saw the government shrug off concerns from interest groups in the Algarve, especially those linked to the tourist industry, insisting that only minor formalities now stand in the way of oil companies initiating exploration activities off the region's coastline.

With the project on ice since February 2006, authorities in the Algarve had grown increasingly optimistic that plans of building oil platforms off the region's coast would remain on paper and not be transformed into reality.

But regional officials invited to a parliamentary meeting in Lisbon in March heard that adverse effects oil drilling could have on tourism were not a concern of the government.

Lisbon's view has been verbalised by the Energy Director General, Miguel Barreto, who said that oil exploration in the Algarve has not commenced yet solely due to difficulties in "reconciling the agendas of Repsol and RWE" to sign Portuguese government contracts.

After two botched attempts at outlawing smoking in public spaces, the government back in March pledged that smoking will be banned in bars, night clubs,

restaurants and coffee bars. The government has kept its word, and these venues are now more in line with the rest of Europe and will no longer be reeking of tobacco smoke or causing discomfort to customers, especially those with children who can now safely enter a coffee bar without concerns of inhaling secondary smoke.

The following week, we reveal the story of Andreia Elisabete who was returned to her biological family 13 months after she had been snatched from her mother's arms when she was only three-days old by a woman desperate to save her relationship by duping her admittedly gullible partner into believing the child was his.

In the next edition, Lisbon sparked a mini-revolt among increasingly-estranged Algarve officials by revealing a multi-million euro campaign that saw the region suffer a major brand tweaking. Straining relations even further in the wake of news that oil platforms could spoil the region's coastline. Regional authorities expressed their outrage by news that the Algarve has become "more English" for promotional purposes, and has had its name changed to Allgarve until

2009.

In a major surprise, in a vote by a national television broadcaster, Portugal elected its former dictator as its most influential personality.

Accredited by his supporters as saving Portugal from economic and social anarchy when he first came to power, António de Oliveira Salazar won his first election, albeit posthumously and on the state television network whose creation he oversaw and regularly censored. Response to Salazar's unexpected victory in RTP's phone-in to elect "The Greatest Portuguese" was muted, despite him winning the ballot by a margin never seen in any major political poll held in the country's 33-year old democracy. While some observers have said not too much should be read into this poll, other analysts believe it is a sign of changing times and burgeoning dissatisfaction.

Almost 220,000 citizens paid premium phone-in rates (129,000 euros) to cast their vote, with 'Benevolent Dictator' Salazar obtaining more than twice the votes of second-placed Álvaro Cunhal, who obtained 19 percent of the vote, 22 percent behind the winner.

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## April – EU funds, tourism chief quits and bad debt rising

The first half of April was dominated by stories relating to European Union funds. First, the European Commission threatened to temporarily shut the tap on Portugal's funding, followed by revelations of how the EU was targeting fund fraudsters. With summer around the corner, the Algarve was rocked by news that its tourism chief had walked out on his job, followed by a story concerning the country's ever-growing debt troubles.

The first story of April, which was not an April Fool's joke, for a change, some might say, indicated that the European Commission was ready to make Portugal the second country to have its EU funding tap temporarily shut down. In an official warning issued to the Lisbon government, Durão Barroso's EC warned that Portugal faced the real risk of seeing some of its major projects suspended due to its persistence in not transposing European Union directives into national law. While all EU member states have been guilty of agreeing with legislation at a European level only to stubbornly delay their implementation nationally, the EU's patience seemed to have run dry over legislation that Portugal had pledged to bring into force way back in January 2006.

And while Portugal remains the worst European Union member state when it comes to implementing internal market rules

and directives into national law, the EU has, for now, not proceeded to carry out its threats.

Then there was news of the EU clamping down on fund fraudsters.

The move was initiated following on a 74 page report by the Organisation for Economic Co-operation and Development's (OECD) Working Group on Bribery in Portugal resulting in two arrests in connection with the findings of the survey.

On April 21, **The Portugal News** told of the unexpected departure of Helder Martins, head of the Algarve Regional Tourism Board (RTA) from his incomplete mandate. His walkout sparked controversy on a national level as other regional entities appealed to the government to take charge of a situation nobody appears equipped to handle effectively.

Despite the initial troubles faced by the RTA, former Civil



Part of the UK poster campaign launched by the Portuguese Tourist Board. This hoarding was photographed at Waterloo Station on 9th October 2007. (Photo: Lusa / Estela Silva)

Governor António Pina was hastily thrust into the role of Algarve Tourism Chief and by general consensus seems to have been doing a decent job since his appointment.

The final story of April revealed that debt in Portugal had doubled.

Financial institutions in Por-

tugal have increased their grip on national consumers to an extent where three quarters of wealth created each year is now used to pay off debt to banks, revealed **The Portugal News**.

Quarterly figures on debt in Portugal raised concerns among consumer groups anticipating that Portuguese are set to become even more indebted in coming months.

Debt to banks has doubled since 2000, totalling €116.6 bil-

lion by the end of February. Seven years earlier, this figure represented 47 percent of the wealth created by the country, but has soared since and now corresponds to 74.8 percent of the Gross Domestic Product.

In 2006 alone, debt was rising by a staggering €1.67 million an hour (up by 14.8 percent in relation to 2005) and experts predicted this figure has probably increased again the first four months of this year.

The 101.1 percent rise in debt the past seven years, according to the Bank of Portugal's Spring Bulletin, is mostly attributed to mortgages, though personal loans have also gained a larger slice of the market.

Debt arising from mortgages has escalated by 113.6 percent since 2000, while personal loans climbed 79.9 percent over the same period. Bad debt, meanwhile, has increased by 82.8 percent the past seven years.

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## May – Madeleine McCann

The front page story on May 4<sup>th</sup> revealing details of Portugal's smoking ban was clouded by news that hours after going to press, a British girl had been reported missing from her holiday apartment in Praia da Luz. More than eight months after her disappearance, Madeleine McCann has still not been found and little progress seems to have been made in establishing her whereabouts and in finding those responsible.

The first story published by **The Portugal News** was to offer a reward for information in finding Madeleine McCann.

The decision to offer a reward was made only after careful deliberation. **The Portugal News**, which still stands by its decision, believed that offering a reward locally could be vital in obtaining information as to little Madeleine's whereabouts. It was also thought likely that inform-

ants would feel more at ease contacting a Portuguese-based organisation and thereby have greater certainty of a reward being paid out.

The following week, the call to find Madeleine was reiterated.

Interest in the disappearance of little Madeleine McCann remained one of the most talked about news items across the globe more than two weeks after her disappearance. It had seemed

interest was lost when the British media started packing their bags on May 13<sup>th</sup>, as the story appeared to be dying out. But a search at a villa located 100 metres from the crime scene that day, has ensured reporters have had to extend their stays here as the media coverage of Madeleine's disappearance promises to continue for some time still.

The search at the villa of Robert Murat resulted in him being declared a suspect, a status which has yet to be lifted.

On the Portuguese front, initial criticism of the British media has died down, but a certain amount of antagonism still remains.

Former police spokesman and PJ Chief Inspector Olegário Sousa told **The Portugal News** back in May that some British media had been "irresponsible" in their reporting.

According to Mr Sousa, reporters, especially those from television companies, had been requested not to show footage of investigators or the licence plates of the cars they were using.

"By disregarding this request, especially in the initial stages of investigations, they have not only endangered the lives of our investigators, but also the lives of their families", charged Mr Sousa.

Asked if British media had improved in their reporting since their early 'indiscretions', he answered: "They're doing a much better job now".

In the final edition in May and commemorating International Missing Persons Day, **The Portugal News** recalled that between Madeleine McCann's disappearance on May 3<sup>rd</sup> and May 26<sup>th</sup>, more than eight hundred children were reported missing in Britain, figures by the National Missing Persons Helpline indicated.

This UK charity that works with young runaways, missing and unidentified people says it directly finds 10 missing people each week.

Paul Tuohy, Chief Executive of the charity said: "Everyone hopes that Madeleine's disappearance will have a swift and happy ending. However, in the meantime we believe the awareness raised has helped to educate the public that 'missing' is a social issue that could affect every one of us."

But it has taken the disappearance of Madeleine McCann for shocking statistics such as these to be given public attention.



Kate McCann is comforted by one of her friends on the morning of May 4<sup>th</sup>, following her daughter's disappearance the night before. (Photo: The Portugal News / Paul Allan-Luckman)



Gerry and Kate McCann walk in the Catholic Fátima shrine in central Portugal, where they prayed for Madeleine on May 23<sup>rd</sup>. (Photo: Lusa / Paulo Cunha)



Kate and Gerry McCann show their daughter's top at a press conference in Berlin on June 6<sup>th</sup>. The McCanns were calling on German tourists to Portugal to examine their holiday pictures for potential information regarding Madeleine. (Photo: EPA/Jens Kalaene)



Kate and Gerry McCann pictured in Praia da Luz on July 7<sup>th</sup> two months on from the day of Madeleine's disappearance. (Photo: Darren Fletcher)



The McCanns release 50 balloons on June 22<sup>nd</sup> on the beach at Praia da Luz to raise awareness of their campaign to find Madeleine. (Photo: The Portugal News / Paul Luckman)



## June – Madeleine ‘fever’ peaks

Coverage at the beginning of June of the Madeleine case remained prominent in *The Portugal News*, but in its edition of June 9<sup>th</sup>, after five consecutive lead stories on the case, *The Portugal News* gave prominence to other issues affecting the country. It would not be until July 28<sup>th</sup> that *The Portugal News* would publish a lead story concerning the disappearance of the British toddler.

Hoping and praying, wrote *The Portugal News* to mark the Sunday that was exactly a month since four-year-old Madeleine McCann was taken from her bed. Despite the combined efforts of Portuguese and British police forces, religiously assisted by hundreds of volunteers and well-wishers, little progress was made during the first month of her disappearance in finding Madeleine.

In the first non-Madeleine McCann lead story, it was revealed that road deaths had been dramatically slashed in Portugal.

It was revealed that Portugal had managed a miraculous turnaround when it comes to road traffic fatalities, and is now an example to both developing and industrialised countries around the globe fighting to bring down the number of victims. A study conducted by road company, Estradas de Portugal (EP) and which was published this week, reveals the number of road deaths in the country has fallen 297 percent in little more than a decade.

The study found that in 1995, the Portuguese road fatality rate was 271 per one million inhabitants, more than double the average for the European Union.

But 2006 figures show that this figure is now 91, which is

slightly more than five percent the EU average.

There were 40 per cent fewer road deaths in 2006 compared with 2001, ranking Portugal as the tenth safest EU country in which to drive a motor vehicle, a recent report by the European Commission illustrated.

There was also reference to growing personal debt, a topic covered on no fewer than three lead stories by *The Portugal News* in 2007.

Readers were told to brace themselves for the tough economic times that lie ahead, according to Bank of Portugal predictions. In its 2006 Financial Stability Report, the Bank forecasted that thousands of families who previously enjoyed relative financial stability would struggle to repay their debts.

Under the headline, ‘Abortion Commotion’ readers learnt in mid-June that starting July 15, women in Portugal would be able to undergo voluntary termination of pregnancies at government or private hospitals.

In April, President Cavaco Silva signed a law permitting Portuguese women to opt for abortion through to the tenth week of pregnancy.

The bill, proposed by the So-

cialist government, was passed by parliament in March, bringing predominantly Roman Catholic Portugal into line with most of its European Union partners.

Lawmakers acted after a referendum a month earlier had indicated a majority of Portuguese supported change of the country’s restrictive abortion law, despite strong opposition from the Catholic Church.

Turnout for the referendum had been insufficient to make the results binding.

Women’s rights activists say that as many as 10,000 women are hospitalised yearly in Portugal from botched, illegal abortions.

Finally, news emerged in late June that the government was preparing to rewrite labour laws.

The Portuguese government, little more than a month after escaping one of the biggest strikes in history politically unscathed, now seems ready to test the patience of trade unions and workers again with radical changes to the country’s rigid labour laws.

Portugal has faced successive strikes throughout 2007, but the government has remained unmoved and carried through most of its proposed reforms concerning workers.



Thousands of people demonstrated in Lisbon against the decriminalisation of abortion during a march on 28th January. (Photo: Lusa / André Kusters)

## July – Car tax, EU and McCanns

The first week of July witnessed the start of a new car tax system the EC notified Portugal, for the umpteenth time, that its system of charging VAT on new cars was in contravention of EU rules. The European Union remained in the headlines with news that dozens of police who would usually be sent to the Algarve during the summer months were to be kept in Lisbon due to Portugal’s presidency of the rotating EU presidency. In the final week of July, we reported that Gerry McCann felt he and his wife Kate were good and responsible parents.

In a move that could still plunge the state of Portugal’s finances into disarray, the European Commission in July told Lisbon to change its laws regarding the inclusion of the amount of their car registration taxes within the taxable amount of VAT on new cars. Calculations show that cars in Portugal are up to seven percent more expensive due to the misapplication of VAT by the state. A number of fiscal experts have already said they

would recommend consumers seek to retrieve unduly made VAT payments, while consumer rights groups have pledged to back motorists all the way to the taxman’s coffers. But with the government challenging this ruling, it could take some time before consumers can even contemplate claiming back VAT.

Readers then read that the EU had grabbed Algarve police, when the Ministry of Home Affairs admitted that the customary reinforcement of police in the Algarve over summer, when the population triples to over a million people would be conditioned by the needs of the Portuguese presidency of the European Union. Local officials lashed out as the government, saying that police visibility and efficiency should have been of paramount importance this summer, especially after the abduction of Madeleine McCann from her bed at a holiday resort.

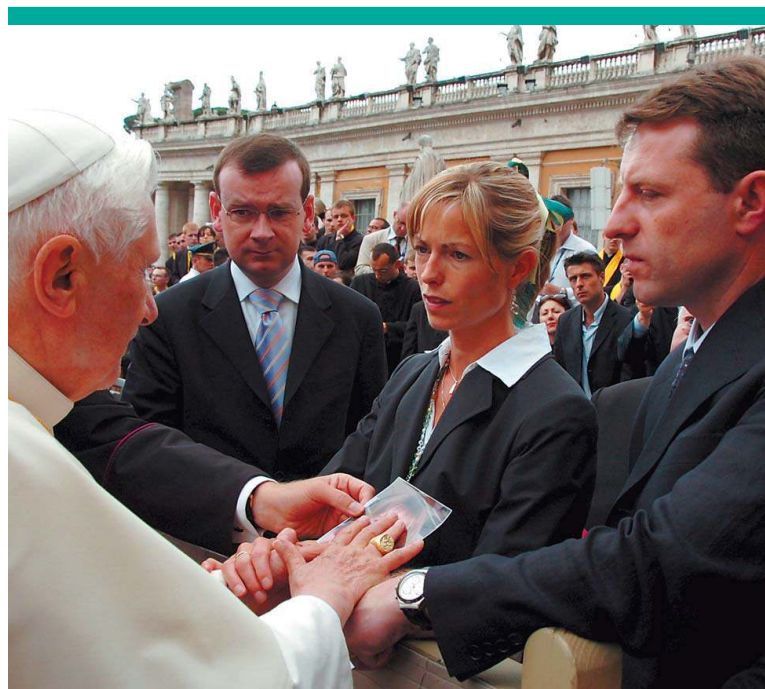
But despite a reduction in po-

licing, no notable rise in crime was reported over the summer months.

A scandal then rocked Portugal’s elite police when it emerged internal affairs investigators suspected that as many as 21 drug enforcement agents could have kept the cash seized from at least two separate operations. Internal affairs also placed advertisements in daily newspapers asking the public to come forward with complaints relating to money apprehended by investigators from the DCITE drug enforcement agency.

The DCITE, which is a branch of the PJ, was first embroiled in controversy when it emerged last week that close to €100,000 had disappeared after it had been seized.

Ana Paulo Matos, who has been a PJ detective since 1977 and who supervised the two operations from which a total of €93,935 disappeared, was later arrested and charged with taking



Pope Benedict XVI lays hands on a photograph of Madeleine McCann and prays for her while Kate and Gerry look on with hopeful expectation (Photo: EPA / Osservatore Romano)

the money to pay off personal debts.

As the tide started turning in some quarters against Kate and Gerry McCann in late July, the parents of missing Madeleine McCann reacted angrily to media reports suggesting that they will face prosecution in the UK for being negligent parents. In their defence, the four-year-old toddler’s parents say they are con-

vinced they acted responsibly.

While the British media has sporadically been seen and heard vouching for the McCann family whenever a suggestion has been made locally they might or even should face prosecution for leaving their children unattended, it is a report by a UK paper that has left the family most unsettled.

Airing his views after the report, Mr McCann said: “There

is a very upsetting story on the front page of a British national newspaper. The headline suggests that Kate and I face prosecution for neglecting our children by dining 50 yards away and checking on them regularly.”

He further explains that while he knows “there has been criticism in some quarters of our actions but at the time, we felt our actions were responsible.”

A Happy  
New Year  
to all our  
readers!



## August – Tax, expats and Madeleine

The vicious onslaught launched by the Finance Ministry on taxpayers who it says owes it money continued with hugely positive results. There were also calls by high-ranking officials for national authorities to do more to promote real estate in Portugal, while developments in the Madeleine McCann case also once more managed to grab front page coverage.

News coverage at the beginning of a mild August kicks off with news that tax debts have plummeted to their lowest level in six years.

In January, the Treasury had called on its tax inspectors to collect 14 billion euros in outstanding debts in 2007. But a number of coercive measures along with incentives offered to tax departments has seen almost 15 billion euros raised by reinvigorated tax collectors in the space of only six months.

After climbing to more than 17 billion euros at the beginning of last year, the Treasury confirmed that the amount owed to the state by companies and individuals has now dropped to a six-year low of 12.7 billion euros.

During the first half of 2007, a total of 300,000 orders to seize property or monetary funds have been issued by tax departments across the country, which along with the public naming of tax debtors, explained the Treasury, has served to substantially reduce the amount it is owed in taxes.

Increased fiscal revenue has also assisted the government in maintaining its budgetary targets for the current year, it adds.

The following week **The Portugal News** reveals that police are

confident of solving Madeleine mystery.

The edition of August 11, marked the 100th day since the disappearance of Madeleine McCann from an apartment in the Algarve resort of Praia da Luz and for the first time since the four-year-old girl went missing, her parents, Kate and Gerry, have been forced to brave numerous press reports that their daughter might no longer be alive.

Also, police investigating the disappearance of Madeleine McCann were confident this week that they are nearer to solving the mystery of the toddler's disappearance.

Police also confirmed they are focussing more of their efforts in searching for a body, **The Portugal News** learnt this week.

Sources involved with the investigation said at the time: "Our efforts are now mostly centred on finding a body", though the possibility that Madeleine will be found alive is not being ruled out.

Our source denied that the McCanns or any of their friends are being treated as suspects, saying only: "I can confirm strangers to the family are being investigated".

The optimism revealed a week earlier in **The Portugal News** was underlined on August 18 by

Portugal's highest ranking law enforcement official, Alípio Ribeiro, director of the Polícia Judiciária (PJ), who said in an interview that police are optimistic of finding Madeleine McCann, but admitted that police are in the dark as to her potential whereabouts or the motive behind her disappearance.

In the last edition of August, the Association of Building and Public Works Industries (AICCOPN) warned that the only way to minimise the negative impact rising interest rates are having on the national real estate market is through attracting foreign residents to invest in the Portuguese housing market.

Wary of the drop in the building sector which AICCOPN says has become increasingly more evident in recent months, the association says more needs to be done to bring foreign home buyers to Portugal.



Word-renowned and spectacular Red Bull Air Race came to Portugal on the first weekend of September with 13 daring pilots set to show off their skills along the Douro River. Spectators crowded the riverside areas of Oporto in the north and Vila Gaia in the south, with around half a million people witnessing the breathtaking event live. (Photo: Lusa / Estela Silva)

## September – McCanns made suspects as Mourinho leaves Chelsea

News pertaining to matter Portuguese dominated across the globe when first Kate and Gerry McCann were made suspects in the case of their missing daughter followed by José Mourinho's shock exit at Stamford Bridge.

But the month started with our revelation that illegal migrants were turning their focus to Portugal.

Immigrants living and working illegally in countries such as Spain and Italy have turned to Portugal in the hope that they can take advantage of an extraordinary legalisation process announced by the Socialist government. The majority of illegal immigrants entering Portugal seeking 'EU papers' in August are said to be mostly from West African states or from the Asian sub-continent.

The government later suspended this law, effectively closing the gates on illegal migrants.

While countless people were saying: "Told you so" when Kate and Gerry McCann were declared suspects by Portuguese police in early September, it still surprised most.

And following being declared official suspects and after four months of almost absolute si-

lence, a number of high ranking politicians and law enforcement authorities, both here and in Britain, started expressing their views on the latest developments involving the disappearance of Madeleine McCann and the constitution of her parents, Kate and Gerry, as formal suspects. Both the Prime Ministers of Portugal and Britain made official statements, along with the Portuguese Minister of Justice, and the UK Foreign and Home Secretaries, in an indication of the effect the disappearance of a four-year-old British girl has had on both countries.

In comments to El Pais, the Portuguese Prime Minister said he has "total trust in the work being done by the Portuguese police".

The Portuguese Prime Minister was speaking after comments by David Miliband and Jacqui Smith, Foreign and Home Secretaries respectively.

The UK Foreign Secretary,

speaking on the sidelines of a foreign minister's meeting in Viana do Castelo shortly after Kate and Gerry McCann were made formal suspects, said he trusted Portuguese police and the "Most important thing is to discover what happened to Madeleine."

"The Portuguese justice system is doing its job and the British consular services are doing theirs, but the most important is the girl," Mr Miliband was quoted as telling EFE news agency as Kate and Gerry were preparing to leave Portugal.

But the McCanns being declared suspects was not the only 'September Surprise' in terms of news coverage.

Following a lacklustre start to the football season, José Mourinho once again shocked the world of football by handing in his resignation after Chelsea drew in London against Norwegian side Rosenborg in the Champions League.

Chelsea Football Club and

José Mourinho agreed to part company by mutual consent, read an official statement published on the club's website after a meeting between the manager and club owner Roman Abramovich.

Mourinho, who won the UEFA Cup and Champions League with FC Porto, had been unable to repeat these achievements with Chelsea, though he did give fans at Stamford Bridge their first English league title in 50 years during his first season at the club.

While he remains unemployed, the man who calls himself the special one has made no secrets about his intention to train the Portuguese national team in the future, which remains likely after he turned down the opportunity to manage England who appeared willing to move heaven and earth to have him take the job.

Many pundits are now backing Mourinho to take over from Luiz Felipe Scolari after Euro 2008 next June.



Actress Billy Piper arriving at a restaurant near Vale do Lobo on 15th August to attend the wedding reception of Chris Evans and Natasha Shishmanian. (Photo: The Portugal News)

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Tourist children playing on the Tonel beach, Sagres the day after a German and three British tourists died while rescuing their children who were in danger of drowning. The British siblings and the German girl, who were between eight and 10 years old, had been swept away by a current whilst swimming off the unguarded beach on Monday 22nd October. (Photo: the Portugal News)

## October – Maddie cop sacked, promising budget

In a surprise move, the chief of Portugal's PJ criminal investigation department decided to remove one of his top detectives from the Madeleine case after he attacked British police and the McCanns in a brief conversation with a Portuguese journalist. While Madeleine remained in the news, there was the release of the state budget for 2008 coupled with the surprise move by British Airways to cease flights to Faro.

The first public comments made by Chief Inspector Gonçalo Amaral on the Madeleine McCann case were also his last. An outburst levelled at British police for their eagerness in investigating information supplied by Kate and Gerry McCann led to the leading investigator into the disappearance of Madeleine McCann being transferred to another station at the beginning of October. The extraordinary comments made by Gonçalo Amaral to a Portuguese newspaper resulted in the Minister of Justice Alberto Costa making a public statement in support of British police and within an hour of Mr Costa's comments, the man who has directed investigations into Madeleine's disappearance the past five months received a fax from PJ police director Alípio Ribeiro ordering him to clear his desk as he was being transferred to Faro where he would be exercising duties unrelated to one of the biggest and most complex investigations ever conducted on Portuguese soil.

"British police have solely been working on that which suits the McCann couple", said the chief of the Portimão Criminal

Investigation Department in a tone described by *Diário de Notícias* reporters as "explosive".

In a completely different story the next week, **The Portugal News** unveiled what some observers have since termed a buoyant budget.

The 2008 budget is heavily centred on rigour and consolidation. Included in the draft proposal, are higher taxes on alcohol and tobacco, but the Finance Minister, reacting to accusations from the opposition, said taxes on fuel will not be hiked, as had initially been predicted, during the course of 2008. While austerity measures imposed in recent budgets have resulted in the Socialist government's popularity plummeting, especially among low income earners, it has now emerged that the budget deficit might be within EU limitations 12 months before anticipated, underlying Lisbon's successes in moves to contain spending and reduce debt.

After peaking at a staggering 6.9 percent in 2004, measures imposed by the government since coming to power at the beginning of the 2005 are set to see the

budget deficit fall beneath the euro-zone limit of three percent for the first time in five years.

Increases in value added tax in the top rate to 21 percent, imposing a one-time income tax rate of 42 percent on high income earners and taxes on fuel, tobacco and alcohol in budgets since 2005 appear to have finally resulted in some form of financial stability.

The next week, **The Portugal News** revealed exclusively that Portuguese police were in the possession of a laptop rented out to the McCann family during their stay in Portugal.

**The Portugal News** revealed that an Algarve IT company in September handed police a laptop used by Gerry McCann since May. Portuguese police appeared to have been in the dark as to existence of the laptop and did not request the handing over of the equipment. The computer, in police possession for almost four months, has not yet been returned to its owner.

The laptop was held by Mr McCann for much of his stay in Portugal and returned shortly before the McCanns' surprise departure to Britain. The laptop, provided by an Algarve IT com-

## November – Tourism law confusion, road wars and the special one

The government's struggles with tourism licences and their respective legislation remain well-documented, while it was also revealed that with higher than anticipated road deaths, Lisbon was looking to introduce sterner measures and increasing patrols to cut road deaths. With the sacking of Steve McLaren as England boss, José Mourinho's name popped up successively over the next month, but it was not until he ruled himself out of contention that the English FA decided to appoint Italian Fabio Capello as the next England manager.

It emerged at the start of November that the government was considering the possibility of implementing new laws in an attempt to manage so-called 'parallel tourism', a term that refers to un-classified, uncontrolled

tourist accommodation which has long been the subject of heated debate, mainly affecting regions of strong tourist attraction, such as Fátima or the Algarve. A series of hypothetical decree-laws were tabled as the result of a meeting held at the beginning of November between the Government and a number of private tourism-related associations, in what was seen as an attempt to simplify and update the current hotel and resort licensing process.

But the debate still rages on, and little clarity has been received to date on this thorny issue.

The following week, **The Portugal News** revealed that the "war on traffic offenders had been revived".

Following a bus accident that claimed the lives of 15 people and in what has generally been a tragic second week of November on Portuguese roads, the government, after an emergency meeting with interest groups, announced a new road safety campaign aimed at reducing Portugal's spiralling road death figures. With the number of road deaths this year well above those recorded in 2006, the government has unveiled the "Death on our Roads – Let's put a brake on this drama" campaign.

The campaign, which ended this week, primarily focussed on boosting the presence of police on the nation's roads, with specific attention being given to drink drivers and speedsters.

The taxman's constant attacks on ordinary taxpayers made news when a party leader accused the taxman of fiscal Jihad against the country. The story explained that taxpayers should prepare for reduced protection from the inquests of the taxman at the beginning of this year should the Socialist Party, as is expected, force

crucial changes into existing legislation governing bank secrecy.

Government officials have termed open access to people's bank accounts as being "fundamental" in fighting tax evasion.

The government's insistence in chasing alleged tax evaders has been met with strong opposition.

Speaking in Parliament in November, the leader of the CDS-PP party accused the state of having called a "fiscal Jihad" against the average Portuguese taxpayer.

Paulo Portas further argued: "In a hundred legal cases, the state loses more than half", with its victories coming against those in lower income brackets.

Fellow MP Diogo Feio continued this line of argument, adding the state's dismal record in courts could be worse, as the majority of the cases it loses involve large amounts and in turn, taxpayers with the means to almost successfully defend themselves in litigation brought against the state over alleged unpaid taxes.

An argument that reinforces the idea that small taxpayers with limited funds make up the large majority of the taxman's "victims" in the country's courts.

The month culminates with news that José Mourinho was the man English football wanted to lead them to glory.

While José Mourinho made no secret of the fact that he would enjoy managing an international side, he has been clear that he would prefer managing his native Portugal.

With England no longer a possibility, it could still be that Mourinho becomes the next man in charge of Portugal, especially depending on the fortunes of the team when they compete at this summer's Euro 2008 football championships.

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Simulation of an accident on a zebra crossing to commemorate "Memory Day" on 18th November in Santarém which was held in remembrance of road accident victims. (Photo: Lusa / Paulo Cunha)





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# The first Ordained woman pastor for Portugal and All Saints Anglican Church Algarve



Reverend Jackie Nevill of All Saints Anglican Church Algarve was ordained into the worldwide Anglican Church by Archbishop Emanuel Kolini, the Primate of the Anglican Church in Rwanda.

## Anglican Church Algarve

Sunday 16<sup>th</sup> December 2007 was a day of prayer, reflection and then celebration for the family, friends and "flock" of the Reverend Jackie Nevill of All Saints Anglican Church Algarve.

During a moving and lively service at St Etienne Cathedral in Kigali, Rwanda, East Africa Jackie was ordained into the worldwide Anglican Church by Archbishop Emanuel Kolini, the Primate of the Anglican Church in Rwanda.

Under clear blue Rwandan skies over 1,000 people, and 40 priests, Canons and Bishops packed into the Cathedral for a 4 hour service in both Kenyan Swahili and English to witness the Ordination of 5 Priests, and 3 Deacons including Jackie Nevill.

During the service the Archbishop sent out the newly ordained Priests to "gather in the harvest" for the Kingdom and talked of there being no barriers to spreading the gospel of Jesus Christ.

Jackie's road to Ordination has not been easy, 3 years of training

under the Church of England in the UK, extensive distance learning and a one week retreat with the other ordination candidates in Kigali prior to the Ordination has been both intense and challenging.

Speaking after the service and proudly wearing her clerical collar Jackie said "To be here with my brothers and sisters in Rwanda at this time has been a huge privilege and one I will al-

ways treasure. We in the west should be in awe of the spirituality within the churches here; it's hard to believe that there are more committed Anglican Christians here in Africa than in any other continent. We can all learn from their faith."

Jackie is a Minister with All Saints Anglican Church Algarve, together with Rev'd Eric Britt, Priest in Charge.



### Givers Get

For a couple that has no children and no family living in Portugal, the holidays can be problematic, even depressing if one lets them be. But this year I was determined to fall neither into the blues nor into self-pity. Instead, I remembered the words of an Australian I met over 20 years ago on the beach. "Givers get," she said. With that one sentence she walked on, and I never saw her again. Her words, though, have always stuck with me.

As mid-December approached, I determined to give my SOS Godchildren the happiest holiday I could imagine. That didn't mean showering them with material gifts they might soon outgrow, discard or lose interest in. Instead, Don and I looked ahead at the calendar and marked off dates we would spend with them. Of course giving presents came into our plans as well.

I used to bristle when my parents gave us monetary instead of material presents. But when we thought of the kids, we decided that 30 Euros in cash might mean more than a

sweater or CD. That way, they would have the choice of how to spend their money, something I doubt they get to do frequently. In fact, we did the same last year. Don and I took two of the girls to Cascais Shopping with their money. We told them they'd have to budget wisely. They had already decided where and what to get. First, Silvia bought a t-shirt at ProMod for 11 Euros. I accompanied her to the sales counter to pay. She looked at me hesitantly. Then I realized paying at a counter was a new experience for her. She gave the salesclerk the item she wanted and her 20 Euro note. Then she started to walk away.

"But Silvia," I said. "What about the change?"

"Oh, I get some back," she exclaimed!

Then I realized how new the shopping experience must have been. I asked her to do the math and she soon realized she still had 19 Euros to spend. With their parcel in hand as well as the change, Silvia, Joaquina, Don and I went to a youth-oriented jewelry store. Both girls bought decorative earrings and still had some Euros to spend.

"I'm saving the rest," Silvia exclaimed.

"I'm buying something else," Joaquina said.

So off we went to Nike Woman where nothing fell into Joaquina's price range. I stopped myself from filling in with the necessary money and then realized she had a birthday

coming up in three weeks.

"I can help out for your birthday," I said.

And then ever modest Joaquina said, "Pat, you don't have to give me anything."

This Christmas we gave the children their gift money in colorful decorative boxes Don found at the Chinese store. In another generous instinct he suggested that we put the gifts under their tree while they were at the circus. Three days before Christmas afternoon we filled the empty floor beneath their tree with the gift boxes and other small items we had selected for them. Luis loves sudoku, so I got him a book labeled "difficult." (As of this writing he's finished five puzzles, and I am still struggling with my "easy" ones.) Joaquina loves to string beads for jewelry so we got her a beading set. Silvia is in a pastry making course so she got a cookbook.

But to be honest, it wasn't the gifts that made the holiday so special. It was time we spent with the kids. Amélia their "mother" invited us for Christmas Eve dinner. There, around a candle lit table, we ate traditional bacalhau (no comment), rice and carrots. The children eyed their red and green wrapped presents and surmised what was in them. We left before midnight (They went to Mass and we went to bed), but the next day, as we took them for an afternoon pizza, Luis touted his sudoku expertise, Silvia was planning her first pastry dessert, and

### Westheimer

Joaquina had already made a pink bracelet.

Then came the holiday party at our home. Don prepared a BBQ dinner of hamburgers and hot dogs for them (seems to be their favorite party food), and I arranged games ranging from an improvised putting green to Chinese checkers. I'm always amazed how skilled and bright the kids are with so little preparation. Joaquina made four holes in one and Luis won all four checkers games. Other friends came over too. Maria remarked, "The children have grown up so beautifully." I imagine I am equally as proud of these children as I would be of my own. In truth they feel like my own. A friend from the States just wrote: "Now that 'your children' are grown, will you adopt a new family?" No, I thought, I intend to have these children always in our lives. In fact, I told their mother, Amélia, that I will stay with these kids while they have their children and grandchildren!

Happy new year to you all and to children everywhere. May 2008 bless the whole world with the joy that these children continue to bring into our lives.

patwestheimer@gmail.com

To find out more about the SOS Children's Villages in Portugal: [www.aldeias-sos.org](http://www.aldeias-sos.org)

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# President calls for dialogue to tackle country's health, education and economic woes



President Anibal Cavaco Silva has expressed dissatisfaction with the performance of Portugal's Socialist government during 2007 in the areas of health, education and the economy, calling for "more dialogue" to reduce tensions in society.

In a New Year's address broadcast Tuesday on RTP state television, Cavaco Silva said 2007 "was not easy for many Portuguese."

"Everyone would have liked the country's economic and social evolution to have been more positive and for signs of recovery being stronger," said Portugal's leader, a Conservative and former two-term prime minister.

Portuguese society faces a range of challenges, particularly in the areas of social inequality and healthcare provision, said Cavaco Silva, noting the often "unjustified and disproportionate" salary levels between senior managers and ordinary workers.

To tackle these pressing problems, he added, greater dialogue between political leaders and all

interest groups in society is vital.

"The deepening of dialogue will certainly improve the understanding of policies, reduce conflict and tensions and create a more favourable involvement in the development of the country."

Cavaco Silva, an economist by training, also had a message for Portugal's majority Socialist government, which should "see criticism as a stimulus to do better."

Saying he was confident in the government's ability to tackle rising unemployment, which has reached "alarming proportions", Cavaco Silva, warned that wider dialogue involving all social partners is the only way to alleviate the plight of Portugal's jobless.

TPN/Lusa



President Anibal Cavaco Silva New Year's address at the Belém Palace on January 1st. (Photo: Andre Kusters / Lusa)

## Portugal says Afghanistan's needs to go beyond security

The international community must pay special attention to the needs of Afghanistan, not just from a security perspective, but also in the areas of law and order and the creation of a more diversified economy, a senior Portuguese official said at the weekend on a visit to the country.

Speaking last Saturday on a visit to Portuguese troops serving with the NATO peacekeeping force in Afghanistan, Portuguese Defense Minister Nuno Severiano Teixeira expressed satisfaction with his talks with senior Kabul officials.

Portugal currently has 160 troops serving with ISAF and plans to reduce this contingent from August, 2008. Lisbon says it will keep a C-130 military transport aircraft in Afghanistan and 15 instructors to train Afghan Army recruits.

## Road deaths rise

Provisional figures released this week for 2007 indicate that 858 people died in traffic accidents in Portugal. This total is up by eight from the previous year, though this number could be much higher as it is estimated that 14 percent of all accident victims who are hospitalised succumb to their injuries.

Provisional road death statistics were released on Wednesday, which show that in addition to 858 fatalities, authorities recorded 3,090 serious injuries and 42,631

minor injuries in 2007.

In addition to the death toll, a further 30 are set to be added, as figures from the Azores and Madeira island regions have not yet been included.

Despite the slight increase in deaths, the number of victims on Portuguese roads has fallen by 51 percent between 2000 and 2007.

The National Road Safety Authority (ANSR) also indicated that cutting fatalities also bears a financial incentive, with its chair-

man Paulo Marques saying that each death costs the taxpayer one million euros according to latest accounts supplied by the Government to Brussels.

The ANSR, who released the latest figures in conjunction with the PSP and GNR said it was preparing a new strategic plan with 21 objectives it aims to achieve by 2015. Included in this plan is an attempt to place Portugal in the top ten European countries in terms of road safety.

## Madeleine—Case could "drag on for years"

The prospect of the parents of Madeleine McCann remaining as suspects in the disappearance of their daughter was this week reinforced by the president of the National Union of Portuguese Judges.

Judge António Nunes

said: "The problem is that no-one knows what type of crime was committed. If it was homicide the investigation can only be shelved after 20 years and 15 if it was a kidnapping."

In the meantime, the case could change on January 14<sup>th</sup>, which would mark the eight months since Robert Murat, resident in Luz, was declared a formal suspect.

While the case could be shelved or charges pressed against the 34-year old, António Nunes indicated that neither will occur. But he did point out that the secrecy laws that have restricted the release of information will be lifted on Monday week, consequently, permitting public access to case files.

## Dakar Rally returns to Lisbon and Portimão

The staging of the Dakar Rally will once again focus on the cities of Lisbon and Portimão before competitors head for Africa via Spain.

The 30<sup>th</sup> Dakar Rally also marks the third occasion that this

famous race will start in Portugal.

Organisers are confident that the successes of the last two years will be repeated.

In 2007, more than a million people witnessed the passing of the 'convoy' through Portugal.

The first stage, between Lisbon and Portimão this Saturday, covers almost 500 kilometres, while the second stage, commencing Sunday between the Algarve city and Malaga in Spain will be completed over 535 kilometres.

## su | do | ku

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That's all there is to it. There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.

		1			7			
		5		4	2			
	3		8		1		6	
		8	5		4	1		
9								7
		4	9		2	3		
	5		7		8		4	
		7		1		6		
		3				8		

Last weeks solution:

6	4	2	9	3	5	1	8	7
9	8	3	6	7	1	5	4	2
7	1	5	2	8	4	9	6	3
5	3	6	1	2	9	4	7	8
2	9	8	4	5	7	3	1	6
4	7	1	8	6	3	2	5	9
1	2	9	7	4	6	8	3	5
3	6	4	5	9	8	7	2	1
8	5	7	3	1	2	6	9	4

For tips on how to solve Sudoku puzzles, browse the forums, go to [www.sudoku.com](http://www.sudoku.com)

See our crossword on page 28, with solutions to the Bumper Crossword



# Year Ender Review 2007



Environmental activists from the charity Oxfam dressed as polar bears during a demonstration at the venue of the United Nations Framework Convention on Climate Change (UNFCCC) in Nusa Dua, Bali, Indonesia on 14 December 2007. Negotiators at climate talks in Bali struggled to break a deadlock over U.S. objections to goals for cutting emissions by dropping a reference to a non-binding 2020 target in draft text. (Photo: EPA/Mast Irham)

2007 was the year in which global warming finally began to be taken seriously. The climate change deniers were in full retreat, and the realisation that we face a long and grave crisis was finally dawning on the general public. However, it remains to be seen whether it was the year in which the world agreed on effective measures to deal with the crisis.

The global conference in Bali that was supposed to kick off negotiations for a new treaty to replace the Kyoto accord after 2012 ended ambiguously. The American delegation did not succeed in wrecking it, but it did manage to get all specific targets for cuts in greenhouse gas emissions removed from the text of the agreement.

The other countries went along with it in order to stop the United States from walking out, on the assumption that this year's presidential election will produce an administration that is willing to cooperate. Then the hard targets for cuts will get put back in, and United States will sign up to them, and the Indians and the Chinese and the other big developing countries will make a deal that commits them to some cap on emissions in return for much technological and financial help from the developed countries in installing clean energy technologies.

That is the theory, and you can't blame the other countries for going along with it because the alternative was a rogue America and no agreement. On the other hand, the history is not promising. It was Saint Albert Gore himself, then vice-president, who led the US delegation to the Kyoto talks in 1997 and drove the proposed emissions cuts down from fifteen percent to five percent, in the hope of coming up with a deal that Congress would accept.

But Congress never did accept the Kyoto accord, because its paymasters in the US energy, transport and natural resources sectors said not to. Things may have changed a bit now — Congress passed a bill this month that mandates greater fuel economy in vehicles — but on the big issues it is still largely subservient.

It really is amazingly cheap to buy the US Congress. Since 1990, fossil fuel industries, logging interests, agribusiness companies and the transportation industry have given federal politicians only about \$750 million, but that money plays such a key role in funding their election campaigns that on the question of climate change Congress usually toes the line. With no early prospect of campaign finance reform, there is no reason to believe that the next Congress will be very different in its behaviour.

George W. Bush will no longer be there in 2009, but even a more climate-friendly president will probably still face a sold-out Congress. The crisis has finally been acknowledged around the world, but we may not be anywhere near a coordi-

nated global response yet.

The other event with truly global impact was the soaring price of oil, which has been hovering at just below \$100 per barrel for the past four months. It may go back down, of course, but it is unlikely ever to drop below \$50 again and it is just as likely to rise as to fall. Indeed, many people suspect that we are now at or near "peak oil", after which production will steadily decline and the price will continue to rise indefinitely.

The impact of higher oil prices on the world's economies has been remarkably slight so far — much less, for example, than the credit crunch that has been unleashed by the "sub-prime" crisis in the United States — but in the longer run more expensive oil will drive up almost all other prices. The world is skating along the edge of a global recession, and only the continued dynamism of the emerging Asian economies keeps it from toppling in.

In the Asia-Pacific region, the year opened with China's January test of a satellite-killing missile, which was probably meant mainly as a warning that it will react badly if Taiwan holds a referendum on changing the island's name from "Republic of China" to "Republic of Taiwan" before next year's election. China's anger over India's growing military relationship with the United States was underlined by the restatement in June of its claim to the Indian state of Arunachal Pradesh — but the Indian parliament's refusal to ratify the nuclear part of the US-Indian deal in November suggested that the drift towards an Asia-Pacific cold war is not yet unstoppable.

The fall of Shinzo Abe's government in Japan in September, after less than a year in office, sparked speculation that the Liberal Democratic Party's half-century monopoly on power may be staggering to its end. Given the harshly nationalistic style of the faction that has controlled the LDP since the turn of the century, this would come as a considerable relief to the country's Asian neighbours — and also to many Japanese. In the Koreans, an agreement on dismantling North Korea's nuclear weapons programme led, in October, to the first serious discussions about an actual peace treaty to replace the 54-year-old armistice that ended the Korean War.

The Burmese military junta crushed a non-violent popular uprising led by Buddhist monks, the first since 1988, by killing some hundreds of protesters and arresting thousands of monks. President Gloria Arroyo of the Philippines rode out the fifth coup attempt in seven years, and the Thai military junta got popular approval for a new constitution that grants the military a large permanent role even after democracy is restored.

The assassination of Pakistan's former prime minister Benazir Bhutto less than two weeks before the January elec-

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tion that might have returned the country to civilian rule put not just the election, but the country's whole future as a democracy in doubt.

Farther west, the war in Afghanistan intensified in 2007, with foreign forces heavily engaged all across the south of the country against Pashtun rebels fighting under the Taliban banner. Nevertheless, the country's export trade is thriving, with Afghan heroin now accounting for 93 percent of global production. And Turkmenistan's ruler for the past 21 years, Saparmurat Niyazov, was succeeded on his death by his former dentist, Gurbanguly Berdimukhamedov.

In the Middle East, President Bush's troop "surge" in Iraq bought him an extra two years and ensured that he would be able to drop the mess in the lap of his successor, but it is still an unwinnable war for the United States. Some militias have switched sides for the moment for tactical reasons, but a poll conducted by ABC News, the BBC and Japan's NTV in August found that 57 percent of Iraqis believe that attacks on US forces are acceptable. On the assumption that most Kurds (20 percent of the population) are pro-American, the implication is that around three-quarters of Arab Iraqis have no problem with blowing up Americans.

The great and frightening imponderable of the year was not the fate of Iraq, but the question of whether the United States would also attack Iran. Both President Bush and Vice-President Cheney repeatedly accused Iran of working on nuclear weapons (predicting "World War III" if it were not stopped), and warned that "all options are on the table" including a US attack. In early December, however, the sixteen US intelligence agencies produced a new National Intelligence Estimate which asserted that Iran has not been working on nuclear weapons for the past four years. Mr Bush grumpily insisted that Iran was still a threat because it MIGHT do so, but the likelihood that he could actually launch another war before leaving office dropped dramatically.

Israel lost President Moshe Katsav to a sex scandal, and General Dan Halutz, Chief of Staff of the Israel Defence Forces, stepped down after being condemned by the Winograd report for his role in the ill-conceived 2006 war against Lebanon. Amir Peretz, the defence minister, was ousted as Labour Party leader because of his bungling performance in the war. But Prime Minister Ehud Olmert, equally criticised in the Winograd report, clung to office.

This left Olmert in charge of the Israeli response to the armed take-over of the Gaza Strip in June by the Islamist movement Hamas, which rejects the whole notion of Israeli and Palestinian states existing side by side within the territory of former Palestine. Olmert's response was to blockade the Gaza Strip and try to strangle it economically in the hope of turning its residents against Hamas, and meanwhile to try

for some sort of interim peace deal with the less militant Fatah-led "emergency government" that now governs the West Bank.

But the people of the Gaza Strip, who strongly supported Hamas in the last Palestinian elections, have not turned against it despite soaring unemployment, deepening poverty, and food shortages. Olmert's cabinet is so deeply divided that he cannot offer terms for a peace settlement that even Fatah would seriously consider. The "peace process" that began with the 1993 Oslo accords is dead — but since nobody in power on either side wishes to contemplate the alternatives, we get empty charades like the Arab-Israeli "summit" at Annapolis in November.

We can see glimpses of the region's real future, perhaps, in events like the postponement of planned electoral reforms in Jordan that might have allowed the local Islamists to win an election there, and the Israeli air strike in Syria's northern desert in September that was allegedly aimed at a suspected nuclear facility. In July the United States announced a \$60 billion military aid package to its three main allies in the region, Israel, Egypt and Saudi Arabia. Lebanon has been teetering on the brink of civil war all year.

Matters were much less military in Europe, where the great non-surprise of the year was the revelation this month that Russia's President Vladimir Putin, who cannot run again in next year's presidential election, will re-emerge as Prime Minister Vladimir Putin. To be fair, that is just the way most Russian voters would have wanted it, as they credit Putin for restoring both Russia's prosperity and its prestige — and it's every bit as legal as Bill Clinton's wife running for the presidency in the United States.

The European Union finally got the constitution that French and Dutch voters rejected in referendums two years ago, cleverly re-packaged as a 312-page catalogue of amendments to existing treaties which does not require ratification by referendum. It was actually quite a good constitution, and the French and the Dutch voted against it mainly because they were cross at the EU for letting Turkey become a candidate for membership, but the way it has been done leaves a bad taste in the mouth. Also, it now reads, as one British journalist put it, "like a manual for a forklift truck."

Tony Blair finally relinquished the prime ministership in Britain in June to take up a lucrative career on the lecture circuit and a largely symbolic post as prominent-person-in-charge-of-doing-something-for-the-Palestinians, while his successor Gordon Brown struggled to get the hang of being prime minister after ten years in the number two job. Nicolas Sarkozy won the French presidency in May, promising to reanimate the French economy with sweeping free-market reforms — but his wife promptly divorced him, and he soon ran into predictable resistance from the beneficiaries of the existing



Newly appointed chairperson of the Pakistan People's Party (PPP) Bilawal Bhutto Zardari, the son of slain former premier Benazir Bhutto walks past his mother's portrait as he arrives to attend a press conference at the Bhutto residence in Naudero, 30 December 2007. In Benazir Bhutto's will, which the PPP's central executive committee viewed during a 4-hour emergency meeting, Bhutto nominated her husband to replace her but he in turn nominated their son. Bilawal Zardari, the 19-year-old son was chosen today to succeed her as chairman of the PPP. Bhutto's husband, Asif Ali Zardari, was appointed vice chairman and will be in charge of day-to-day affairs until Bilawal finishes his studies at Oxford University in England. (Photo: EPA/Naeem UI Haq)

system in the form of nationwide strikes.

In July Turkish democracy weathered a major crisis when voters decisively supported the "Muslim democrats" of the ruling Justice and Development Party against veiled threats of intervention by an army that still sees an Islamic party as a threat to the secular state. Polish voters threw out the government of the "toxic twins" in October, rejecting two years of ultra-nationalism, anti-German xenophobia, and witch-hunts against anybody linked to the old Communist regime even in the most menial capacity — but one of the twins, Lech Kaczynski, will stay on as president until 2010, which may make it hard for Donald Tusk's new centre-right government to get legislation through. And Belgium remained without a government six months after last June's election, amidst alarmist talk that the country might finally break into its French- and Flemish-speaking parts, but agreement on an interim government was reached last week.

One could continue with on-sentence summaries of the cyber-assault on the Estonian government, the mega-fires that ravaged forests in Greece and Tenerife, the anti-immigrant racism that marred the Swiss election in September, and so on for many paragraphs, because there are a great many countries in Europe. But such a list would serve no purpose, so let us leave Europe, noting only that Kosovo's impending declaration of independence from Serbia may spark a new Balkan crisis in February, and look south-

wards.

You have to look hard to find encouraging news from Africa. Ivory Coast has reunited, at least for the moment, after five years of civil war and division. The civil war in the Congo is still mostly over, although there was a flare-up in the north-east in September. Nigeria had a peaceful transfer of power from one elected president to another, for the first time in its history — although only after the outgoing president was defeated in his attempt to change the constitution and run for a third term. But the victor and new president of Nigeria, Umaru Yar'Adua, won by an absurd four-to-one majority in an election that European Union observers described as "not credible" and the United States called "deeply disturbing". "Tell" magazine put it best, claiming to quote Joseph Stalin: "Those who cast the votes decide nothing. Those who count the votes decide everything."

That's the good news. The bad news is that almost all of north-eastern Africa is already at war or rapidly drifting in that direction. The Darfur war in south-western Sudan has spilled over into Chad and the Central African Republic, exacerbating the local conflicts there, and the peace deal that ended the far bigger, decades-long war between southern Sudan and the centre is breaking down. Ethiopia is fighting its own rebel citizens in the north-east and waging a brutal and indiscriminate campaign against civilians and resistance fighters alike in occupied Somalia, while to the north Eritrea, Africa's Sparta, is

gearing up for another war with Ethiopia. These are some of the poorest countries in Africa and perhaps also among the earliest victims of climate change, which may explain why they are also being ravaged by war. Bad things come in threes.

East Africa and southern Africa are in far better shape, of course, apart from the ongoing disaster of Zimbabwe, but even there very few countries have an economic growth rate that is more than one or two points higher than their population growth rate. It will be a great many years, at that rate, before the majority of their people escape from grinding poverty.

The main story in Latin America all year has been the advance of the left, fuelled in part by Venezuelan oil wealth. Hugo Chavez was the role model in Ecuador, where President Rafael Correa won power in January on a platform of radical reform. Venezuela paid the legal bills when Bolivia nationalised its gas fields and extracted more revenue from the foreign companies that operate them. And Venezuela is now providing so much aid to Cuba, mainly in the form of cheap oil, that the subsidies compare with those that Castro used to get from the Soviet Union. That certainly helped to stabilise Cuba's transition from Fidel Castro's one-man rule to the new "collective leadership" — but there was a nationwide sigh of relief when the still ailing Castro finally indicated in December that he did not intend to take power back.

In the United States, the war in Iraq fell off the front pages as American military casualties

declined, though it will probably be back there by next summer: everybody, including the Iraqi insurgents, knows how the Tet offensive turned American opinion decisively against the Vietnam war in the election year of 1968. The presidential primaries, the most wide open in decades, were already taking up almost all the available media space by year's end, but no candidate in either party had established an unbeatable lead. The US dollar was collapsing in external markets, but most attention focussed instead on the collapse of the domestic mortgage market and the risk of a recession.

What else? A theatrical competition for rights to the Arctic seabed opened up, with Russian submarines planting flags on the bottom at the North Pole and Canada investing in new armed icebreakers to patrol the Northwest Passage, but the rival claims will really be settled by geological evidence in front of an international court. Australia dumped its long-serving prime minister, a serial climate change denier, and promptly signed the Kyoto accord. And a British court told the Chagos Islanders that they could finally go home to their home on Diego Garcia, now a key US airbase in the Indian Ocean, only 41 years after Britain illegally expelled them to make room for its American ally.

So it wasn't all bad, was it?  
Gwynne Dyer

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.



# One man's food is another man's poison



This is the third function of the series of six helping to maintain your body for a healthy and productive life.



Looks delicious, but will it do you more harm than good?

So what does the above saying mean? Literally what it says, that one person's food intake could be bad for another person. In other words, if you have a diesel car you don't put petrol in it to keep it running. If you did the car would still run, but not very well and only for a short while until it breaks down. If you were to do the same to your body constantly it would do the same. If you consume something that your body is intolerant to then it stops functioning properly because it is sharing its workload between its normal function and combating the intolerants you have created. The more intolerants you create the more burden on your body's immune system, this causes problems such as weight gain, etc.

The body can function on bad quality foods that are not good for you, but, eventually, it will start developing problems, like arthritis, skin infections, brain fog, etc. Then you hit breakdown and that's when you can develop cancers, heart and bowel problems. All these conditions begin because either the quality of the food is poor, or you're intolerant to certain foods, or it is not the correct food for your body type (food that is balanced for your body and only your body). The body itself then has to work twice as hard to combat all these problem invaders. This, in turn, stops the body working on its main job, your everyday functions! If you continue eating incorrectly your body concentrates on trying to

eliminate the bad products or storing it in fat around your body.

Also, with not eating for your body type your food is not finely tuned so the body has to work very hard breaking down the food. The body itself is very strong and resilient, but if it has this constant overload then it will eventually at some point collapse and breakdown.

This might come as some kind of warning, or it could be something serious. You need to look after your body because you only have the one and you can't change it for another model, even though at times we all have had that thought 'if only'!

At this point, no doubt, you're all thinking, what can I eat then? And what food is bad for me?

All you have to do is ask your own body, your body knows and all you have to do is listen! The hardest part is understanding the signals it sends to you. If you have lost touch with your body for a while then it will be harder to understand the signals it is giving you. Most people recognise when consuming certain foods or drinks their body reacts to it, for example chocolate, alcohol, eggs, or coffee. Your body is giving you signals that you have a reaction to those things.

Some ways of helping you find out which foods you, as an individual should be eating, are metabolic typing and blood typing, amongst others. Once you have found out which foods are and are not good for you then you can start your new intake regime and will soon begin to feel much better. Your body needs your full at-

tention now, get into a new routine and know what is best for you and what will maintain a much better and healthier lifestyle. Once you begin to consume the right food for you then you will realise how bad you felt before. It may not be easy to do, but the rewards will be great! When you reach the stage of 'great' you can eat 80%

of the right stuff all the time and 20% of those bad things you liked, but only for some of the time as your body will soon react telling you that it doesn't like it!

I hope my article has got you thinking along the right lines. I will be writing about food products in general once I have completed the six functions of the human body,

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# The twelve pains of Christmas

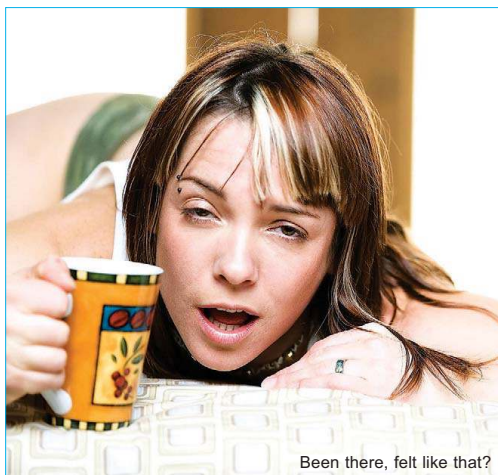
so watch out for that. But here are some things you can start right away: When you chew your food you should chew slowly until the food turns to a pulp, therefore meats take the longest to chew.

Did you know that this is the first process of digestion and the enzymes in the mouth help break down the food ready for the stomach to take over. So, if you swallow whole pieces of food it's much harder for the stomach to digest. This in turn causes your food to stay longer in the stomach giving you indigestion. Listen to your body, it will tell you when you have had enough food, so don't over eat as this just causes wind and makes you fat! Resist squeezing that dessert in even though it is very tempting. These few little changes in your eating habits will help enormously. If you have been reading and absorbing my previous articles on Breathing and Water, you should already be feeling healthier.

To discuss any of the articles I have written or to arrange a metabolic typing session contact Stuart at Natural Health Solutions in S.B. Messines.



Aching feet from all that shopping, hangovers, indigestion can all trouble us during Christmas and the holiday period, so we have a package of tips and remedies continued from the last edition.



Been there, felt like that?

## COLD FEET

Warm tootsies with Carnation Silversocks, £5.99/£8.35, made from pure silver fibres which act as a natural heat thermostat. They're particularly recommended for those with poor circulation. For Carnation stockists and footwear advice: tel. 00 44 (0)121 544 7117 or go online to: [www.silversock.co.uk](http://www.silversock.co.uk).

## SORE EYES

Winter's cool winds and drier air indoors can irritate eyes and those who wear contact lenses are especially vulnerable. Heaters and blazing fires suck moisture out of the air, and Dr John Hill, senior eye surgeon, at Optimax which specialises in laser eye surgery, says: "Using eye drops a few times a day can help ward off irritation. Also placing humidifiers throughout the house may add moisture to the air." He advises those on winter sport holidays to wear wraparound, CE safety marked, sunglasses or goggles.

Boots in the UK has Hypromellose drops for dry eyes.

## CHILBLAINS

Chilblains - itchy red swellings usually on the toes - are caused by the skin's abnormal reaction to cold. Damp, draughty conditions, hormone imbalance, or dietary factors can cause them. Don't scratch them and use soothing lotions such as witch hazel and calamine. If the skin is not broken paint them with a mixture of friar's balsam and a weak solution of iodine, which a pharmacist can prepare.

Linda Gray, author of Traditional Remedies (Ebury Press, £6.99/£9.80) says: "Roast onion may help heal chilblains - simply press it on the affected area. Also horse chestnut essence in a foot-bath improves circulation and soothes chilblains."

## TIREDNESS

Tramping round shops as well as broken nights tossing and turning and worrying about that never-ending list of tasks can leave you worn out. A new eye mask could help you switch off and sleep. Glo to Sleep blocks out the light so you can focus on four luminous blue 'Points of Glo'. These are activated before use by turning the inside of the mask to

a bright light like a bedside lamp.

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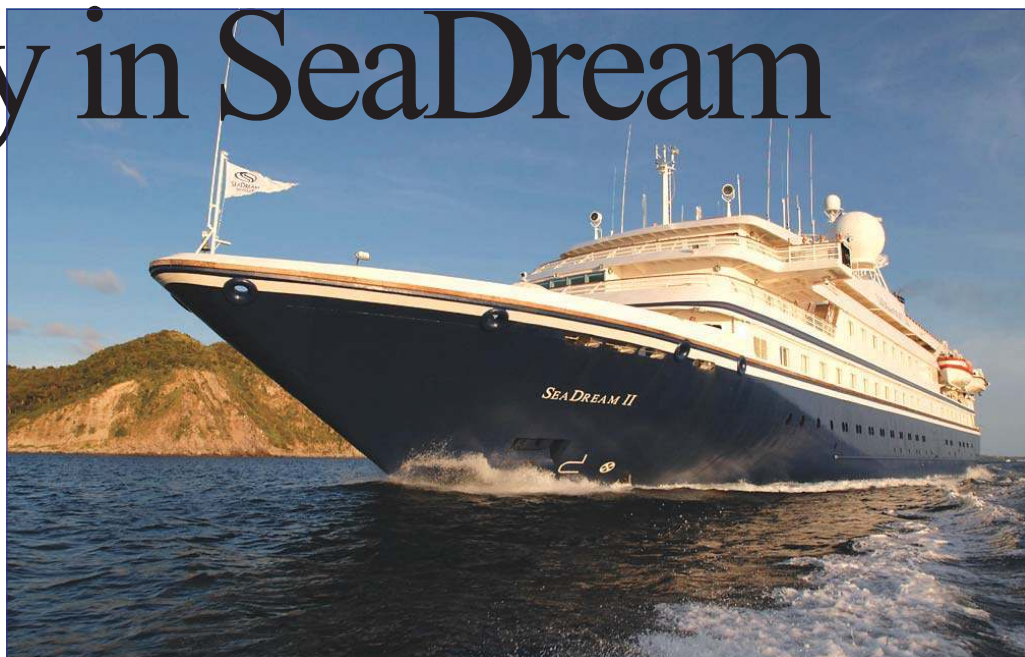
# Sail away in SeaDream

Under leaden skies, the Mediterranean might not be on its best behaviour but our cruise ship's drinks waiter, the memorably named Attila from Hungary, is flat calm as ever and it's service as normal.

"It's my pleasure to make you happy," he soothes, expertly dispensing two chilled glasses of champagne on the ever-so-slightly listing table. As usual there is no charge. A snappy

headline writer might capture the scene as: Attila the Hun serves free booze to holiday Brits.

As the stiffening sea breeze rocks the boat off the north-west coast of Italy, Attila, whose



shaved head and baby face give him a cherubic countenance, reveals what he really wants to do in life. "I'm a boxer," he says. "That's what I'm good at. One day I'll go back to Hungary to box."

A startling disclosure, and maybe the moment that brought it home to us that life on board this ship, SeaDream 2, is far removed from the mass market cruising boom. If you'll forgive the boxing pun, it's an upper cut above the rest.

But first we must mind our language. On SeaDream all mention of "cruising" is banned. Here, we are "sailing", our journey is a "voyage", cabins are "state-rooms" and excursions in the various ports of call are "land adventures".

Subtle stuff indeed, but it's the hallmark of SeaDream's determi-

nation to be marked out as different from the pack in a rapidly growing sector of the holiday market.

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Like Attila, many staff are Hungarian. Collectively they deliver impeccable service with a smile, unhindered by any requirement to take payment or run a tab because on SeaDream ships all drinks (with the exception of vintage wines in the dining room) are inclusive, and there's no tipping.

For anyone who's travelled on

bigger cruise liners and found themselves paying inflated drinks prices, this is a huge bonus. Because let's face it, cruising - sorry, sailing - should be a relaxing ex-

perience and if a flute of champagne takes your fancy at any time of day or night then you should be free (literally) to go for it.



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Pimentel says his key word for the SeaDream yachting experience is "unstructured" with "no clocks, no crowds, no lines, and no stress". To these absences I'd add "no dinner jackets and

tic to spend the remainder of the year in the Caribbean.

Travellers are warned that ports of call during these cruises are not necessarily cast in stone, with captains given the authority to adjust for "local opportunities".

In our case some unpredictably squally weather forced the skipper to give up on his first attempt to get into Portofino, a charming little resort on Italy's Ligurian coast, and head south for the safe haven of Livorno, where excursions to Florence and Pisa were fixed at a moment's notice.

The following morning, when the wind had dropped and the sea

the entrance to Portofino, considered among the most beautiful and photogenic of Mediterranean ports, which has for decades attracted the rich and famous.

Originally a target for British aristocratic tourists who arrived by horse and cart in the late 19th century, it became a popular spot for glitterati including Rex Harrison and Elizabeth Taylor. Rod Stewart married Penny Lancaster here in summer 2007.

While some of our party headed straight to Portofino's world-famous Hotel Splendido for a gourmet lunch, we opted to hop on the tender boat for the short ride into the small harbour,

where a handful of super-size luxury yachts look slightly out of place against the many smaller craft.

Portofino is surrounded by steep-sided hills smothered with olive, pine, cypress and palm trees with several spectacular homes peeping through gaps in the lush vegetation.

The harbour is ringed by pleasant waterside cafes and restaurants and there are some de-



Pictured above: Luxury yachts jostle for position with fishing boats in the harbour at pretty Portofino; and left: The Top Of The Yacht bar on SeaDream is the perfect spot for relaxation. Opposite page - Luxury at sea: SeaDream is a cut above the rest in the cruise market; left: An aerial view of the SeaDream, showing her sundeck and swimming pool; and right: Excellent service is a key ingredient of the SeaDream experience. (All photos: Press Association)

signer shops nearby - but we headed away, taking a flight of stone steps which climbed steeply up the promontory and past the 16th century Castello Brown, previously a fortress but now a museum, before arriving at the lighthouse to enjoy magnificent panoramic views of the Gulf of Rapallo.

The return journey was a relief after the severity of the gradient on the way up - and the cold beer at the harbourside was well earned.

A half-day in Portofino is but a taster of what this luxuriant corner of Italy has to offer, and there was a feeling, as Attila poured more champagne before SeaDream sailed away later that evening, that a return visit should not be far away. We won't forget this voyage (you see, I'm converted to SeaDream speak) in a hurry. And from the comfort of those complimentary pyjamas - just the job back home to keep out

the chill of a British summer - the toast is: Dream on.

#### TRAVEL FACTS

∴ Rupert Hargreaves was a guest of SeaDream, which offers a seven-night voyage on SeaDream 2 starting and ending in Nice from May 15, 2008. Scheduled ports of call are St Tropez, Cassis, Bonifacio (Corsica), Elba, Portovenere (Italy) and Portofino. Prices from £2,475/€3,470 per person. Connecting flights are not included.

SeaDream reservations tel.: 00 44 (0800) 783 1373 or go online to: [www.seadream.com](http://www.seadream.com)

Rupert Hargreaves



evening gowns" although guests are encouraged to adopt what's called a "casual elegance" dress code for fine dining in the beautiful restaurant, which is often followed by liqueurs on deck or perhaps a game of blackjack in the small casino.

Other notable on-board facilities include a Thai spa, fitness centre, library, boutique and golf simulator (lots of fun). For the more adventurous, wave runners, kayaks and various inflatable "toys" are available from a special deck at the stern. You too can make a fool of yourself in the sea while fellow guests cheer on.

SeaDream yachts sail scheduled, seven-day itineraries and spend May to October in the Med before crossing the Atlan-

had settled, SeaDream 2 headed back northwards on what was to prove one of the highlights of the voyage, a slow pass along the "Cinque Terre" coast followed by a visit to Portofino.

We managed to bag a Balinese DreamBed, a super-comfy double raised sunbed on the top deck from where you can enjoy unobstructed views (and if you're so relaxed that later you feel like sleeping under the stars, staff will provide pillows and a duvet).

An expert Italian guide had been brought aboard to provide a commentary as the five coastal villages known as the Cinque Terre slipped by, while the warm sun turned the sea - so green the previous day - a sparkling azure blue.

Clinging haphazardly to steep cliffs, the isolated and enchanting villages are linked by well-established hiking footpaths, narrow roads and, amazingly, a railway line. We learned that these relatively unspoilt places - Monterosso, Vernazza, Corniglia, Manarola and Riomaggiore - are an ideal destination for active tourists who wish to escape more crowded Italian attractions.

An idyllic morning voyage ended with a dropped anchor at

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# Ten signs your wife is having an affair



Carol Mason, author of new novel *The Secrets Of Married Women*, takes a tongue-in-cheek look at the top ten signs your wife is playing away, and what you can do about it.

Carol Mason is the author of new novel *The Secrets Of Married Women*, a tale of boredom and betrayal that's being billed as grown-up chick lit. Here the writer, originally from Newcastle, reveals the ten tell-tale signs that your wife might be playing away...

• **ONE:** She gave you the Christmas present you want, and some you never knew you wanted: a one-year gym membership; a gift certificate for a back wax; a box of L'Oreal Excellence 100% grey coverage.

Or, worse, last year she gave you the membership, the wax and the dye, and this year she's bought you a lawn mower with a more powerful motor. *Moral:* If she's hinting you've let yourself go, act immediately to become your best self before she finds somebody else and doesn't care what you look like any more.

• **TWO:** She never nags or picks a fight any more, in fact, she's actually nice to you. She doesn't sit there and bore you about her friends, her day, her

problems, the dog, a jam jar. She doesn't keep dragging you out shopping, or to a friend's house on a weekend, when all you want to do is sit and watch the match. In fact, you can now watch anything you want on the box. She's not bothered about what you do any more, or about your day, or, really, about anything to do with your life. *Moral:* If she's extra nice to you she's overcompensating for her guilty behaviour. If she's lost interest in you, she's interested in somebody else.

• **THREE:** She's behaving differently in the bedroom. This can go one of several ways: she's constantly trying to convince you that you have a headache, and when you insist you haven't, she takes three-hour baths and only comes out when she knows you're fast asleep; your sex life seems normal... except for those orgasms she used to have absolutely every time, which don't happen any more; she's suddenly got a PhD in Positions and you've no idea how she got so creative; she insists on lights off, and she sometimes calls you by a new pet name - Andy, or Keith or somebody. It's cute. You'll have to remember to come up with an equally endearing new one for her. *Moral:* If she's gone off sex, it's probably just sex with you. If she has stopped being satisfied, she's given up pretending your sex life is fantastic, because she's having the real fantastic elsewhere. And, if you're not teaching an old dog new tricks, somebody else obviously is.

• **FOUR:** She no longer asks you if her bum looks big in this, or that. She used to be so self-critical, but now she seems to love her body. She lives at the gym. She's buying hordes of new clothes. And she won't go to work unless she looks fabulous and she's brushed her tongue three times. Not to mention the new underwear... the gold and black lacy thong you found under the bed, the one that made you wonder if your neighbour got drunk and stumbled into the wrong house. *Moral:* If she's spent years having no self-esteem while she's been married to you, and now she suddenly loves herself, maybe somebody else is loving her too.

• **FIVE:** She's never home.

She'll pop out for a pint of milk and come back on Tuesday. You're getting really worried about the dog; his walks around the block are taking five hours, and shouldn't she be a millionaire by now with all this overtime she's working? If you ever ask her where she goes, first she gets defensive, then she gives an explanation that goes on for ten years, with more detail than you've been genetically programmed to cope with. *Moral:* When she talks, listen. You just might catch her in a lie. Or, by listening better in the first place, give her less of a reason to cheat.

• **SIX:** She's conjoined to her mobile phone. She takes it to bed with her, straps it on in the shower and checks for messages every thirty seconds. Yet whenever you try to phone her, it's always switched off. And you have no idea who rings her any more, because now she deletes all her messages as they come in. Ditto emails. *Moral:* If she always hangs up when you walk in the room, grab a clue! Come on, this one really isn't rocket science!

• **SEVEN:** She smells differently. It's... hang on... men's cologne! When you ask her about it, she says she was in Debenhams trying out a new one for you. When this happens three times a week for six months, you have to wonder: does she have a cologne-trying sickness? And is there a pill she can take for it? *Moral:* If she smells of cologne and it's not yours, she's been snogging somebody else. Either that, or their clothes have been having an affair while their bodies weren't present. Believe what you will.

• **EIGHT:** Her friends suddenly act funny around you. Either they avoid meeting your eye, or they look at you like you're Dr Crippen, or, even worse, they seem to feel a bit sorry for you. *Moral:* If she's

cheating, her best friends will know. They'll think you're either a mug, or just a really bad husband.

• **NINE:** She's making you into a new you - encouraging you to experiment with new food, to dress differently, to like a different type of music, to want to see a film that would never have been your thing previously. *Moral:* It's a woman's idea of human cloning. She's making you more like him, to make being with you a shade more bearable, until she can be with him again. Something you didn't know: Judy Garland was thinking of you when she said, 'Always be a first-rate version of yourself instead of a second-rate version of somebody else.'

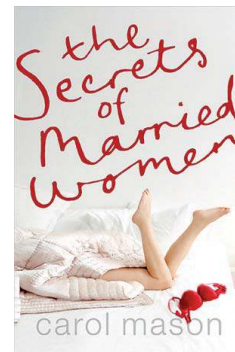
• **TEN:** She starts asking philosophical questions that get progressively more personal and practical. Like: 'Do you think it's possible to love more than one person at the same time?'; 'Don't you ever miss being free to be with somebody else?'; 'Just supposing we were to split up, who gets custody of the dog?'. *Moral:* If she sounds like she might want to leave you, she does. All she's waiting for is the opportunity.

Carol Mason's debut novel *The Secrets Of Married Women* is out December 13, published by Hodder Paper-back.

Carol Mason



Hint 3 - she insists on lights off, and she sometimes calls you by a new pet name - Andy, or Keith or somebody. It's cute. You'll have to remember to come up with an equally endearing new one for her. (Photo: Press Association)



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# Counting the cost of hospital stays

As if worrying about a premature or sick baby wasn't bad enough, a new survey has found parents are having to find up to £200 (€279) a week to cover extra costs while their children are in hospital in the UK. We ask the experts what those costs are and how parents can avoid them.

Around 80,000 babies every year are born premature or sick, and many are in hospital for months. And as if the heartache of that wasn't bad enough, such

hospital stays can cost worried parents a small fortune.

A new survey from the premature baby charity BLISS shows that, on average, parents are

spending an extra £189 (€263) per week during the time their baby's in hospital.

The average total spend for parents was £1,885 (€2,622.50) - but

in some cases the extra cost was more than £15,000 (€20,871), on top of all the usual costs associated with having a baby.

Some of the significant costs were travel to and from hospital (the average weekly cost was £62 (€86)), food away from home (average weekly cost £24 (€33.50)), and lost earnings.

Similar costs are also likely to be suffered by parents of any child in hospital, not just babies.

But in addition, because many mothers had used a large chunk of their maternity leave before their premature babies had even arrived home from hospital, those surveyed were sometimes forced to either take unpaid leave, find childcare, or give up work altogether.



Indie Correia in summer 2007 when he was a year old. (PHOTO: Press Association)



Indie Correia who only weighed 1lb 14 oz when he was born 25 weeks early in February 2006 at St Thomas' Hospital, London. (PHOTO: Press Association)

Amy Edmunds of BLISS, says: "These are all costs that are almost as unexpected as the baby's arrival often was, but they can have long-term consequences for the families involved."

BLISS found that 60% of parents got family or friends to look after their other children while they were at the hospital, but for those who couldn't, the average cost of childcare for the period was £552 (€768).

"Such childcare is a cost that's often not been considered - but if parents can't rely on family and friends to help out, it's hard to avoid," says Edmunds.

Nearly half of parents (44%) lost earnings through having to take time off work, with the average total loss being £2,457 (€3,419.50).

Losses are felt particularly by those who are self-employed, as the Correia family discovered when baby Indie was born at 25 weeks.

Tiny Indie, who weighed just 1lb 14oz, was born in February last year at St Thomas' Hospital in London. His mother Kerri was flown there after her waters broke and the hospital in Jersey, where she lives, felt she needed expert care on the mainland.

For four months, Kerri stayed at a house provided free for parents by the hospital while Indie was treated for chronic lung disease and underwent heart and hernia operations. However, her husband Jo and three-year-old daughter Sienna had to repeatedly fly over to visit.

Add to this the fact that Jo is a self-employed painter and decorator and was losing earnings, and it's not hard to see why Indie's prematurity cost the family around £8,000 (€11,135).

Kerri stopped work at an advertising agency when Indie was born, and says: "I haven't even been able to go back part-time."

"Indie was totally unexpected when he came, as were the costs."

She adds: "When Indie was born, Sienna didn't really understand where I'd gone. My husband had a hard job trying to juggle the family life, but Sienna adapted well."

"It was very difficult emotionally and financially, but you get through it - you just have to."

If you are going through a similar experience you can call the BLISS Family Support Helpline 0500 618140.

Lisa Salmon

## ::ASK THE EXPERT...

Q: "I read about a 12-year-old boy who died on the road playing chicken after taking ecstasy and cannabis. How common is it for children so young to take drugs, and how can I help my child to stay away from them?"

they're fully informed about them and feel confident that they can say no.

"Being well-informed will make you feel more confident about having the 'drugs conversation' with your child. You can find out about drugs by visiting [www.talktofrank.com](http://www.talktofrank.com), or calling the helpline on 0800 776600.

"It's up to you to help your child handle the pressure - talk to them about how to handle feeling uncomfortable about saying no."

"Finally, make sure you tell your child the risks involved in taking different drugs, how to tell if someone's taken them, and the signs that show if something's wrong."



A teenager smoking cannabis, Glastonbury. (PHOTO: Andy Butters/Pers Association)

A: Callum Jacobs, a spokesman for FRANK, the Government's drug awareness campaign, says: "The recent story about the 12-year-old is tragic and will no doubt have worried many parents - however, it's important that parents don't panic. Not all kids are doing drugs. FRANK research shows that more than three-quarters of 12-18 year olds say

they have no plans to take drugs in the near future. In fact, 70% of teenagers feel they can simply say no to an unwanted offer of drugs.

"However, 21% of teens admit they'd be tempted to try a drug to join in with mates. Many teens are influenced by their friends or older kids so it's important you ensure that if your child's offered drugs,

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Children learn by building up ideas, developing orientation skills and, in particular, by making mistakes and starting all over again.



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#### Poor service at Embassy

SIR, The Visa section in Lisbon for tourists holding a non-EU passport is approx. a month long. I was trying to get to the UK for Christmas to visit family and friends, only to be let down by the British Embassy. I hold a British passport, but my partner does not, so we had to apply online, sifting through various questions. It took a while to answer all the questions, to be only told at the end of it, that she could only have the interview in mid January? Is this a public service?

So I guess we cannot spend Christmas in the UK? Am I the only one experiencing frustratingly poor and slow service from my consulate, with only recorded messages!

DAVID SALGUEIRAL, By e-mail

#### 'Letter of the Year'

SIR, The article about 50 million euros worth of state-of-the-art printing and publishing equipment now available to The Portugal News made interesting reading and raises the hope that the problem of producing an eight page pull-out, comprising seven pages of television programmes and the eighth one perhaps reserved for readers' letters, may soon be solved!

We have had some pretty lively correspondence over the months, but I think the Letter of the Year award should go to a recent offering from Bruno. His idea of introducing to the Algarve the zany concept of 'Wild Skiing' as a substitute for the 'Heels on Wheels' brigade's wild camping was in a class of its own.

RON LAVERY, By e-mail

#### Re: The motorhome debate

SIR, How extraordinarily silly to believe in winter sports in the Algarve like Mr. Bruno (15th Dec.) It was irony, wasn't it? Automatic snow machines transforming the hills, very funny, indeed! Mr. Bruno is not only off-piste; he has landed on the wrong side of the Pyrenees.

Portugal shouldn't have something to lose by its tourism, not even by caravanners and wild campers. On the contrary there is much to win for all parties concerned. Just have a look at all the investments in golf courses in Portugal. A most modest investment, (compared to golf investments) would be parking spots supported with automatic machines to serve and charge mobile homes, which would prolong the tourist season a lot.

Now, I'm sorry to end the debate for the moment because I'm leaving the country for quite a while. But I sure will be back in March or April and I would love to participate then if the debate is still going on. Until then, I wish all UFOs, all motorhomes and all those against, Merry Christmas and Happy New Year!

CHRISTINA ERIKSSON, Visby, Sweden

#### Free [wild] camping should be everywhere

SIR, With regard to recent letters in your newspaper about motorhomes and free camping, we belong to the Motor Caravanners Club (MCC) and have been coming to the Algarve every winter since 1996. Whilst we are here we stay in a touring Caravan Park, for the friendship of fellow campers

and the weather. On our trip to Algarve we have to travel through France and Spain. The MCC are keen to start a system like the French one and have been successful in one location so far. This is in Northern Ireland where all the villagers have shares in the equipment for fresh water, emptying of grey water and sewage.

France has a system in place for free camping on the edge of town or indeed next to the Town Hall or Fire Station. These towns and villages embrace the idea of new tourists visiting their village, buying a meal, shopping for food and buying petrol etc. You can buy a book in newsagents in the Spring, which gives all the locations, of which there are over 1,500.

In Spain it is possible to stay overnight at a petrol station, restaurant car park, supermarket car park etc. The campsites there are very expensive at €20-45 a night. So people are not encouraged to stay there. We go to one campsite near Salamanca and then head for Evora, where we stay on an Orbiter site.

We free camp the rest of the time, before settling in our favourite spot for the winter.

The sales in the UK of motor homes is increasing every year by 30% or more, so there must be good reasons to buy one. Owners of motor homes are retired solicitors, doctors, nurses, school teachers, council workers, bakers, secretaries, mechanics, the list goes on.

There are, of course, those who wish to free camp all the time they travel through Europe. No one is more aware where there is fresh water, where they can empty their toilet, where the local supermarket is, where the doctor or dentist is, etc. All this information is handed around by word of mouth. Local traders are usually only too pleased with the added income.

An experiment was done in Australia where a 'Christmas in July' event was being held in

Mareeba, Queensland. Over 200 motorhomes attended this event [held] in the Rodeo Ground. Everybody was asked to hand in their receipts from their shopping trips. These receipts were added up at the end of the two weeks and the Mayor was told how much we had all spent in his town - it was over 200,000 Australian Dollars. He was so impressed he gave everyone an open invitation to stay on the Rodeo Ground any time they want, for no matter how long they wanted whenever they wanted. So don't shoo away free camping too lightly.

TWO HAPPY CAMPERS, Bye-mail

#### Portuguese presidency of the EU

SIR, Many people would have classed the Portuguese presidency of the European Union as an absolutely superb stint... until now! What was Senhor Sócrates doing? He's revealed himself as one of the most crass politicians to have ever 'trod the boards'. His demand - of Serbia - was the complete antithesis of politics. He requires Serbia to concede independence to Kosovo as a pre-condition for entry into the EU - and en clair! To tell someone to surrender before you will admit them (to whatever) is the most psychologically maladroitness approach to any human being.

Yes, the Serbs are obdurate and one wants to try and make them shift from a fixed position, but at the same time, the same attitude proceeds from the Kosovans in pursuit of total independence. A subtle pro tem solution would never have been beyond the devising of the 19th century British Imperial arbitrators. Consider for one moment that if Serbia was left with residual powers over Kosovo, and admitted along with that 'satrapy' into the EU, as the latter becomes ever more the United States of Europe, the sovereign dispositions will become ever more subsidiary and ulti-

mately, largely irrelevant. One could deduce the same evolution between Northern Ireland and R.O.I., though I suspect the latter pretends no power over the former in case it should 'take from within' (always De Valera's fear). Senhor

Sócrates may have been in a greedy rush to achieve 'Heaven on Earth', but I do wonder how he was allowed to do this by the other members of the Council, i.e. all the other European leaders!

J.A. RUST, Figueira da Foz

#### Smoking, from p.1.

## Lights Out

Portugal has fallen into line with most Western European countries after new anti-smoking laws to clamp down on smoking in public places came into effect this week. The groundbreaking legislation follows two previous botched attempts at outlawing smoking in public spaces the past three years. The law has generally been well accepted by smokers, though a large number were still being told to put out their cigarettes after lighting up unwittingly in an enclosed space days after the law had come into force. The man whose task it is to uphold anti-smoking legislation was one of these offenders, but he remains adamant that he was within the law when he lit up within a casino despite indications to the contrary from the Health Ministry.

A smoking ban in Portugal took effect this week as public buildings, cafés, bars and restaurants reopened after the New Year holiday. While most smokers appeared to be observing the new rules, authorities have so far confirmed two incidents where fines were issued for non-compliance with the smoking ban.

One was handed to a café owner in the Algarve who, after calling in police to deal with a customer refusing to smoke outside, was himself fined for not having posted the required non-smoking warnings.

The initial offender escaped sanction as he had left before police arrived.

The law, banning smoking in licensed premises with fewer than 100 square metres, came into force at midnight on January 1<sup>st</sup>. But many bars and clubs ignored the smoking restrictions during New Year festivities in the early hours of Tuesday.

First signs of the real impact of the new legislation became visible on Tuesday, with owners of cafés and restaurants across Portugal asking smokers to light up outside.

Many proprietors of larger establishments over 100 square metres in area also said they would either ban smoking or consider providing smoking areas as stipulated under the new laws.

Smoking zones in bars and restaurants are subject to stringent regulations, including provision of powerful air conditioning and ventilation systems, and many businesses say they cannot afford to install such systems.

Smokers breaking the ban face fines of between 50 and 750 euros. Building owners could have to pay from 50 to 1,000 euros if they allow people to smoke. It is also now illegal to sell cigarettes to minors under the age of 18.

Police and the ASAE food safety agency are responsible for enforcing the new laws.

But ASAE chief António Nunes came under fire from anti-smoking groups after he was photographed apparently breaking the law on his first day.

Nunes, caught smoking a cigar at the Estoril Casino outside Lisbon, said he was not aware the ban applied to casinos and despite a statement from the Health Ministry that the law applied to all enclosed spaces, including casinos, Nunes remained adamant he would seek additional legal clarification on the matter.

The ASAE chief, whose agency is notorious for its lack of leniency when applying the legislation he is appointed to uphold.

The government has meanwhile explained the law has two primary objectives: the protection of non-smokers, estimated at 75 percent of the Portuguese population, and the defence of the "most vulnerable", such as children and teenagers.

Portugal's legislation is largely based on that enforced in the United States, which has been widely criticised here.

Restaurant associations argue that modern U.S. architecture allows for anti-tobacco laws there to be effective, whereas in Portugal, especially in the historical city centres of Lisbon, Oporto and Coimbra, smoking will be completely outlawed as only a handful of 100-plus square metre venues exist.

Bar owners have also been critical of what they term to be the government's double-standards, saying that while 16-year-olds can serve prison terms and consume liquor, they will be breaking the law by smoking before they reach 18.

Figures recently published by the anti-tobacco association say that more than 12,000 people die each year in Portugal as a direct result of smoking.

In addition to the new legislation, smokers will be further encouraged to give up their habit with the average cost of a pack of cigarettes climbing by around ten percent, translating into an additional cost of approximately 30 cents a pack.

Those who smoke a pack a day are set to pay around €110 more in 2008 than they did in 2007 for their cigarettes.

# 342

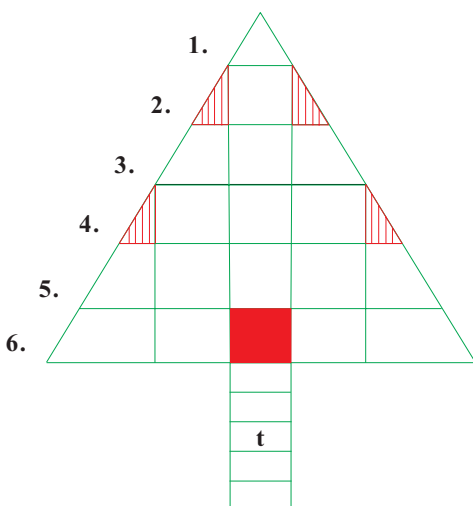
## Portuguese for all

Boas Festas para todos.

Até à próxima lição, Emília Rosendo.



In today's lesson let's find out what my message to all of you is ... by means of a crossword "puzzle-tree".

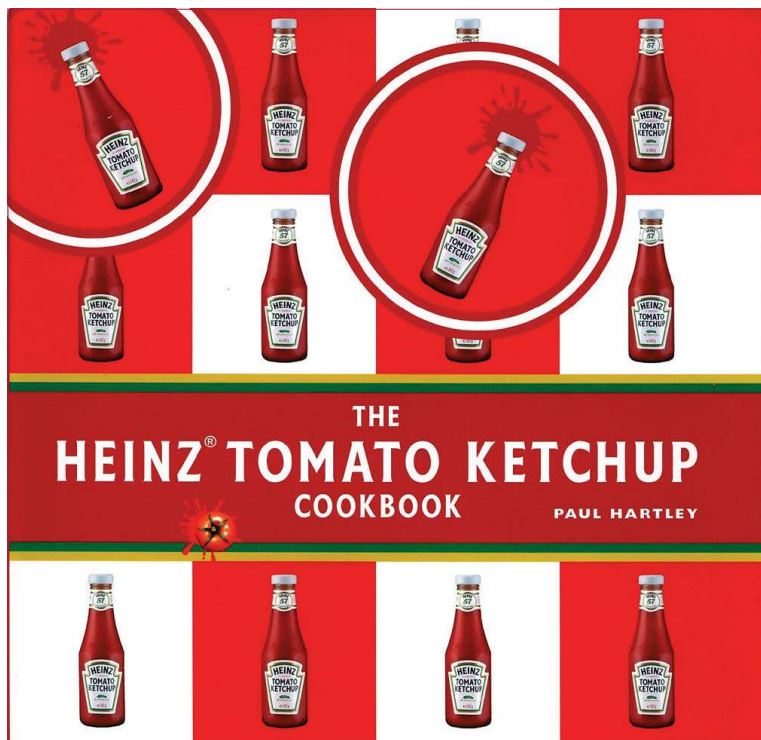


1. É a sexta letra do nosso alfabeto.
2. É a vogal que vem antes, no nosso alfabeto, da consoante anterior.
3. É uma das maneiras, mais ou menos familiar, de nos saudarmos uns aos outros.
4. Com esta palavra expressamos concordância, afirmação, disposição, vontade, etc.
5. No singular, esta palavra significa *harmonia, tranquilidade*. No plural, como aqui se encontra, é utilizada na expressão "*Fazer as ...*", significando "*Voltar a ter boa relação/amizade com alguém*".
6. É o artigo indefinido (masculino, singular); é o feminino de *mau*.

Please send your completed exercises, with a STAMPED, SELF-ADDRESSED ENVELOPE, to me: Emília Rosendo at The Portugal News and I will send them back corrected. The Portugal News - Apartado 13, 8401-901 Lagoa. Tel: 282 34 11 00.



# A sauce of goodness



After all the overeating and over spending of the last few weeks we bring you a simple, inexpensive favourite full of flavour.

Fans of tomato sauce will be pleased to hear recent news that it can help cut your cholesterol, and can provide the basis of some tasty dishes too. We take ketchup from the sidelines with some recipe ideas - from ice cream to the perfect barbecue sauce.

Move ketchup away from the sidelines and squeeze some into your life, because new studies suggest tomato sauce isn't just good on chips - it's also good for our health.

Research done by the University of Oulu in Finland found that a dash of the red stuff three times a day can help cut our cholesterol. The scientists discovered the sauce helps lower the level of LDL

(low-density lipoprotein), or 'bad' cholesterol, which clogs up the arteries, increasing the risk of heart attacks and strokes.

A group of 21 men and women took part in the study, adding 30g, or six teaspoons, of ketchup to their daily diet - as well as two glasses of tomato juice - and saw their cholesterol levels drop significantly in the space of just three weeks.

There aren't many households without a bottle of ketchup in their cupboard, but now, instead of just smothering it on your burger, you can put it to better culinary use thanks to a new book by Paul Hartley, The Heinz Tomato Ketchup Cookbook.

His recipes are eclectic to say the least, including Gazpacho with Anchovy Croutons and Veggie Moussaka. Seafood lovers should try the Moroccan Fish Tagine, or for those with a sweet tooth, have a go at the TK & Passionfruit Ice-cream.

Gabrielle Fagan

## Moroccan Fish Tagine

**Ingredients** (Serves four)

1tbsp olive oil, plus extra for brushing  
1 medium onion, chopped  
4 plum tomatoes, sliced  
2tbsp Heinz Tomato Ketchup  
1tsp ground cumin

1tsp sweet paprika  
500ml fish stock (or vegetable)  
4 red snapper fillets (about 175g each) halved diagonally (mullet or sea bass are equally good)  
12 black olives, pitted and

halved  
1tbsp tahini (sesame paste)  
1/2 preserved lemon, finely chopped  
1tbsp fresh flat leaf parsley, chopped

Con'td. on next page



## Restaurant guide

### ALMANCIL

**The Battering Plaice**  
*British Fish & Chips*  
Open: Mon-Sat 12.00-14.30 & 17.00-22.30.  
Next door to the Post Office, Almancil  
Tel: 963 731 736

### Bistro des Z'Artes

*International Menu*  
Open: 12.00-15.00 & from 7pm. Closed Mondays  
Rua Calvario, 69, Almancil  
Tel: 289 395 114 / 967 785 601

### Don Toro Angus Steakhouse

*Steaks, gourmet burgers, fish grills & vegetarian*  
Open: Daily 18.00-23.00  
Sítio das Escanxinas 504A, Almancil  
Tel: 289 355 005

### ALVOR

**Faja Lobi**  
*International & Suriname Cuisine*  
Open: Daily 11.00-23.00  
Urb. da Dourada, Lote 1, Alvor  
Tel: 282 414 133 / 918 838 484

### LAGOA/SILVES

#### Chill Inside

*Buffet includes a variety of hot dishes, salads, fresh fruit juices, ice creams, crepes & waffles*  
Open: Lunchtimes  
Urb. Lagoa Sol, Rua Municipio são Domingos, Lt. 7 r/c Esq., Loja B, Lagoa  
Tel: 282 080 701 / 965 027 002

#### Mister Grilo

*National, International & Vegetarian dishes*  
Open: 17.00-midnight  
Rua António Joaquim Cabrita, N°7, Porches, Lagoa  
Tel: 282 381 176 / 918 365 426

### LAGOS/LUZ

#### Vila Palmeira

*Gourmet restaurant*  
Open: Restaurant - 19h to 24h  
Bistro & Bar - 11h to 24h (Both closed Mondays)  
Meia Praia, Lagos  
Tel: 282 770 902

#### Duna Beach

Open: 9am with finger food & snacks  
Lunch: 12pm - 5pm  
Dinner: 8pm - 11pm  
Bar: until 5am  
Meia Praia Beach, Lagos

Tel: 282 762 091

#### Don Toro Angus Steakhouse

*Steaks, gourmet burgers, fish grills & vegetarian*  
Open: Daily 12.00-15.00 & 18.00-23.00  
Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)  
Tel: 282 767 234

#### A Taberna

*À la carte menu with daily specialities*  
Open: 10.00 - 23.00  
Quinta da Encosta Velha, next to Budens off the EN125  
Tel: 282 690 505

#### A Florestal Restaurante

*Cosmopolitan menu*  
Open: Tues-Sat. 12.00-2.30pm & 7.00-10.00pm  
Sun. Special Brunch 12-3pm  
Barão de S. João, Nr. Luz  
Tel: 282 687 204

#### O Beiral

*International & Vegetarian menu - Italian specialities*  
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 24.00  
Rua Dr. Guerreiro Tello, Barão de São João

Tel: 282 688 004 / 912 299 672

#### Meu Limão Tapas & Wine Bar

*Portuguese & International Tapas + full menu*  
Open: Daily 10.00 - 2.00am  
Rua Silva Lopes, 40/42 (In front of the Golden Chapel), Lagos.  
Tel: 282 767 946

#### No Patio

*International Restaurant*  
Open: Thurs-Sat. from 18.30 Sunday from 13.00  
Rua Lançarote de Freitas, 46, Lagos  
Tel: 282 763 777

#### BURGAU

#### The Cornish Range - O Saborda Cornualha

*The taste of Cornwall in the Algarve*  
Rua Principal, 15, Burgau  
Tel: Office 283 958 192  
Shop 282 098 268  
Mobile 933 831 358  
**Blue Wave**  
*Beach bar*  
Open: 10.00 - 23.00  
Cabanhas Velhas between Burgau and Boca do Rio  
Tel: 282 697 834

## A dream come true?

Those whose bank balance is as big as their dreams could enjoy the ultimate whisky lover's experience - blending their own whisky.

Johnnie Walker Blue Label blended Scottish whisky is offering, through Selfridges, a bespoke blending experience. A whisky master will come to your home and let you taste some of the rarest whiskies in the world, and allow you to blend your own. Take a gulp of the hard stuff, it costs £3,000/€4,200. For details call 00 44 (0)20 7318 3939, or visit the food section at [www.selfridges.com](http://www.selfridges.com)





**Con'td. from previous page**

1tbsp fresh coriander, chopped  
1tsp fresh mint, chopped

**To prepare:**

Heat the oil in a large pan and fry the onion gently for five minutes. Add the tomatoes and cook for a few more minutes. Stir in the

ketchup, cumin and paprika and then gradually cook the fish stock. Turn the heat up to full for two minutes and then take the pan off the heat and keep warm.

Preheat the grill to high, brush the fillets with the olive oil and season with salt and pepper. Grill skin side up for about five minutes. While the fish is cooking add the olives, tahini, pre-

served lemon and fresh herbs (reserving a few herbs to garnish) to the sauce in the pan, stir gently and reheat. Check the seasoning.

Put the fish in four warmed soup bowls, spoon over the sauce and scatter the remaining herbs over the top. You could also serve this over steamed couscous or bulgur wheat.

**TK & Passionfruit Ice-cream**

**Ingredients** (Makes 2 litres)  
8 egg yolks  
150g caster sugar  
125g fresh passionfruit pulp (or 4-6 passionfruit)  
125g fresh tomato pulp  
4tbsp Heinz Tomato Ketchup  
2tbsp lemon juice  
300ml double cream

**To prepare:**

Put the egg yolks and caster sugar into a food processor and blend until they turn a pale creamy colour. Add the passionfruit, tomatoes, ketchup and lemon juice and blitz again for about 30 seconds.

In a separate large bowl whip the cream until it forms stiff peaks. Pour in the blended mixture and fold in the cream with a

plastic spatula until it is well combined. Put into a plastic tub and freeze for about 45 minutes, or 20 minutes if you have a fast freeze facility.

Remove from the freezer and stir the ice-cream well. Return to the freezer for another 45 minutes (or 20 minutes, for fast freeze), remove and repeat the stirring. This will avoid the ice-cream crystallising. You may need to do this one further time just before the ice cream is completely frozen.

Flavours can be blunted by the cold so leave the ice-cream to stand at room temperature for a few minutes before serving decorated with a stem of fresh redcurrants and some dark chocolate shavings.

**A whisky from Wales**

Those with Welsh ancestry could toast their roots this New Year with a bottle of Penderyn Single Malt Welsh Whisky.

At premium strength (46% vol) and finished in rare Madeira casks, Penderyn is the only whisky to be produced in Wales. It costs £27.23/£38.08 for a 70cl bottle. For more info. go to: [www.welsh-whisky.co.uk](http://www.welsh-whisky.co.uk)

**Boost your energy levels!**

If you've partied your way through the holiday season and are finding it hard to maintain your energy levels, Firefly Tonics could be the perfect breakfast in bed.

Firefly's eye-opening ingredients (peach, grape, green tea and ginseng in Wake Up) will give you the energetic hit of a double espresso, but without those dreaded caffeine shakes.

Detox has zesty lemons and limes, ginger and herbal extracts of nettle, sarsaparilla and artichoke to help you recover.

If those don't help, there's always anti-oxidant rich Health

Kick, fog-reducing Sharpen Up and cardamom-rich Chill Out to keep your body afloat over the hols. For stocking and pricing go online to: [www.fireflytonics.com](http://www.fireflytonics.com)



**V**ila Palmeira at Meia Praia, Lagos is situated just before you reach the Palmares Golf course. This luxury estate needed its own restaurant and last July owners Karin and Vincent opened this select little jewel overlooking the sea. Enjoy lunch in the downstairs Bistro with a delicious selection of soups and sandwiches, salads or a light meal, or dine upstairs in the evening from the wide selection of starters and main courses. Try Pumpkin Cream to start followed by Chateaubriand with truffle juice for two, or Cataplana with monk-fish, mussels and potatoes. There are a selection of delicious desserts and cheeses, the house wine is very good and the wine list is superb.

**Faja Lobi** is in fact an indigenous flower of Suriname and the words mean fiery passion, which is how chef Farida approaches her love of cooking, using

recipes learnt from her mother and grandmother. Recently opened in Alvor and believed to be the first and only such restaurant in the Algarve dishes are largely influenced by Indonesian cuisine, though Farida and her husband Peter are happy to make dishes as spicy or mild as clients wish. There are smoking and non-smoking rooms, plus a 'happy hour' between 5pm and 7pm with Dutch and Surinam snacks. See their ad. below for some main course suggestions. Reservations are advised.

**The Battering Plaice** in Almancil (just next door to the Post Office) is the place to go for English Fish & Chips as we know and love them! As well as offering traditional cod and chips they also have Haddock, Scampi, Doner Kebabs, Pies, Sausages and much more. You can eat in the restaurant or order a takeaway, and there is a delivery service to Almancil, Quinta do Lago and Vale do Lobo areas as well.



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(next door to the Post Office)

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[www.chillinside.com](http://www.chillinside.com)



**Have a four course meal for only €12.50 pp**  
(excluding drink)



**Faja Lobi**

**International and Surinam Restaurant**

**Some of our Surinam Main course suggestions:**

**Reservation is recommended**

**Non-Smoking Room**

**Roti with chicken curry**

Nan bread stuffed with yellow lentils, chicken curry, curried egg, Surinam french beans (kouseband) and curried potatoes

**Nasi Goreng with satay chicken**

Fried rice with soya sauce, chicken satay with peanutbutter sauce

**Tournedos with pepper sauce**

Fillet of beef grilled with pepper sauce, vegetables, baked potatoes and salad

**Gamba Tempura**

Fried Shrimps in tempura flour with fresh spinach salad with oriental dressing.

**Open every day from 11.00 - 23.00,**  
0719-0490000, Lote 1,  
8500-053 Alvor  
E-mail: [fajalobi@sapo.pt](mailto:fajalobi@sapo.pt)  
Tel / Fax: 282 414 133  
Mob: 918 838 484





# PROPERTY

A 10 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 5 Jan 2008

## PROPERTY OF THE WEEK

### A refined golfer's retreat



Sitting high on one of Parque da Floresta's most panoramic plots is this week's Property of the Week, a beautiful four bedroom villa that is stunning to look at and spacious, located on one of the Algarve's most prestigious golf courses.

Parque da Floresta has everything one needs to indulge in a little rest and relaxation, but also offers first-rate sport facilities for those who choose to be a little more active.

On-site there is a challenging golf course, a spa, and fitness and swimming facilities, complemented by bars and restaurants open all year round.

It also backs onto sprawling countryside; a protected nature reserve which makes for idyllic walking or horse-riding trails.

This particular villa has an unusual yet functional layout, with three of the four bedrooms being located on the ground floor.

As one walks in through the

front door the bedrooms are situated to the right.

All three are well sized and have their own en-suite bathrooms, each tastefully and individually decorated. Air-conditioning units and fitted wardrobes can also be found in all the ground floor bedrooms, along with French patio doors that open onto the swimming pool terrace.

As the property is south facing and enjoys uninterrupted views, the scenery can be admired in each and every room and a constant stream of sunlight flows in throughout the day.

From the main entrance and up a flight of stairs we enter the large, open-plan living/dining room and kitchen.



First right is a guest WC-come-laundry-room, next to which is the kitchen. Even though bijou, the kitchen is functional, fully equipped with stylishly concealed appliances and has loads of cupboard space. It also has a large, arch-shaped galley-window that looks into the living room over a wide breakfast counter.



Comprising two seating areas and a separate dining area, the living room is vast and spacious. One of the seating areas is positioned round a woodburning stove; the other having a fantastic floor-to-ceiling window as a backdrop, framing the stunning country and sea views that stretch out beyond as far as the eye can see.

Off from the dining area is the fourth bedroom, a sunny little room with a slanting roof that has room enough for two single beds, has its own en-suite bathroom, and a balcony overlooking the pool. It would also be perfect as a library or a home office.

Also off from the dining area is a pretty, square shaped, pergola-covered terrace.

Outside there is a heated swimming pool, complemented by a barbeque station complete with sink for al-fresco cuisine, well-kept lawns with colourful flowerbeds and automatic irrigation, and a wide cobblestone drive providing ample parking.

This lovely villa is priced at €699,000.00, recently been lowered by the vendor for a quick sale.

For more information, contact Luz Select Real Estate on: (+351) 282 790 970, e-mail: info@luzselect.com, or see website: www.luzselect.com.



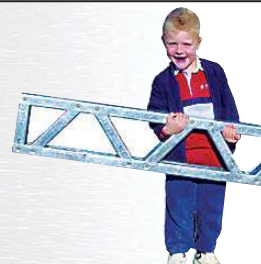
### Going Shopping? Check out Danecasa

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[www.laforet.pt/portimao](http://www.laforet.pt/portimao)



### Praia da Rocha

1 Bedroom apartment totally renewed. Furnished, with equipped kitchen. Communal swimming Pool. One step away from Rocha beach. Good Price!! Good Investment!!!

Ref.º 229-1 Price: € 95.000



### Armação de Pêra

T1 - New - Quality private Condominium. Swimming pool + parking place. Equipped Kitchen. One step away from Armação Beach. Very Good !!!

Ref.º 174-2 Price: € 100.350



### Aljezur

3 bedroom Villa set in a complex between Arrifana & Monte Clérigo beaches. Almost new, equipped & furnished, w/ pool, BBQ & garden. The 3 bedrooms are en suite Living room w/ fireplace. Pre-installation of central heating. A Very good investment!!!

Re.º 047 Price: € 295.000



### Carvoeiro

Villa V2. Totally renewed. Furnished and equipped. Very pleasant, with solar panels. Placed at Carvoeiro centre, with a good sightseeing over the sea, from the terraces. Should be mentioned the algarvian garden. A special house!!!

Ref.º 115 Price: € 450.000



### Lagos

New, high quality Villa, w/ garden + garage. 3 of the 4 bedrooms are en suite. Sauna room. Equipped kitchen. Terrace w/ BBQ. A/c. Internet, digital parabolic, pre-installation of central vacuum & heating. Inner lift to top terrace w/ private Spa & panoramic view & to private heated sw. pool. **FABULOUS!!!**

Ref.º 176 Price: € 900.000



## ALGARVE EDEN PROPERTIES

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[www.algarve-eden-properties.com](http://www.algarve-eden-properties.com)  
AMI 6622



### S. B. de Alportel

Luxury 6 bedroom villa, at Mesquita Alta & is one of the most exclusive properties in S. Brás. 330sqm covered area in 6700 sqm plot. Nice views to hills & sea. Large garden w/ BBQ area, sw. pool & tennis court. High quality materials. Only 15 mins drive to Faro airport, 10 mins to Faro & Loulé, + - 20 min to Golf Courses.

Ref.43SBA-M Price: €795,000



### Albufeira

High class 5 bedroom Villa, in a very privileged location. Innovative design, w/ passive energy saving, natural illumination, ventilation & advanced energy control system giving confort & quality to this unique property. Building area: 374m², w/ approval to enlarge up to 526m². Represents high business potential. Safe investment!!

Ref.128ABF-M Price: €1,200,000



### Vale do Garrão

A high class 5 Bedroom Villa. Located at Villas Alvas, between Vale do Lobo & Quinta do Lago. High quality materials. Fully equipped kitchen. Central heated. Air conditioned. All the appliances & modern technologies. Garden. Swimming pool. BBQ & parking area. The best location for your investment.

Ref.137LLE-M Price: €1,250,000



### Estói

Massive 5 Bedrooms Villa (CA-450 sqm, Plot-10080 sqm) located in Azinheiro (Estói). Panoramic country & sea views. Swimming pool. Garden with auto irrigation system. Central heating system. Air conditioned. Fully equipped kitchen. High quality finishing materials.

Ref.177FAR-M Price: €1,675,000



### Goldra

Majestic 3 bedroom Villa located at Goldra, in S.ª Bárbara area, on top of hills, w/ beautiful sea views. Probably best location in area. Comprised by kitchen, living & dining rooms, 3 bedrooms, 3 bathrooms, all en suite on main villa, plus 2 independent apartments (all fully equipped) in the basement. South-facing.

Ref.161FAR-M Price: €1,050,000



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[www.algarve-property-search.com](http://www.algarve-property-search.com)

Tavira: 281 320 281  
Vilamoura: 289 301 294



### Santa Catarina

Reduced in price for  
\*\*\* QUICK SALE \*\*\*

Beautiful three bedroom / three bathroom villa with swimming pool on large (9936m2) plot of land with magnificent sea view. Double glazing & under floor heating.

Ref: LHV-838 Price: € 365.000



### Moncarapacho

Spacious, modern, open plan 5 bed villa in immaculate condition with swimming pool and landscaped garden situated in an up-market residential area. Construction size approx: 480 incl. basement with garage, plot 1377m2, built in 2006.

Ref: LHV-927 Price: € 700.000



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wish to sell,

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### Tavira

Modern, luxurious four bedroom villa on preferred location with swimming pool and garage, large living/dining room and modern Italian design kitchen with cooking island. Breathtaking views from all rooms, cov. area 430m2, built in 2005

Ref: LHV-901 Price: € 895.000



### Moncarapacho

Exclusive villa (V4) with guest cottage and swimming pool located on a large fruit producing estate. Comprising of 4 spacious bedrooms, 4 en-suite bathrooms, top of the range kitchen and lot of extra's, cov. area 688m2, plot 40.700m2

Ref: LHV-904 Price: € 2.400.000



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### Vilamoura

- Large villa, corner plot
- Next to golf courses
- 3 bedrooms 3 bathrooms
- Pool, terraces, garage
- Basement for extra rooms
- Villa 300m² plot 450m²

Ref. V354  
Price Reduced to: € 595.000



### Estói

- New villa just completed
- Great views to the coast
- 3 bedrooms 3 bathrooms
- Central heating
- Pool possible as an extra
- Villa 180m² plot 450m²

Ref. V890  
Price Reduced to: € 320.000



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### Palmela

- Beautiful spacious villa
- On the Golf Course!
- 4 bedrooms 3 bathrooms
- Pool & covered barbecue
- Villa 400m² plot 1200m²
- In famous wine region

Ref. V919  
Price: € 800.000



### Salir

- Old cottage with annexes
- Ideal for restoration
- 2 bedrooms 1 bathroom
- Bread oven & roof terrace
- Mains electricity & water
- Bldgs. 206m² plot 5000m²

Ref. C1038  
Price: € 215.000



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### Cama da Vaca

- 4 Bedroom, 5 Bathroom
- Modern Design
- Exclusive Location
- High Quality Finish

Ref. M325  
Price: € 955,000



### Montinhos da Luz

- Spacious 3 Bedroom Villa
- Possibility for Apartment
- Close to Amenities
- Good Value

Ref. M324  
Price: € 590,000



### Montinhos da Luz

- 3 Bedroom, 3 Bathroom
- Near Completion
- 210sqm Build
- Priced to Sell

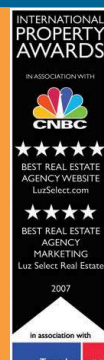
Ref. M322  
Price: € 415,000



### Lagos

- 4 Bedroom, 4 Bathroom
- Open Plan Living
- Feature Vaulted Ceiling
- Ocean Views

Ref. M318  
Price: € 895,000







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Algarve - Portugal  
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Fax: 289 315 578  
vilagente@mail.telepac.pt  
www.vendavilla.com



## Vilamoura

Centrally located, two bedroom apartment composed of 2 bathrooms, lounge, kitchenette and 2 terraces. Exterior parking area.

Ref: A1218 Price: € 175,000



## Vilamoura

Apartment situated in a private condominium composed of 3 bedrooms, bathrooms, 1 bathroom, lounge, kitchen and terrace. Exterior parking area. Communal swimming pool and garden area. Furnished and equipped. Construction area - approx. 115sqm.

Ref: A1222 Price: € 200,000



## Vale Judeu

Spacious 6 bedroom villa composed of 3 bathrooms, lounge with fireplace, dining room, 2 kitchens, pantry, storage, 3 terraces. Carport. Furnished and equipped. Plot area - 600 sq.m. Construction area - 393 sq.m.

Ref: V12535 Price: € 375,000



## São Brás de Alportel

Country villa, completely renovated, composed of 3 bedrooms, 4 bathrooms, lounge, kitchen, storage, roof terrace and terraces. Carport. Plot area - 407 sq.m. Construction area - 171 sq.m. Quiet area.

Ref: V12530 Price: € 385,000



## Vilamoura

Attached villa composed of 3 bedrooms, 3 bathrooms, lounge & dining area w/ fireplace, equipped kitchen, storages & terraces. Roof terrace, barbecue & carport. Furnished. Communal swimming pool & garden area. Constr. area - 212 sq.m.

Ref: V12532 Price: € 385,000

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- Golf Rights
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€235,000 Quarter Share

V442LV



## Parque da Floresta

- Fractional Freehold
- 3 Bedroom, 2 Bathroom
- Fully Furnished
- Spacious Terraces
- Golf Rights
- Heated Swimming Pool

€118,850 Twelfth Share

V453V



## Quinta do Montinho

- 2 Bedroom, 2 Bathroom
- Open Living/Dining Room
- Fitted Kitchen
- Fully Furnished
- Golf Rights
- Communal Swimming Pool

€268,250

M725T



## The View, Salema

- 2 Bedroom, 2 Bathroom
- Fully Fitted Kitchen
- Underfloor Heating
- Roof Terrace
- Golf Discount
- Communal Swimming Pool

€470,000

BC51

AMI Nº 7154



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## Sta. Bárbara de Nexe

3 bed. Villa in need of some modernization...very well located, w/ large pool, in a 1.300 sqm plot!! Breathtaking views!! Excellent opportunity!! Fantastic bargain price for this location!!  
Price: € 319.000,00  
Ref: MG-PEND-STBRBRNX-FR  
Call: 917 787 582



## Tavira

Beautiful 1 bedroom Villa with open fireplace, 2 bathrooms, terrace, breathtaking views... with a 1470 square metre plot. Unique opportunity!!  
Unbelievable price!!  
Price: € 157.500,00  
Ref.: MG-VIV-0096  
Call: 917 787 582



## Olhão

210 sqm 5 bedrooms house + studio in a 1500 sqm plot with many different trees. Parking, conservatory, outside storage, irrigation tank, well... Great Price!!  
Excellent opportunity!!  
Price: € 260.000,00  
Ref.: MG-VIV-0098  
Call: 917 787 582



## Fuzeta

Fantastic 2 bedroom apartments with views. Balcony, parking, private roof terrace space...!! Great finishing!!  
Excellent price!!  
Great rental potential!!  
Prices From: € 130.500,00  
Ref.: RL-APT-0001  
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## Fuzeta

Off plan !! 1 1/2/3 bedroom apartment with sea view. Balcony !! Excellent price !! Great rental potential!!  
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AMI 7557

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of our properties

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## Near São Brás

Beautifully Restored 18th century Quinta set in a large plot with magnificent views of the countryside. 8 Bedrooms, 6 Bathrooms, 4 lounge rooms, kitchen and dining room. Swimming Pool. Guest Cottage, Stables large gardens, and terraces.  
Price: €1.195,000 / £824,000



## Almancil / Quinta das Salinas

3 Bedroom / 2 Bathroom "Fully Furnished" detached villa at Quinta das Salinas between Qta do Lago & Vale do Lobo's beaches & golf courses, surrounded by pine trees, within walking distance of beach & Ria Formosa nature reserve.  
\*\*Exclusive to Silver Holidays\*\*  
Price: €795,000 / £548,000



## Almancil

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\*\*Great Value, Must Be Seen\*\*  
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## Vilamoura

2 Bedroom / 3 Bathroom detached villa offering a private swimming pool. Located within a few minutes walk of the new Hilton Spa resort.  
\*\*Exclusive to Silver Holidays Real Estate\*\*  
Price: €525,000 / £362,000



## Vilamoura

2 Bedroom "Fully Furnished" apartment within a few minutes walk of the Hilton Spa resort or alternatively having easy access to the marina and beach via the road train that stops nearby.  
Price: €270,000 / £186,000



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## VILAMOURA - MILLENNIUM

Ref. V61710

Four bedroom detached villa. 360 sq.m. Prime location inside the Golf Course with stunning golf views. Top finishes. Furnished and equipped. A/c. Private jacuzzi on the sun terrace. Enormous basement with 2 extra bedrooms.

Price: € 995.000



## VILAMOURA - PINHAL

Ref. A72003

Investment opportunity!!! Two bedroom apartment. 100 sq.m. Complex with reception, pool and snack-bar. Furnished and equipped. A/c. 3 minutes walk to Pinhal Golf Course. 15 min. walk to the Marina and beach.

Price: € 200.000



## BOLIQUEIME

Ref. EA71993

Off plan two bed apartments. 5 mins drive from Vilamoura & the beach. Constructed areas from 108 sq.m. Fitted kitchen. Alarm. Electric shutters. Central vacuum sys. Pre installed for a/c. Near all amenities. Excellent investment.

Prices starting from: € 165.000



## Sr.º ROCHA BEACH

Ref. V72001

Five bedroom detached villa. 600sqm. Beside luxury Vila Vita & Vila Lara resorts. 6.000sqm plot. Modern architecture. Double garage. Fitted kitchen. A/c. Alarm. Top finishes. Stunning country & sea views. Must be seen to fully appreciate.

Price: € 1.700.000



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**LAGOS / Parque do Moinho** - Detached villa with pool situated within walking distance of all shopping facilities and less than 10 minutes drive from several beaches. Price: € 480,000 (452V)

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**LAGOS / Meia Praia** - End of terraced villa situated close to the beach consisting of 3 separate rental units. Price: € 300,000 (451V)



**LAGOS / Meia Praia** - 3 bedroom apartment close, walking distance of the Marina, town & beach. Price: € 250,000 (239A)

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**Salicos**

Two bedroom apartment w/ established garden & very private BBQ area & communal swimming pool. Desirable location close to Centianes beach. Lounge w/ wood burner, modern kitchen, u/ floor heating in bedrooms, ample parking space.

Ref. A-237 Price: € 250,000



**Carvoeiro central**

Top floor apartment close to Carvoeiro beach w/ large communal swimming pool, elevator & ample parking. 2 bedrooms w/ wardrobes, lounge / dining area w/ wood burner, fully equipped kitchen, modern bathroom, large roof terrace w/ seaview. Very good investment.

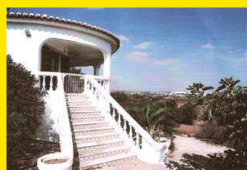
Ref. A-235 Price: € 175,000



**Belomonte**

Spacious new villa in quiet location in prestigious area composed of 3 bedrooms, 3 bathrooms (2 en suite), guest wc, lounge w/ fireplace, dining room, equipped kitchen. Large terraces on the 1st floor. Swimming pool. Quality design construction.

Ref. V-312 Price: € 500,000



**Salicos**

Spacious 3 bedroom villa on cul-de-sac road in excellent location w/ view of Monchique mountains, close to Marinha beach. Open plan kitchen, lounge, dining room w/ wood burner, large terraces, easy to maintain garden. Space for swimming pool.

Ref. V-349 Price: € 495,000



**Carvoeiro**

2 bedroom apartment at walking distance to the beach and the village centre composed of 1 bathroom, good size lounge / dining area, open plan kitchen, balcony. Very neat and very clean.

Ref. A-236 Price: € 135,000

**PRIVATE SALE**

**Quinta da Fonte  
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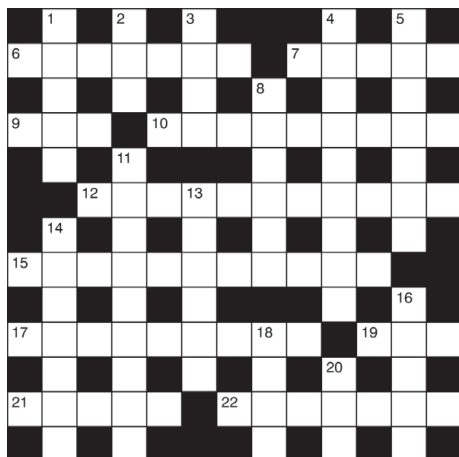
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## The Portugal News Crossword No. 173



### QUICK CLUES

#### ACROSS

6. Fickle (7)
7. Dull (5)
9. However (3)
10. Shelter (4,5)
12. Poor (11)
15. Valise (11)
17. Wheedler (9)
19. Court (3)
21. Player (5)
22. Narration (7)

#### DOWN

1. Odd (5)
2. Grate (3)
3. Excuse (4)
4. Authoritative (9)
5. Sad (7)
8. Subtract (6)
11. Copy (9)
13. Rubber (6)
14. Gather (7)
16. Climb (5)
18. Apiece (4)
20. Morass (3)

### QUICK SOLUTIONS - Christmas Bumper Crossword

**SOLUTIONS ACROSS:** 1 Dram; 4 Party; 7 Snowy; 10 Arch; 12 Apple; 14 Six; 15 Offal; 17 Gifts; 20 Merry; 21 Ajar; 23 Bob Cratchit; 24 Echo; 26 Vital; 27 Urban; 28 Magi; 29 Again; 30 Fruit; 31 Anon; 32 Ashes; 37 Taste; 39 Notoriety; 42 Three; 43 Seat; 44 Pine; 45 Motto; 48 Hacksaw; 52 Noisily; 53 Tree; 55 East; 57 Biscuit; 60 Exodus; 62 Token; 63 Agenda; 65 Table; 67 Topsy; 68 Miser; 69 Rosette; 70 Mince; 72 Irene; 73 Niece; 75 Cleric; 77 Unlit; 78 Nowell; 83 Prancer; 84 Stub; 85 Sash; 87 Essence; 88 Heretic; 90 Rakes; 91 Pies; 92 Plum; 94 Geese; 95 Cranberry; 99 Carol; 102 Panto; 104 Inch; 105 Peace; 106 Stall; 107 Ogre; 108 Icing; 110 Bells; 111 Hall; 113 Puss in boots; 114 Crib; 115 Guest; 117 Latin; 119 Issue; 120 Tot; 121 Alter; 122 Star; 123 Sauce; 124 Pecan; 125 Tags.

**DOWN:** 2 Raisins; 3 Mat; 4 Pear; 5 Toboggan; 6 Cigar; 8 Nativity; 9 Yoke; 10 Ale; 11 Currant; 13 Psalms; 16 Amount; 18 Script; 19 Scarce; 22 Angels; 25 Candle; 33 Heroine; 34 Feast; 35 Trek; 36 Saint; 38 Satsuma; 40 Other; 41 Towel; 42 Tinsel; 46 Outset; 47 Sled; 49 Carol singer; 50 Silent night; 51 Wine; 54 Redbreast; 56 Shepherds; 58 Ostrich; 59 Payment; 61 Olive; 64 Niche; 66 Ere; 67 Ten; 71 Hamper; 74 Freeze; 75 Cracker; 76 Reel; 79 Wise; 80 Lantern; 81 Abhor; 82 Oscar; 84 Sweet; 86 Holly; 89 Ebbs; 91 Parcel; 93 Manger; 95 Cherubic; 96 Accost; 97 Ration; 98 Yuletide; 100 Account; 101 Lights; 102 Pebble; 103 Telling; 109 Snoop; 112 Lies; 114 Clan; 116 Sir; 118 Art.

## Real estate group puts its properties on sale



International real estate group RE/MAX is a week into repeating its campaign launched last year for the first time when it put a number of the properties on its listings on sale.

With 210 agencies and more than three thousand associated agents, RE/MAX has placed over 4,000 properties of all shapes and sizes on sale.

The sales period will last until February 28, as is the case with all Portuguese high street retailers.

The real estate group says the average discount a prospective buyer can anticipate will be in the region of 8,800 euros. In some cases, discounts will reach 55,000 euros or 30 per cent of the initial asking value.

The areas with the most number of properties on sale are Albufeira, Portimão, Amadora, Cascais, Sintra, Vila Nova de Gaia, Lisbon and Oporto.

The discounts on offer were previously negotiated with home owners and will be maintained until February 28, where after prices will return to their pre-sale asking values.



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# Fabulous flowers

Winter jasmine  
(*Jasminum polyanthum*)



## Christmas cactus (Schlumbergera)

I just love these low-maintenance houseplants, which burst into bloom around Christmas time, producing a profusion of sizzling flowers on spreading stems in colours from vibrant reds and purples to shimmering pinks. Further hybridising has led to more colours including white, orange and yellow.

The kindest way to treat these plants is to put them on a bright windowsill (but out of full sun) and leave them alone. If you turn them the buds may drop.

Plants in bloom last longer in cooler rooms and you need to

keep the plant on the dry side for a few weeks after flowering and after that water sparingly and never let the plant become waterlogged or let it stand in a saucer full of water.

When plants are larger, re-potting (in ericaceous compost) only becomes necessary when the plant has outgrown the pot, or it does not grow well. If they like their situation and are allowed plenty of light, these plants will flower year after year - it's like an extra Christmas present each December.



Also known as Pink Jasmine.

This is an easy and vigorous species suitable for tropical, sub-tropical and houseplant growing. The full clusters of pink buds form in winter and open to pinkish white, very fragrant flowers. A well grown plant can bloom through to mid spring with some repeats possible into early summer, too. Will thrive against a south facing wall or in partial shade, trailing over a bank or trained up trellis, the stems reaching 4m or more.

## From plot to plate

### Celery

It has a reputation for being difficult, but celery growing has been made easier with self-blanching varieties. It should be sown indoors at least eight weeks before the last frosts and then planted out between April and mid-May, in well conditioned soil which has received the addition of plenty of compost

or rotted manure.

Self blanching varieties can be lifted between July and November, while trench varieties are grown for winter use. Keep the patch weeded but don't cultivate deeply because the roots are close to the surface.

The soil should be kept moist but not waterlogged and you will

need to blanch trench varieties in July when they are around 30cm high, earthing up the stems at intervals so that only the green tips are showing, in order to lengthen and improve the stems.

They can be harvested, removing stalks from the outside of the plants when they are big enough, or by cutting the whole plant at the soil line.



## Three ways to...

### Select healthy bare-root plants

1. Avoid plants with shrivelled or discoloured stems or buds which are starting to grow.
2. Squeeze the rootball between your hands to check its condition. It should be firm and moist. If the netting which is holding the soil around the root is damaged or the soil is too loosely packed, the roots may be drying out.
3. Avoid plants with distorted stems, which may indicate a badly grown plant.

## What's in store

Madge and John Measures

Winter is the time for looking for some colour to brighten our gardens and also to think about shrubs for future years.

**Pansies** are for most people very well known and possibly for this reason overlooked, but their colourful flowers will, with care, continue for many months. The large flowered improved varieties belong to the extensive group of violas. They are hardy and will therefore survive in regions where frost is prevalent. If you buy them while they are in flower

you will be able to colour coordinate them to other plants within the same border. They do best in partial shade, especially in the very hot regions and need a rich, fertile soil mixture that is well drained. They are usually treated as annuals, but one or two will continue for successive years even in the hot Algarve, though they may become straggly. One of the secrets of their continuous flowering is to dead head them weekly and, especially during the summer months, give them water several times weekly.

Several varieties of **Callistemon** - Bottle Brush - shrubs that originated in Australia and Tasmania make very attractive additions to any garden, with possibly the most popular the red flowered *C. citrinus* that reaches up to 5m high. Callistemons like a good soil mixture and thrive well in hot dry situations as well as surviving low temperatures. We have three varieties that, not only survived -8°C during the 2004/5 winter months but have flowered well throughout the successive years. Water well

during the growing season and give a monthly application of a balanced liquid fertiliser. One of the advantages with these small trees is that they are very fast growing and flower from a very early age if given plenty of attention. They also have a second flowering period during the year. But one very important point is that they must not be dead headed as the thin branches on which they have flowered continue to grow with future flowers appearing on the same branch.

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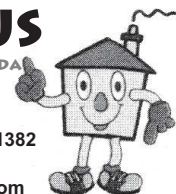
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BBC1

6.00 Breakfast. (T) 10.00 Saturday Kitchen. (T) 11.30 Bill's Food. (R) (T) 12.00 BBC News; Weather. (T) 12.10 Football Focus. (T) 1.00 World Professional Darts Championship. Mark Webster v Ian Jones. (T) 4.15 BBC News; Regional News; Weather. (T) 4.30 Final Score.

5.05 Match of the Day Live: The FA Cup. Aston Villa v Manchester United (Kick-off 5.15pm). Includes news headlines. (T)

7.20 The One and Only. New series. Tribute acts battle it out to win a three-month performing contract in Las Vegas with the renowned Legends in Concert, one of the world's longest-running celebrity impersonator shows. In the first of tonight's two audition programmes, 15 male performers try to prove they've got what it takes as they imitate artists including Robbie Williams, Frank Sinatra, Elton John, Lionel Richie and Rod Stewart. Superfans decide which five boys they want to see in the live rounds, while viewers can also vote for one person to go through, meaning a total of six will make it through to the next stage. Graham Norton hosts. (T)

8.25 The National Lottery Draw. Alesha Dixon presents the Thunderball, Dream Number and Lotto draws. (T)

8.35 Casualty. Abs manages to gain support for strike action in protest against Charlie's redundancy, but it transpires the union will not back him up, so he instead proposes a work-to-rule policy. (T)

9.25 The One and Only. In the second of tonight's two audition shows, 15 female hopefuls go all out to prove they have got what it takes to impersonate artists including Diana Ross, Madonna, Kylie, Dusty Springfield and Cher. (T)

10.25 BBC News; Weather; (T) National Lottery Update.

10.45 Match of the Day. Highlights of today's matches in the third round of the FA Cup, including Aston Villa v Manchester United at Villa Park, Huddersfield Town v Birmingham City at the Galpharm Stadium and Ipswich Town v Portsmouth at Portman Road. This is one of the most eagerly awaited weekends on the football calendars as the top flight and Championship sides enter the competitions, while the minnows aim to cause an upset and write their names into annals of FA Cup history. (T)

12.05 FILM: Tigerland (2000). Gritty drama, starring Colin Farrell. (T) 1.40 FILM: The Tomb of Ligeia (1965). Horror, starring Vincent Price; (T) Weatherview. 3.05 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 Tikkabilla. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Watch My Chops. (R) (T) 7.10 Watch My Chops. (R) (T) 7.25 Arthur. (R) (T) 7.40 Mortified. (R) (T) 8.00 Krypto the Superdog. (R) (T) 8.15 Zombie Hotel. (R) (T) 8.35 Dinosaapien. (R) (T) 9.00 Basil Swap Shop. (T) 10.00 Prank Patrol; (R) (T) Diddy Dick & Dom. (R) (T) 10.30 What's New Scooby-Doo? (R) (T) 10.50 Best of Friends. (R) (T) 11.20 Animalia. (R) (T) 11.45 Sportsround. (T) 12.00 FILM: Broken Arrow (1950). Western, starring James Stewart. (T) 1.30 Film 2007 Films of the Year. (R) (T) 2.00 FILM: The Victors (1963). Wartime drama, starring George Peppard. (T) (bw) 4.25 BBC Switch: Falcon Beach. (T) 5.10 BBC Switch: Sound. (T) 5.45 What the Papers Say. (T) 5.55 World Professional Darts Championship. Including John Walton v Robert Thornton. Coverage continues on the interactive service. (T) 7.25 Porridge. Fletch sorts out Godber's love life. (R) (T) 7.55 Timewatch - Viking Voyage. The voyage of a reconstructed Viking ship. (T) 9.25 Have I Got Old News for You. Another chance to see this edition of the satirical quiz, with host Fern Britton and guest panellists Reginald D Hunter and Adam Boulton. (R) (T) 9.55 FILM: The Village (2004). Premiere. The peaceful existence of a 19th-century village is threatened when a truce with creatures in the nearby forest is broken. Atmospheric thriller, starring Joaquin Phoenix. (T) 11.35 World Professional Darts Championship. (T) 12.25 Darts Extra. (T) 1.15 FILM: The Wogboy (2000). Australian comedy, starring Nick Giannopoulos. (T) 3.20 Close.

Pick of the Day

Match of the Day (BBC1, 10.45pm)

One of the most eagerly anticipated weekends of the football year has arrived, with the third round of the FA Cup taking place, as the top-flight and Championship sides enter the competition and aim to avoid becoming the victims of a famous cup upset. Several ties stand out, with the all-Premier League clash at Villa Park between Aston Villa and Manchester United among them, but much of the focus will be on teams lower down the football hierarchy trying to cause a shock. Middlesbrough, Birmingham City and Portsmouth would all have reacted with a heightened sense of anxiety when the draw was made, as the three Premier League sides have to travel to lower league opposition in Bristol City, Huddersfield Town and Ipswich Town respectively. A sniff of an upset can be sensed in particular at Ashton Gate, with Boro's away form leaving a lot to be desired this season, while Pompey would rather have avoided their trip to Portman Road, where Ipswich have been outstanding so far this term. Elsewhere, holders Chelsea welcome Queens Park Rangers to Stamford Bridge and West Ham United take on Manchester City at Upton Park.

C4

6.20 Making It. (R) 6.25 The Hoobs. (R) (T) 6.50 The Treacle People. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.50 T4: One Tree Hill. (T) 9.50 T4: Freshly Squeezed. 10.25 T4: Friends. (R) (T) 10.55 T4: Pussycat Dolls Present: The Search for the Next Doll. (R) (T) 11.55 T4: Friends. (R) (T) 12.25 T4: Friends. (R) (T) 1.00 T4: Pussycat Dolls Present: The Search for the Next Doll. (R) (T) 2.00 Channel 4 Racing from Sandown Park and Wincanton. Including the 2.40 Anglo Irish Bank Tolworth Hurdle (2m 1/2f). (T) 4.00 Deal or No Deal. (T) 4.50 FILM: The Pink Panther (1963). Crime comedy, starring Peter Sellers. (T) 7.00 Channel 4 News. (T) 7.30 1983: The Brink of Apocalypse. November 8 1983 is recognised by many as one of the most dangerous moments in the history of the Cold War, when a series of accidents nearly unleashed World War Three. On that near-fatal day, senior figures in the Soviet Union had convinced themselves they were about to come under nuclear attack from the West and began preparing for war. The programme explores the sequence of events that led to the potential disaster. (T) 9.00 FILM: Notting Hill (1999). Bookshop owner Hugh Grant falls for film star Julia Roberts in Richard Curtis's smash-hit follow-up to Four Weddings and a Funeral. Cheering romantic comedy, with Rhys Ifans. (T) 11.20 Big Fat Quiz of the Year. (R) (T) 1.30 Comedy Lab: Swizzcall. (R) (T) 2.00 King of the Hill. (T) 2.25 Hitler: The Comedy Years. (R) (T) 3.25 Cutting Edge: Meet the Au Pairs. (R) (T) 4.25 Headland. (R) (T) 5.15 Countdown. (R) (T) 5.55 Close.

FIVE

6.00 Sunrise. 7.00 Milkshake!: Hi-5. (R) (T) 7.40 The Beeps. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.40 Thomas & Friends. (R) (T) 8.55 Fifi and the Flowerbots. (R) (T) 9.05 Roobarb and Custard Too. (R) (T) 9.15 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.30 Franklin. (R) (T) 10.00 Rogue Raiders: Kangaroos. (R) (T) 10.50 Monkey Life. (R) (T) 11.25 FILM: Asterix and Obelix: Mission Cleopatra (2002). Adventure, starring Gerard Depardieu. Dubbed in English. (T) 1.00 FILM: Larry (1974). Fact-based drama, starring Frederic Forrest. (T) 2.40 FILM: Fun with Dick and Jane (1977). Crime comedy, starring George Segal. (T) 4.30 FILM: Corrina, Corrina (1994). Sentimental drama, starring Whoopi Goldberg. (T) 6.35 five news and sport. (T) 6.50 FILM: Police Academy (1984). Steve Guttenberg stars in the first of the long-running comedy series about the misadventures of new recruits at a police training college. (T) 8.30 NCIS. Tony goes undercover to help a prisoner escape as part of his plan to recover millions of dollars' worth of stolen Iraqi art. However, the detainee is not all he seems. (R) (T) 9.25 CSI: Crime Scene Investigation. Part one of two. A shoot-out leaves four people dead, including a police officer. Witnesses claim the cops shot unarmed men - so Grissom resolves to find out the truth. (R) (T) 10.25 Law & Order: Special Victims Unit. (T) 11.25 Criminal Minds. (R) (T) 12.25 Quiz Call. 5.10 Wildlife SOS. (R) (T) 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 Crocodile Hunter Diaries. (R) 10.25 FILM: Shenandoah (1965). American Civil War drama. James Stewart stars. (T) 12.00 FILM: The Ladykillers (1955). Ealing black comedy, starring Alec Guinness. (T) 2.00 ITV News and Weather. (T) 2.10 London Today; Weather. (T) 2.15 Coronation Street. (T) 4.20 Creature Comforts. (R) (T) 4.30 London Today; Weather. (T) 4.45 ITV News and Weather. (T)

5.00 FILM: Willy Wonka & the Chocolate Factory (1971). Children's musical, with Gene Wilder. (T)

6.50 New You've Been Framed! Harry Hill narrates another selection of home-video howlers, including crazy karate moves and badly behaved animals. Thrill-seekers' humorous reactions to roller-coaster rides are caught on camera, and the comedian showcases viewers' mobile phone footage in You've Been Phoned. (R) (T)

7.20 When Britain First Had Talent. Amanda Holden looks back at the history of talent shows and interviews some of the well known faces discovered on them, such as Leona Lewis, Paul Potts, Lenny Henry, Victoria Wood and Joe Pasquale, as well as winners who disappeared from the public eye after their experience of fame. With contributions by Simon Cowell, Piers Morgan, Bonnie Langford and Louis Walsh. (T)

8.20 All Star Family Fortunes. Model Nell McAndrew and designer Laurence Llewellyn-Bowen invite their families to face off in a bid to win up to £30,000 for the charity of their choice. Vernon Kay takes charge for the last episode of the series. (T)

9.05 Who Wants to Be a Millionaire? Dancing on Ice Special. Olympic Ice Dance champions Jayne Torvill and Christopher Dean are first in the hotseat in this themed celebrity special hoping to raise money for the charities of their choice. Also anxious to win big are series one contestant Bonnie Langford and acerbic judge Jason Gardiner. Chris Tarrant hosts the quiz where lifelines Ask the Audience, Phone a Friend and 50-50 are available to the teams if they get stuck. (T)

10.05 FILM: Constantine (2005). Premiere. A man cursed with the ability to see the spirits which stalk the Earth finds himself engaged in a battle to save the world from demons. Supernatural thriller, starring Keanu Reeves. Continues after ITV News and Weather. (T)

11.05 ITV News and Weather; Weather. (T) 11.20 FILM: Constantine (2005). Concluded. (T) 12.30 FILM: Outbreak (1995). Action thriller, starring Dustin Hoffman. (T) ITV News Headlines. 3.00 FILM: Once Around (1991). Romantic comedy, starring Richard Dreyfuss. (T) 4.50 ITV Nightscreen.

LOCAL

**RTP1**  
0630 Childrens TV 0710 Brinca Comigo 0800 Bom Dia Portugal Fim-de-Semana 1100 Automobilismos: Rali Lisboa - Dakar 2008 1300 News 1415 Top + 1530 A Missão de Joan 1730 Scooby Doo Pirates Ahoy, film 1900 O Preço Certo 2000 News 2100 A Voz do Cidadão 2115 Sabe mais do que um miúdo de 10 Anos? 2215 Operação Triunfo 0045 Immortal (Ad Vitam) 0245 Automobilismos: Rali Lisboa - Dakar 2008 0315 Shootfielder II, film

**RTP2**  
0700 Euronews 0730 África 7 Dias 0800 Couto & Coutadas 0830 Entre Pratos 00900 Universidade Aberta 1000 The Moscow Bolshoi Circus 1130 A Minha Família e Outros Animais 1300 Kabommm 1330 Bombordo 1400 Afreganistão - O Tráfico de Heroína 1500 Sport 2 900 Entre Pratos 1930 Kaboom 2100 Diga Lá Excelência 2145 A Hora da Sorte 2200 News 2240 Double Sessions: Films TBA 0245 Sport 0615 Euronews

**SIC**  
0700 Sic Kids 0845 Disney Kids 1030 Chiquititas 1200 Nosso Mundo 1300 News 1430 Extase 1515 Sport: Futsal Freixeiro V Sporting 1700 CSI Miami 2000 News 2130 Os Malucos do Riso 2215 Duas Caras 2345 Hora H 0045 Amistad, film 0400 O Jogo

**TVI**  
0700 Chiden TV 0900 Morangos com Açúcar 1045 O Bando dos Quatro 1215 DeLuxe 1300 News 1400 Os Escolhidos 1600 Film TBA1600 Film 2000 News 0115 Adaptation, film 0530 Telesales

Best of the Rest

**BBC3**  
7.00 Sound 7.30 Dog Borstal 8.30 Top Gear Winter Olympics Special 9.30 Film: Kill Bill: Vol Two 18 (2004) 11.40 Film: Jackie Brown 15 (1997) 2.05 Sex - with Mum and Dad 3.05 Dog Borstal 4.05 Close

**BBC4**  
7.00 The Life and Adventures of Nicholas Nickleby 8.00 The Life and Adventures of Nicholas Nickleby 9.00 Lead Balloon 9.30 Stingray - The Reunion Party 10.00 Film: The Hidden Blade 15 (2005) 12.10 Pop Britannia 1.10 Vienna: City of Dreams 2.40 Pop Britannia 3.40 Stingray - The Reunion Party 4.10 Close

**ITV2**  
1.10 Holiday Airport: Sydney 2.15 Film: Thunderbirds PG (2004) 4.00 The Planet's Funniest Animals 4.30 Emmerdale 7.15 Jk Rowling: A Year in the Life 8.20 Film: Liar, Liar 12 (1997) 10.00 Film: Mission: Impossible PG (1996) 12.05 Film: Out of Sight 15 (1998) 2.20 Smallville 3.05 Movies Now 3.20 Emmerdale 6.00 Close

**Sky One**  
1.00 Stargate SG-1 2.00 Stargate SG-1 3.00 Brainiac: Science Abuse 4.00 Brainiac: Science Abuse 5.00 Malcolm in the Middle 5.30 Malcolm in the Middle 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 Stargate SG-1 8.00 Stargate SG-1 9.00

Film: Journey to the Center of the Earth PG (1999) 11.00 Cold Case 12.00 Las Vegas Uncovered 1.00 Las Vegas Uncovered 1.50 Road Wars 2.40 Pop Years 3.30 Vroom Vroom 4.20 Mission Implausible 5.10 Guilty!

**UKTV Gold**  
1.00 dinnerladies 1.40 My Family 2.20 My Hero 3.00 My Hero 3.40 Doctor Who 4.40 Doctor Who 5.40 dinnerladies 6.20 My Family 7.00 Film: While You Were Sleeping PG (1995) 9.00 The Royle Family 9.40 The Royle Family 10.20 The Royle Family 11.00 The Royle Family 11.40 The Royle Family 12.20 The Royle Family 1.00 The Royle Family 1.40 The Royle Family 2.15 Film: El Mariachi 15 (1992) 3.40 Keeping Up Appearances 4.10 Dallas 5.00 Yes, Prime Minister 5.30 Yes, Prime Minister

**TCM**  
1.00 The Last Time I Saw Paris PG (1954) 3.00 Show Boat U (1951) 4.55 Silk Stockings U (1957) 6.55 Soylent Green 15 (1973) 9.00 Blazing Saddles 15 (1974) 10.40 Brainstorm 15 (1983) 12.35 Shaft 15 (1971) 2.20 Teleshopping 2.40 Brotherly Love 15 (1969) 5.00 Your Cheatin' Heart U (1964)

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Stuck in the Suburbs PG (2004) Family comedy, starring Danielle Panabaker.

MOVIES

Sky Movies Drama

6.25 Oliver Twist PG (2005) 8.40 Goal! 12 (2005) 10.45 The Lake House PG (2006) 12.35 Golden Globes Nominations 1.05 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 3.40 Oliver Twist PG (2005) With Ben Kingsley. 6.00 The Lake House PG (2006) With Sandra Bullock. 8.00 Pirates of the Caribbean: Dead Man's Chest 12 (2006) With Johnny Depp. 10.35 The Libertine 18 (2004) With Johnny Depp. 12.35 Freedomland 15 (2006) With Samuel L Jackson. 2.40 Hard Men 18 (1996) With Vincent Regan. 4.20 Big Spender PG (2003)

Sky Movies Comedy

6.00 Stay Tuned PG (1992) 7.35 Cheaper By the Dozen 2 PG (2005) 9.15 Grease 2 PG (1982) 11.15 Stay Tuned PG (1992) With John Ritter. 12.45 Three Amigos! PG (1986) With Steve Martin. 2.30 Never Been Kissed 12 (1999) With Drew Barrymore. 4.20 Grease 2 PG (1982) With Michelle Pfeiffer. 6.20 Cheaper By the Dozen 2 PG (2005) With Steve Martin. 8.00 Three Amigos! PG (1986) With Steve Martin. 9.45 Stranger than Fiction - Sky Movies Special 10.00 Little Man 12 (2006) With Marlon Wayans. 11.40 The Dukes of Hazzard 12 (2005) With Sean William Scott. 1.25 Never Been Kissed 12 (1999) With Drew Barrymore. 3.15 Little

Man 12 (2006) 4.55 The Perfect Man PG (2005)

Sky Movies Action

6.20 Kiss Kiss Bang Bang 15 (2005) 8.15 Rush Hour 12 (1998) 10.10 Armageddon 12 (1998) 12.45 Conspiracy Theory 15 (1997) With Mel Gibson. 3.10 187 15 (1997) With Samuel L Jackson. 5.15 Kiss Kiss Bang Bang 15 (2005) With Robert Downey Jr. 7.10 16 Blocks 12 (2006) With Bruce Willis. 9.00 Rush Hour 12 (1998) With Jackie Chan. 10.45 Armageddon 12 (1998) With Bruce Willis. 1.20 Death Wish 18 (1974) With Charles Bronson. 3.05 Highlander III: The Sorcerer 15 (1994) 4.50 Angel Flight Down PG (1996)

(R)-repeat programme;

(T)-programmewihtele-

textsubtitles;

(S)-programmebroad-

castinstereo;

(bw)-blackandwhite.

Sky Sports 1

6.00 Live Test Cricket. Australia v India. 7.00 FA Cup Classics 7.30 Big League Weekend 9.00 Soccer AM 12.00 Soccer Saturday 5.30 Test Cricket 7.00 Live Spanish Football. A La Liga match. 9.00 Live Spanish Football. A La Liga match. 11.00 World Sport 11.30 Live Test Cricket. Australia v India.

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Qashqai Urban Challenge: Cologne 9.00 Rugby Union 8.30 Live Test Cricket. South Africa v West Indies. 4.00 Kiteboarding 4.30 Qashqai Urban Challenge: Cologne 5.00 NFL: Total Access 5.55 U Can Do It 6.00 Max Power 7.00 World Sport 7.30 NFL: Who Is? 8.00 NFL: Total Access 8.55 U Can Do It 9.00 NFL: Who Is? 9.30 Live NFL: The Wildcard play-offs. 4.30 NFL: Who Is? 5.00 Qashqai Urban Challenge: Cologne 5.30 Kiteboarding

Sky Sports 3

6.00 Sports Unlimited 7.00 Tight Lines 8.00 Qashqai Urban Challenge: Cologne 8.30 NFL Weekly Review 9.00 NFL: America's Game 10.00 WWE: Smackdown 12.00 WWE: Bottom Line 1.00 NFL: Total Access 2.00 British Ice Hockey 4.00 Max Power 5.00 WWE: Smackdown 7.00 WWE: Bottom Line 8.00 Qashqai Urban Challenge: Cologne 8.30 Test Cricket

Sky Sports Xtra

10.00 Extreme Championship Wrestling 11.00 WWE: Late Night - Smackdown 1.00 WWE: Late Night - Bottom Line 2.00 Kiteboarding 2.30 Max Power 3.30 Kiteboarding 4.00 Spanish Football

British Eurosport

7.30 Dakar Rally 8.00 Dakar Rally 8.30 Biathlon 9.30 Live Alpine Skiing. The World Cup meeting from Adelboden. 10.15 Ski Jumping 10.45 Live Cross-Country Skiing. The World Cup meeting from Val di Fiemme in Italy. 11.30 Live Biathlon. The World Cup meeting in Oberhof. 1.00 Alpine Skiing 1.15 Live Cross-Country Skiing. The World Cup meeting from Val di Fiemme in Italy. 2.00 Live Biathlon. World Cup coverage from Oberhof. 3.30 Live ATP Tennis. The Qatar Open final. 5.15 Biathlon 6.00 Ski Jumping 7.30 Luge 8.00 African Cup of Nations 9.30 Dakar Rally 10.00 Ski Jumping 11.00 French Rugby 12.00 Eurosport Champions 12.30 Dakar Rally 1.00 Close

Sky Sports Xtra

6.00 Race World 7.00 Max Power 8.00 British Ice Hockey 10.00 Max Power 11.00 Racing News 11.30 Tennis 2.30 Kiteboarding 3.00 Race World 4.00 Tennis 7.00 Sports Unlimited 8.00 Super League 10.00 Max Power 11.00 Race World 12.00 Sports Unlimited 1.00 Spanish Football 3.00 Super League 5.00 Sports Unlimited

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BBC1

6.00 Breakfast. (T) 7.40 Match of the Day. (T) 9.00 The Andrew Marr Show. (T) 10.00 The Big Questions. (T) 11.00 Countryfile. (T) 12.00 BBC News. (T) 12.05 Cash in the Attic. (R) (T) 12.50 Keeping Up Appearances. (R) (T) 1.50 Match of the Day Live: The FA Cup. Burnley vs Arsenal (Kick-off 2.00pm). (T) 4.15 A Question of Sport. (T) 4.45 Songs of Praise. (T)

5.20 BBC News; Regional News: Weather. (T) 5.45 Match of the Day Live: The FA Cup. Stoke City v Newcastle United (Kick-off 6.00pm). (T)

8.00 Antiques Roadshow. Michael Aspel and the team brave the Scottish weather in a visit to the Queen Mother's former residence, the Castle of Mey. They value a host of local curiosities including a buoy made using dog skin from the Orkney Islands and a collection of regency clothing fit for a Jane Austen period drama. (T)

9.00 Sense and Sensibility. Colonel Brandon is called away on urgent business, leaving Marianne free to fall blissfully in love with Willoughby - until he too suddenly leaves for London. Meanwhile, Elinor has a disappointing meeting with Edward, but the reasons for his distant behaviour become clear when Sir John's niece Lucy Steele entrusts her with a shocking secret. (T)

10.00 BBC News; Weather. (T)

10.20 Damages. New American drama series set in the world of high-stakes litigation in New York. An ambitious graduate joins a high-profile courtroom lawyer to expose a billionaire's stock market manipulation. Starring Glenn Close, Ted Danson and Rose Byrne. (T)

11.15 FILM: Kate & Leopold (2001). Romantic comedy, starring Hugh Jackman; (T) Weatherview.

1.10 Sign Zone: Clash of Worlds. (R) (T) 2.10 Sign Zone: Holby City. (R) (T) 3.10 Sign Zone: Animal Park: Wild on the West Coast. (R) (T) 4.10 Sign Zone: Heir Hunters. (R) (T) 4.55 BBC News 24. (T)

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LOCAL

RTP1  
0630 Brinca Comigo 0800 OS Anímais mais Mortíferos do Mundo 0900 Eucaris Domínical 1000 Automobilismo : Rali Lisboa - Dakar 2008 1200 Magazine: Taça da Liga - Carlsberg Cup 1230 Contra 1300 News 1415 Só Visto 1515 Losy 1600 Jurassic Park, film 1800 Operação Triunfo 2000 News 2100 As Escolhas de Marcelo Rebelo de Sousa 2130 Conta-me Como Foi 2230 Diz Que é uma Espécie de Revelação 0000 O Amor é Uma Grande Aventura 0145 Automobilismo: Rali Lisboa Dakar

RTP2  
0700 Euronews 0800 Músicas de África 0900 Caminhos 0930 70x7 1000 Nós 1045 Da Terra ao Mar 1115 Consigo 1200 Vida Por Vida 1230 National Geographic 1330 Entre Pratos 1400 Reclame 1445 A Voz do Cidadão 1600 Sport 2 1900 Couto & coutadas 1930 A Alma e a Gente 2000 Bombordo 2030 The Simpsons 2100 A História da Índia 2200 News 2240 Câmara Clara 2350 Britcom 0050 Onda Curta 0150 A Alma e a Gente 0200 Sport

SIC  
0700 Floribella 0830 Sic Kids 1030 Ciquitais 1200 BBC Wild Life 1300 News 1400 Família Superstar 1700 Film TBA 2000 News 2130 Os Mini Malucos do Riso 2215 Dvas Caraz 2345 Aui não há quem Vias 0045 Entourage, film 0145 Sins of the father, film 0330 Amazônia 0415 O jogo

TVI  
0645 Children's TV 0900 Morangos Com Açúcar 1100 Missa Braga 1230 Oitavo Dia 1300 News 1410 Top+1530 Círculo: Tom de Flandre 1630 Film TBA 1845 O Preço Certo 1945 A Voz do Cidadão 2000 News 2130 Morangos Com Açúcar 2230 Iha dos Amores 2330 Dose Fugitiva 0130 Film TBA 0215 Tocca a Ganhar 0330 O Escritório 0400 Film TBA 0500 Teleseleções



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 Tikkabilla. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.20 BB3B. (R) (T) 7.45 The Secret Show. (R) (T) The Secret Show. (R) (T) 8.10 Thumb Wrestling Federation: TWFF. (R) (T) 8.15 Skunk Ful (R) (T) 8.30 Raven. (R) (T) 9.00 Hider in the House. (T) 10.00 Something for the Weekend. (R) (T) 11.30 Animal Park. (R) (T) 12.00 EastEnders. (T) 3.00 World Professional Darts Championship. Martin Atkins v Andy Boulton. (T) 4.45 Puffin Island. (R) (T) 4.55 Natural World. (R) (T) 5.45 World Professional Darts Championship. Including Scott Waites v Mike Veitch. Coverage continues on the interactive service. (T) 7.00 Coast: The Journey Continues. Part one of two. Neil Oliver presents highlights of the past two series. (R) (T) 8.00 The Best of Top Gear. Highlights of the series. (T) 9.00 Timewatch - Bloody Omaha. Richard Hammond tells the true story of the D-Day landing at Omaha beach in Normandy. Widely regarded as a great victory, the landing was very nearly an unimaginable disaster. 10.00 FILM: Sin City (2005). Premiere. Stylish comic-book thriller following a collection of intertwined stories, including that of a soft-hearted thug out to avenge the murder of a prostitute. Mickey Rourke and Bruce Willis star. (T) 11.55 Best of the Graham Norton Show. Highlights from the first two seasons of the chat show. (R) (T) 12.25 World Professional Darts Championship. (T) 1.15 FILM: Primal Force (1999). Adventure, starring Ron Perlman. (T) 2.45 BBC News 24. (T) 4.55 Close.

Pick of the Day

Foyle's War (ITV1, 9pm)

The sixth series of the acclaimed drama begins with the quietly enigmatic detective at home writing his memoirs, having resigned as Detective Chief Superintendent of Hastings Police Station. Sam has had to find a new job after being sacked as a police driver, and she's been keeping busy in her spare time by typing up Foyle's memoirs. Meanwhile, back at the police station, DCS Meredith is the new man in charge. Fed up with his new boss, Milner has applied for a transfer. But before he leaves for pastures new, he sets about cracking a large fraud case involving false transportation claims that have cost the War Office thousands of pounds. The criminal mastermind behind this scam is Burton, a well-connected man who warns Milner off the trail. But when DCS Meredith is killed after being shot outside Hastings police station, Foyle is forced to return to his old job and piece together the evidence to catch the killer. Michael Kitchen returns to the starring role and he is ably supported by Honeysuckle Weeks, Anthony Howell and Julian Ovenden.

C4

6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 The Treacle People. (R) (T) 7.00 Transworld Sport. (T) 7.55 World Cup Skiing. 8.55 T4: The OC. Ryan and Marissa struggle with their feelings. (R) (T) 9.55 T4: Hollyoaks. (T) 12.25 T4: Friends. (R) (T) 1.00 T4: Friends. (R) (T) 1.35 T4: Smallville. (T) 2.35 T4: Smallville. (T) 3.35 T4: The Simpsons. (R) (T) 4.10 T4: The Simpsons. (T) 4.45 Britain's Worst Weather. (R) (T) 5.45 Time Team. (T) 6.45 Channel 4 News. (T) 7.00 Picture This. New series. Six photographers compete for a publishing contract and the opportunity to have their work exhibited in an internationally renowned gallery. (T) 8.00 Half Ton Mum. Documentary following the world's heaviest woman, 64-stone Renee Williams, as she undergoes dangerous weight reduction surgery for the sake of her two young daughters. (R) (T) 9.00 FILM: Gladiator (2000). Oscar-winning epic in ancient Rome, starring Russell Crowe as a gladiator determined to exact revenge on the emperor responsible for the death of his wife and child. With Joaquin Phoenix. (T) 11.50 FILM: Rain Man (1988). Emotional drama, starring Dustin Hoffman and Tom Cruise. (T) 2.15 The Oldest People in the World. 3.15 The Final Communique. (R) 3.20 Cutting Edge: The Animal AU Pair. Conclusion. Animal trainer Jackie Rowberry searches for an au pair. (R) (T) 4.20 Headland. (R) (T) 5.10 Countdown. (R) (T)

FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) 6.10 Mio Mao. (R) (T) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (R) (T) 6.25 Thomas & Friends. (T) 6.35 Angels of Jam. (R) (T) 6.45 Franny's Feet. (R) (T) 6.55 Hi-5. (R) (T) 7.30 The Beeps. (R) (T) 7.40 Rupert Bear. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.20 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.50 Fifi and the Flowertots. (R) (T) 9.00 Roobarb and Custard Too. (R) (T) 9.10 The Adventures of Bottle Top Bill and His Best Friend Corky. (R) (T) 9.30 Franklin. (R) (T) 10.00 Hannah Montana. (T) 10.30 Hannah Montana. (T) 11.00 Rogue Raiders. (R) (T) 11.55 Monkey Life. (R) (T) 12.25 FILM: MVP2: Most Vertical Primate (2001). Premiere. Comedy sequel, starring Richard Karm. (T) 2.05 FILM: Battle of the Bulge (1965). World War Two adventure, starring Robert Shaw. 4.50 FILM: Getting Even with Dad (1994). Family comedy, starring Macaulay Culkin. 6.50 five news and sport. (T) 7.00 FILM: Man of the House (2005). Premiere. A tough lawman is sent to protect a squad of perky cheerleaders after they witness a murder - but the assignment proves more complicated than anticipated. Comedy, starring Tommy Lee Jones; 7.00 five news at 9. 9.00 FILM: The Family Man (2000). A successful businessman is given the chance to find out what life would have been like if he hadn't abandoned his loving girlfriend. Drama, starring Nicolas Cage. 11.25 Disorderly Conduct. (R) (T) 12.25 ITU Triathlon. 1.20 NFL Classic. (R) 2.30 Boxing: Fight of the Week. 3.20 Now Is the Time: Night of Combat - Kick Boxing. 4.10 Now Is the Time: Night of Combat - Kick Boxing. 5.00 Boxing Classics. (R) 5.35 Motorsport Mundial.

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Jim Jam & Sunny. (T) 9.40 Paz. (R) (T) 9.50 Jim Jam & Sunny. (T) 10.05 FILM: Big Fat Liar (2002). Premiere. Comedy, starring Frankie Muniz. (T) 11.40 ITV News and Weather. (T) 11.50 London Today: Weather. (T) 11.55 FILM: Evil Under the Sun (1982). Mystery, starring Peter Ustinov. (T) 2.00 FILM: The Mirror Crack'd (1980). Agatha Christie mystery, starring Angela Lansbury. (T) 4.00 After Thoms. (R) (T)

6.00 London Tonight: Weather. (T)

6.15 ITV News and Weather. (T)

6.30 The Funny Side of the Farm. Celebrating the lighter side of Emmerdale, featuring the funniest scenes, snappiest one-liners and greatest comedy stunts, plus an insight into the soap's best-loved characters. (T)

7.30 Coronation Street. Maria races to get help for Liam and finds her way back to the hotel. Fizz decides to end her relationship with John, and Michelle tells Ryan the police have caught the stalker. (T)

8.00 Heartbeat. When Lesley Ashton (former Emmerdale actress Emma Atkins) arrives in Aidsfield looking for Don, it's quickly clear that he is less than happy to see her, but despite his cool welcome she seems determined to make a new life for herself in the village. Elsewhere, Gina is pleased to be offered accommodation at the pub, Bernie receives a surprising offer from the recently widowed Iris Grocott and Ralph Spurling seeks Oscar's services as a private investigator after his house is broken into. Dominic Jephcott and Ann Mitchell guest star. (T)

9.00 Foyle's War. New series of the wartime crime drama, starring Michael Kitchen. When a young RAF man is found hanging in a wood, Meredith - the new DCI at Hastings - is quick to dismiss it as a straightforward suicide. However, an aerial photo of a German village found in the dead man's pocket leads Milner to suspect murder. The newly retired Foyle is compelled to return to service when events take an even more unexpected turn. Guest starring Nicholas Day. (T)

11.00 ITV News and Weather: Weather. (T)

11.10 Kevin Spacey at the Old Vic: The South Bank Show. Melvyn Bragg meets the American actor in his fourth season as artistic director of the south London theatre. He talks about his 10-year commitment to all aspects of the project. (T)

12.10 FILM: The Life of David Gale (2003). Premiere. Drama, starring Kevin Spacey; (T) ITV News Headlines. 2.40 Forever; (R) (T) ITV News Headlines. 3.35 Karen Sisco. (R) (T) 4.15 People's Court. (R) (T) 5.10 ITV Nightscreen.

LOCAL

Best of the Rest

MOVIES

SPORT

Sky Movies Drama

6.00 The Derby Stallion PG (2005)  
7.50 Madison 15 (2001) 9.40 A Good Woman PG (2004) 11.30 The Derby Stallion PG (2005) With Bill Cobbs. 1.20 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 3.50 Stranger Than Fiction - Special 4.10 Madison 15 (2001) With Jim Caviezel. 5.55 A Good Woman PG (2004) With Helen Hunt. 7.30 Golden Globes Nominations 8.00 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 10.25 The Bodyguard 15 (1992) With Kevin Costner. 12.35 North Country 15 (2005) With Charlize Theron. 2.45 Salvador 18 (1986) With James Woods. 4.50 The Derby Stallion PG (2005)

Sky Movies Comedy

6.40 Like Mike 2: Streetball PG (2006) 8.20 In & Out 12 (1997) 9.55 Madagascar U (2005) 11.25 Just Like Heaven PG (2005) With Reese Witherspoon. 1.10 Click 12 (2006) With Adam Sandler. 3.10 The Man 12 (2005) With Samuel L. Jackson. 4.45 Madagascar U (2005) With Ben Stiller. 6.15 Just Like Heaven PG (2005) With Reese Witherspoon. 8.00 Click 12 (2006) With Adam Sandler. 10.00 American Pie Presents: The Naked Mile 15 (2006) 8.20 In & Out 12 (1997) 9.55 Madagascar U (2005) 11.25 Just Like Heaven PG (2005) With Reese Witherspoon. 1.10 Click 12 (2006) With Adam Sandler. 3.10 The Man 12 (2005) With Samuel L. Jackson. 4.45 Madagascar U (2005) With Ben Stiller. 6.15 Just Like Heaven PG (2005) With Reese Witherspoon. 8.00 Click 12 (2006) With Adam Sandler. 10.00 American Pie Presents: The Naked Mile 15 (2006) 8.20 In & Out 12 (1997) 9.55 Madagascar U (2005) 11.25 Just Like Heaven PG (2005) With Reese Witherspoon. 1.10 Click 12 (2006) With Adam Sandler. 3.10 The Man 12 (2005) With Samuel L. 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## BBC1

6.00 Breakfast. (T) 9.15 Wanted Down Under. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.45 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Bear Behaving Badly. (R) (T) 3.45 Skunk Fu! (T) 4.00 S'Mart; (R) (T) Thumb Wrestling Federation: TWF. (R) (T) 4.30 The Revenge Files of Alistair Fury. (T) 5.00 MI High. (T) 5.25 Newsround. (T)

- 5.35 Neighbours. Toadie is left reeling after Steph turns down his proposal. Declan and Bridget take another joyride and Karl almost catches Rachel as she returns the stolen exam to Susan's bag. (R) (T)
- 6.00 BBC News; Weather. (T)
- 6.30 Regional News Programmes; Weather. (T)
- 7.00 The ONE Show. (T)
- 7.30 Elephant Diaries. New series. A look at the life of orphaned baby elephants and the dedicated keepers who care for them. In the first programme, Michaela Strachan catches up with Luaileni, to see if the situation of the orphan who watched her mother die has improved one year on. Jonathan Scott travels to Tsavo, where old elephant Emily has a surprise for him; (T) BBC News: Regional News. (T)
- 8.00 EastEnders. Tanya struggles to cope on her own with the salon and the kids, and makes a show of herself in the Vic. Ronnie fails to get to the bottom of Jack's dispute with Phil, who takes out his frustrations on barrels in the cellar. Darren confesses to Keith he's finding life hard without Kevin, and Vinnie's personal circumstances are finally revealed. (T)
- 8.30 Panorama. Jeremy Vine presents a report on how to protect children on the Internet, demonstrating the ease and speed with which predators can target youngsters online. (T)
- 9.00 Road Rage: The Battle for Britain's Roads. A look at violence and abuse between motorists, cyclists, wardens and police, using hidden camera footage from Britain's busiest roads and telling the stories of the victims and perpetrators of road rage. Plus, a group of naked cyclist rallies to reclaim the streets. (T)
- 10.00 BBC News at Ten O'Clock. (T)
- 10.25 Regional News; Weather. (T)
- 10.35 Lenny Henry-TV. New series. Chris Tarrant joins the Black Country comic to look at a selection of humorous Internet video clips, including amateur bu band wannabes, a cup-stacking contest in Denver and chickens playing football. (T)
- 11.05 FILM: Cocoon (1985). Light-hearted fantasy, starring Jessica Tandy. (T) Weatherview.
- 1.00 Sign Zone: Facehooked. (R) (T) 1.30 Sign Zone: Jam & Jerusalem. (R) (T) 2.10 Sign Zone: Animal Park: Jam on the West Coast. (R) (T) 3.10 Sign Zone: Heir Hunters. (R) (T) 3.55 BBC News 24.



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Pozzie. 7.00 CBBC: Jakers! (R) (T) 7.20 Newsround. (T) 7.25 Only in America; (R) (T) Bernard. (T) 8.00 Adventure Florida. (T) 8.30 CBeebies: Mr Maker. (T) 8.50 Charlie and Lola. (T) 9.00 Toddworld. (R) (T) 9.15 The Large Family; (T) Pozzie. (R) 9.30 Mama Mirabelle's Home Movies. (R) (T) 9.45 Boogie Beebies. (R) (T) 10.00 In the Night Garden. (R) (T) 10.30 Schools: Around Scotland. (T) 10.50 Starship. (T) 11.10 Razzledazzle. (T) 11.30 Watch. (T) 11.45 Watch. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: KS2 Science Clips. (T) 1.10 KS2 Science Clips. (T) 1.20 BBC Primary Geography. (T) 1.30 World Professional Darts Championship. (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (T) 6.00 Animal Park. (T) 7.00 World Professional Darts Championship. Live coverage of the remaining first-round matches on day three at the Lakeside Country Club in Frimley Green, including the clash between Ted Hankey and Steve West. Coverage continues on the interactive service. (T) 8.00 University Challenge. (T) 8.30 MasterChef. (T) 9.00 FILM: The Others (2001). A mother struggling to care for her light-sensitive children grows increasingly sure their isolated Jersey home is haunted. Atmospheric supernatural horror, starring Nicole Kidman. (T) 10.30 Newsnight; Weather. (T) 11.25 World Professional Darts Championship. (T) 12.15 Darts Extra. (T) 2.00 BBC Learning Zone. (T)

## C4

5.55 Making It. (R) 6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 The Treacle People. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.25 Will & Grace. (R) (T) 9.55 Without a Trace. (R) (T) 10.55 ER. (R) (T) 11.50 Rescue Remedies. (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 A Place in Greece. (R) (T) 1.35 In Your Dreams. (T) 1.45 FILM: Appointment in London (1952) Wartime drama, starring Dirk Bogarde. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Viewing Figures. New series. Viewers reveal what they watch on TV. (T) 8.00 10 Years Younger: Winter Sun Bikini Special. An Essex-born woman is transformed. (R) (T) 9.00 Hugh's Chicken Run. New series. Hugh Fearnley-Whittingstall challenges Britain's chicken consumption. (T) 10.00 FILM: Dawn of the Dead (2004). A plague creates an army of zombies with an appetite for destruction, forcing survivors to retreat to a shopping mall. Remake of the classic horror, starring Sarah Polley. (T) 11.55 Partypoker.com Celebrity Late Night Poker. 1.00 Animate! TV. (R) (T) 2.00 3 Minute Wonder: AIR. (R) (T) 2.10 World Cup Skiing. 4.00 Richard & Judy. (R) (T) 5.00 Picture This. (R) (T)

## FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) (T) 6.10 Mio Mao. (R) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (R) (T) 6.25 Thomas & Friends. (T) 6.35 The Save-Ums! (R) (T) 6.50 Animal Families. (T) 7.00 Franny's Feet. (R) (T) 7.20 Little Princess. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.40 Rupert Bear. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fill and the Flowerlots. (R) (T) 8.20 Big School. (R) (T) 8.30 Peppa Pig. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.50 Pooty. (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 RSPCA: Have You Got What It Takes? (R) (T) 1.30 FILM: Chasing Secrets (1999). Drama, starring Diana Reese. (T) 3.30 five news update. (T) 3.40 FILM: Columbo: Caution - Murder Can Be Hazardous to Your Health (1991). Crime drama, starring Peter Falk. 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 Rough Guide to Beaches. New series, offering opinion on consumer travel. (T) 8.00 Nigel Marven's Shark Island. Exploring Cocos Island off the coast of Costa Rica. (R) 9.00 FILM: Shadow Man (2006). Premiere. Violent thriller, starring Steven Seagal in his usual generic role as a former CIA agent, this time setting out to free his kidnapped daughter and foil a terrorist plot. With Imelda Staunton. 11.00 FILM: Ignition (2001). Thriller, starring Bill Pullman. 12.55 NBA 360. 1.35 US Tour Golf. 2.25 AMA Supercross. 3.15 Race and Rally UK. 3.40 V8 Supercars. 4.30 UEFA Cup Football. (R)

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 A Touch of Frost. (R) (T) 4.00 The Royal Today. (T) 4.29 London Weather. (T) 4.30 Dickinson's Real Deal. (R)

- 5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)
- 6.00 London Tonight; Weather. (T)
- 6.30 ITV Evening News; Weather. (T)
- 7.00 Emmerdale. Carrie ends her relationship with Jimmy when she realises her love is not reciprocated and he still has feelings for Kelly. Jonny's dance class doesn't go down well with the locals, which gives Viv food for thought. Meanwhile, Chas and Lexi continue their revenge campaign against Ross and plaster nude photographs of him around the village. (T)
- 7.30 Coronation Street. Maria has difficulty explaining the location of the ravine to the rescue team, but they eventually find the injured Liam and he's winched into a chopper, where the paramedics are relieved to detect a faint pulse and rush him off to hospital. Meanwhile, Rosie has a hard time on her first day back at school and Sally gets into a fight with Janice at the factory. (T)
- 8.00 To Catch a Predator: Tonight. Mark Williams-Thomas exposes the danger to youngsters posed by paedophiles lurking in Internet chat rooms, revealing how an undercover operation caught a man trying to groom a 12-year-old. (T)
- 8.30 Coronation Street. Maria's world is in chaos as she keeps vigil by Liam's bed, haunted by the thought he's been calling out for Carla instead of her, while Jack and Vera are suddenly hit by the reality of their planned move to Blackpool. (T)
- 9.00 Wire in the Blood. One-off feature-length thriller, in which clinical psychologist Dr Tony Hill (Robson Green) leaves behind the familiar streets of Bradford and visits America to appear as an expert witness in the trial of an Iraq combat veteran accused of multiple murder. Sweltering heat and venomous snakes are among the difficulties he faces while struggling with the complexities of the US legal system. With Brad Hawkins and Naima Imani Lett. (T)
- 10.30 ITV News; Weather. (T)
- 11.00 FILM: Predator (1987). Action thriller, starring Arnold Schwarzenegger. (T)
- 1.05 Nightwatch: Crime; ITV News Headlines. 2.50 Moving Day. (R) (T) 3.45 ITV Nightscreen.

## LOCAL

### RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 Jornal da Tarde 1515 Prova de Amor 1515 Portugal no Coração 1800 Portugal em Directo 1850 Operação Triunfo 1902 O Preço Certo 2000 News 2100 Notícias Soltas 2130 Sabe Mais do que Um Mídio de 10 Anos? 2230 PRs e Contrás 0130 Operação Triunfo 0200 Autobilismo: Rali Lisboa - Dakar 0800 0230 Highwayman, film 0430 Teleales 0605 Nós

### RTP2

0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Da Terra ao Mar 1600 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1905 Eurodeputados 1945 Zig Zag 2004 Friends 2150 A Hora da Sorte 2200 News 2240 Seis Grãos 2330 Bastidores 0030 Noites 0115 Universidades 0145 Discovery Hour 0245 Diga Lá Excelência 0310 Eurodeputados 0415 Sociedade Civil 0545 Euronews SIC

0700 Floribella 0830 Sic Kids 0915 Floribella 1000 Fátima 1300 News 1415 Desejo Proibido 0115 Eterna Magia 1545 Contato 1800 Sete Pecados 1900 A Ganhar é qie a Gente se Entende 2000 News 2130 Os Malucos do Riso 2215 Dous Caraz 2330 Resistirei 0030 CSI Miami 0130 Max Q. Emergency Landing, film 0330 Quando o Telefone Toca

### TV

0700 Diário da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ficar 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Docas Fugitivas 2315 Tu e Eu 0015 Desaparecido Film TBA 0430 Que Loucura de Família VII 0500 Teleales

## Best of the Rest

### BBC3

7.00 Doctor Who 7.50 Doctor Who Confidential 8.00 Dog Borstal 8.30 Film: Freaky Friday PG (2003) 10.00 EastEnders 10.30 Kill It, Cook It, Eat It 11.30 Family Guy 11.55 Family Guy 12.15 The Mighty Boosh 12.45 Kill It, Cook It, Eat It 1.40 Dog Borstal 2.10 Doctor Who Confidential 2.25 The Mighty Boosh 2.55 Fat Men Can't Hunt 3.55 Close

### BBC4

7.00 World News Today 7.00 Weather 7.30 The Sky at Night 8.00 Top of the Pops - The True Story 9.00 Top of the Pops - 1968 9.30 Juke Box Jury 10.00 The Story of Light Entertainment 11.30 The Old Grey Whistle Test Story 12.10 When the Stranglers Met Roland Rat 1.10 Dance Britannia 2.10 Last Man in Hammersmith Palais 3.10 Brits Can't Dance 3.40 The Sky at Night 4.10 Close

### ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 Smallville 8.00 Airline 8.30 Airline 9.00 Film: Lethal Weapon 18 (1987) 11.10 Coronation Street 12.10 Film: The Guru 15 (2002) 1.55 Teleshopping 4.25 ITV2 Nightscreen 6.00 Close

### Sky One

1.00 Lion Man 3.10 Lion Man 2.00 Lost 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Malcolm in the Middle 7.00

The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Road Wars 10.00 Film: RoboCop 18 (1987) 11.55 Australia Uncovered 12.55 The Villa 1.50 Mile High 2.45 Naked in Blackpool 3.40 America's Dumbest Criminals 4.10 Futurama: Welcome to the World of Tomorrow 4.20 Red Light Girls 5.10 Guilty!

### UKTV Gold

1.20 The Two Ronnies Sketchbook 2.00 The Thin Blue Line 2.40 dinnerladies 3.20 Keeping Up Appearances 4.00 The Two Ronnies Sketchbook 4.40 The Thin Blue Line 5.20 My Family 6.00 The New Adventures of Old Christine 6.30 The New Adventures of Old Christine 7.00 New Tricks 8.00 New Tricks 9.00 Film: Lara Croft: Tomb Raider - The Cradle of Life 12 (2003) 11.15 Film: Black Hawk Down 15 (2001) 1.55 Two Pints of Lager and a Packet of Crisps 2.25 Hamish Macbeth 3.15 Close Up 3.25 The Bill 4.15 Close Up 4.25 Casualty 5.15 Neighbours 5.35 Neighbours

### TCM

1.00 The Happy Years U (1950) 3.00 The Yellow Rolls-Royce PG (1939) 7.00 Brass Target PG (1978) 9.00 The Dirty Dozen 15 (1967) 11.35 Cool Breeze 15 (1972) 1.40 Teleshopping 2.00 Grand Prix PG (1966) 5.00 Colorado Territory PG (1949)

### The Disney Channel

Kids' programmes from 7am, except:

## MOVIES

### Sky Movies Drama

6.35 Hockey Mom PG (2003) 8.10 Secret of the Andes PG (1998) 9.55 The White Countess PG (2005) 12.10 Hockey Mom PG (2003) With Jessalyn Gilsig. 1.45 The Great Gatsby 12 (1974) With Robert Redford. 4.10 Between Love and Honor PG (1995) With Grant Show. 5.45 The White Countess PG (2005) With Ralph Fiennes. 8.00 The Great Gatsby 12 (1974) With Robert Redford. 10.25 Must Love Dogs 12 (2005) With Diane Lane. 12.10 The Exorcism of Emily Rose 15 (2005) With Laura Linney. 2.20 The Scarlet Letter 15 (1995) With Demi Moore. 4.45 Secret of the Andes PG (1998)

### Sky Movies Comedy

6.15 Home Team PG (1998) 8.00 Carolina PG (2003) 9.45 Family Close Up 10.15 Stick It PG (2006) 12.00 There's Something About Mary 15 (1998) With Cameron Diaz. 2.10 Stranger than Fiction - Sky Movies Special 2.30 Elizabethtown 12 (2005) With Orlando Bloom. 4.40 Deuce Bigalow: European Gigolo 15 (2005) With Rob Schneider. 6.15 Stick It PG (2006) With Jeff Bridges. 8.00 There's Something About Mary 15 (1998) With Cameron Diaz. 10.00 Elizabethtown 12 (2005) With Orlando Bloom. 12.10 Deuce Bigalow: European Gigolo 15 (2005) With Rob Schneider. 1.40 How To Be a Player 18 (1997) With Bill Bellamy. 3.25 My Fellow

Americans PG (1996) 5.10 Home Team PG (1998)

### Sky Movies Action

7.00 The Dogs of War 15 (1980) 9.10 Derailed 15 (2005) 11.10 Legionnaire 15 (1998) With Jean-Claude Van Damme. 1.05 Speed 2: Cruise Control PG (1997) With Sandra Bullock. 3.15 The Dogs of War 15 (1980) With Christopher Walken. 5.15 Derailed 15 (2005) With Jennifer Aniston. 7.15 Legionnaire 15 (1998) With Jean-Claude Van Damme. 9.00 Speed 2: Cruise Control PG (1997) With Sandra Bullock. 11.10 Domino 15 (2005) With Keira Knightley. 1.20 Death Wish IV: The Crackdown 18 (1987) With Charles Bronson. 3.05 Internal Affairs 18 (1990) 5.05 Volcano: Fire on the Mountain PG (1997)

### (R)-repeat programme;

### (T)-programme with tele-

### text subtitles;

### (S)-programme broadcast

### ing stereo;

### (bw)-black and white.

## SPORT

### Sky Sports 1

6.00 Good Morning Sports Fans 9.00 FA Cup Special 10.30 Spanish Football 12.00 FA Cup Special 2.00 Spanish Football 4.00 FA Cup Special 5.30 Soccer AM: The Best Bits 6.30 Big League Weekend 7.30 Monday Night Live. Linfield v Cliftonville (Kick-off 7.45pm). 10.00 Big League Weekend 11.00 Soccer AM: The Best Bits 12.00 Monday Night Football 1.30 Big League Weekend 2.30 Soccer AM: The Best Bits 3.30 Close

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Bottom Line 8.00 Rugby Union 9.30 High Altitude 10.00 Test Cricket 12.00 NFL 3.00 Test Cricket 4.00 Rugby Union 5.30 High Altitude 6.00 FEI Equestrian World 6.30 Test Cricket 7.30 NFL 10.30 Airsports World 11.00 World Sport 1.30 FEI Equestrian World 2.00 Close

### Sky Sports 3

11.00 Racing News 11.30 Aerobics Oz Style 12.00 Rugby Union 1.30 Kiteboarding 2.00 High Altitude 2.30 Powerboating 3.30 Max Power 4.30 Kiteboarding 5.00 WWE: Raw 7.00 Show Jumping 8.00 Test Cricket 9.00 Airsports World 9.30

High Altitude 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Afterburn 12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

### British Eurosport

7.30 Dakar Rally 8.00 Winterpark Weekend 8.30 Ski Jumping 10.00 Biathlon 10.30 Biathlon 11.00 Dakar Rally 11.30 Eurosport Champions 12.00 Show Jumping 1.00 Biathlon 1.30 Live Volleyball, Italy v Holland. 3.30 ATP Tennis 4.30 Eurosport Champions 5.00 Eurogoals 5.45 Eurosport Champions 6.15 Dakar Rally 6.30 Live Volleyball. Spain v Poland. 8.30 Timbersports Series 9.00 Dakar Rally 9.45 euroCRASH! 10.00 African Cup of Nations 11.00 Eurogoals 11.45 Dakar Rally 12.30 Close

### Sky Sports Xtra

4.00 High Altitude 4.30 Aerobics Oz Style 5.00 Show Jumping 6.00 Airsports World 6.30 Wild Spirits 7.00 World Motor Sport 9.30 FEI Equestrian World 10.00 Show Jumping 11.00 High Altitude 11.30 Wild Spirits 12.00 FEI Equestrian World 12.30 Airsports World 1.00 High Altitude 1.30 Wild Spirits 2.00 Close

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<sup>(2)</sup> Installation costs €40 per hour and is not available in every area.

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## BBC1

6.00 Breakfast. (T) 9.15 Wanted Down Under. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.45 Cash in the Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Bear Behaving Badly. (R) (T) 3.45 Skunk Fu! (T) 4.00 Prank Patrol. (R) (T) 4.25 Thumb Wrestling Federation: TWFF. (R) (T) 4.30 Best of Friends. (T) 5.00 Blue Peter. (T) 5.25 Newsround. (T)

5.35 Neighbours. Steph chooses her friends when it comes down to a choice between them and the council. Bridget and Dedan narrowly escape unscathed from the race and Rosie learns more about Diana. (R) (T) BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 EastEnders. Although suspicious about Rainie's motives for returning to the Square, Tanya realises her sister could offer the support she desperately needs. Ronnie is grateful to Jack when he intervenes to solve a crisis at the club, and Keith has a plan to lift Darren's spirits. An ever-romantic Heather goes all out to get Shirley and Vinnie together; (T) BBC News; Regional News. (T)

8.00 Holby City. Connie's insensitive attitude starts to lose her the team's respect as injured staff members return to work at the end of their sick leave. When a complaint is made against her, she has to work hard to regain support or risk being moved aside as Darwin is restructured. Stuart is uncomfortable with Kyla's over-familiarity outside their AA meetings, and falls out with Christie over her friendship with Sam. (T)

9.00 Mistresses. New drama series following four thirtysomething women whose lives are all touched by infidelity. In the first episode, friends tease GP Katie about her single status, little realising she's been having an affair with a terminally ill patient for the past two years. However, she isn't the only one who's hiding adulterous secrets. Sarah Parish, Sharon Small, Shelley Conn and Ora Brady star. (T)

10.00 BBC News at Ten O'Clock. (T)

10.25 Regional News; Weather. (T) 10.35 One Foot in the Grave. The Meldrews, Mrs Warboys and Nick Swainley become marooned when they spend a day on the river. Victor heads out to get help, but stumbles across an old people's home. The residents are badly treated so he resolves to put things right. Richard Wilson stars. (R) (T)

11.05 FILM: Thirteen Days (2000). Tense drama, starring Kevin Costner; (T) Weatherview.

1.25 Sign Zone: See Hear. (R) (T) 1.55 Sign Zone: Jam & Jerusalem. (R) (T) 2.25 Sign Zone: Animal Park: Wild on the West Coast. (R) (T) 3.25 Sign Zone: Heir Hunters. (R) (T) 4.10 BBC News 24. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Pozzie. (R) 7.00 CBBC: 7.00 Jakers! (R) (T) Newsround. (T) 7.25 Only in America; (R) (T) Bernard. (T) 8.00 Adventure Florida. (T) 8.30 CBeebies: Mister Maker. (R) (T) 8.50 Charlie and Lola. (T) 9.00 Toddworld. (R) (T) 9.15 The Large Family; (T) Pozzie. (R) (T) 9.30 Mama Mirabelle's Home Movies. (R) (T) 9.45 Boogie Beebies. (R) (T) 10.00 In the Night Garden. (R) (T) 10.30 Schools: Words and Pictures. (R) (T) 10.40 Words and Pictures. (R) (T) 10.50 BBC Primary Geography. (R) (T) 11.10 Meet the Ancestors. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 Schools: Maths Challenge. (R) (T) 1.10 Maths Challenge. (R) (T) 1.20 Focus. (R) (T) 1.30 World Professional Darts Championship. Highlights of day three at the Lakeside Country Club in Frimley Green. (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (T) 7.00 World Professional Darts Championship. Live coverage of day four at the Lakeside Country Club in Frimley Green, where the second-round matches get under way. Coverage continues on the interactive service. (T) 8.00 An Island Parish. New series. In-coming chaplain Fr Guy Scott gets to know his parishioners. (T) 8.30 MasterChef. Cookery challenge. (T) 9.00 The Boys from Baghdad High - This World. Four Iraqi school-boys come of age in the war-torn city. (T) 10.30 Newsnight; Weather. (T) 11.20 World Professional Darts Championship. (T) 12.10 Darts Extra. (T) 2.00 BBC Learning Zone. (T)

## Pick of the Day

**EastEnders (BBC1, 7.30pm)**  
Tanya's sister Rainie comes to stay, but she isn't sure if she's really stopped abusing drugs and alcohol or if it's just a ploy. Nevertheless, the new mum is grateful for the support, especially when she confides in her about Max's philandering and Rainie stands up to him during a confrontation. Meanwhile, hopeless romantic Heather puts on her matchmaker hat yet again for Vinnie and Shirley, as the latter is still furious about her would-be suitor's lies. He professes his undying love for the sarky blonde, then asks her to meet him at the train station that evening if she feels the same way about him. Though she denies it at first, the barmaid finally admits to herself how strongly she feels about him and goes to meet Vinnie - then realises her watch stopped and she's very late. Did she just miss her chance at happiness? Elsewhere, Ronnie and Jack are still at odds with one another, but she's grateful when he helps out with a hen party gone haywire at R&R by providing a male stripper at the last second - hopefully it's devilishly handsome Jack himself. Plus, Jane's not pleased about the happy family unit Ian tries to create with Steven, and it's obvious she will never get along with the one-time gun-wielder.

## C4

6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 The Treacle People. (R) (T) 7.00 Freshly Squeezed. (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.25 Will & Grace. (R) (T) 9.55 Without a Trace. (R) (T) 10.55 ER. (R) (T) 11.50 Rescue Remedies. (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 A Place in Greece. (R) (T) 1.35 3 Minute Wonder: Lapping Around. (T) 1.40 FILM: Doctor at Large (1957). Medical comedy, starring Dirk Bogarde. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Viewing Figures. Viewers reveal what they watch on TV. (T) 8.00 Property Ladder. Sarah Beeny revisits an ambitious single mother from Poole in Dorset, who is hoping to reinvest the £100,000 profit she made on her last development into a new project. (T) 9.00 Hugh's Chicken Run. The plan to change the way consumers buy poultry is given the support of Jamie Oliver, as the residents of Millwey are given a shocking demonstration of how cheap birds can be treated. (T) 10.00 Shameless. Mimi attempts to confront her deep-seated weight issues. (T) 11.05 The Lie of the Land. (R) (T) 12.40 World Cup Skiing. 2.40 Freesports on 4. (R) 3.40 Beach Volleyball. (R) 4.05 Freesports on 4. (R) 4.35 Racing Rivals. (R) 5.00 Richard & Judy. (R)

## FIVE

6.00 Milkshake! Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) (T) 6.10 Mio Mao. (R) (T) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (T) 6.25 Thomas & Friends. (T) 6.35 The Save-Ums! (R) (T) 6.50 Animal Families. (T) 7.00 Franny's Feet. (R) (T) 7.20 Little Princess. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.40 Rupert Bear. 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerlotos. (R) (T) 8.20 Big School. (R) (T) 8.30 Peppa Pig. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.45 Sailor Sid. (R) (T) 8.50 Pocoyo. (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 RSPCA: Have You Got What It Takes? (R) (T) 1.30 FILM: Breathing Lessons (1994). Sentimental drama, starring James Garner. (T) 3.30 five news update. 3.40 FILM: Christy: Return to Cutter Gap (2001). Premiere. Drama, starring Lauren Lee Smith. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 Extraordinary Animals. The unique abilities of Griffin the grey parrot. (T) 8.00 Nature Shock. New series. True stories from the animal world; (T) 8.00 five news at 9. 9.00 CSI: Crime Scene Investigation. New series. The team search for the abducted Sara. (T) 10.00 CSI: Miami. Horatio Caine and Eric Delektorsky head to Rio de Janeiro to find Marisol's killer. Back in Miami, Ryan Wolfe reluctantly works with new CSI Natalia Boa Vista; (R) (T) five news update. 11.00 Law & Order: Criminal Intent. (T) 12.00 Law & Order. (T) 1.00 NBA Basketball. 3.30 Boxing Classic. 4.20 The Making of The World's Strongest Man. 5.10 World's Strongest Man Super Series. (R)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 A Touch of Frost. (R) 4.00 The Royal Today. (T) 4.29 London Weather. (T) 4.30 Dickinson's Real Deal. (R)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find the jackpot hidden inside one of a set of Golden Balls. The two surviving players face the choice of splitting the cash prize or trying to steal it all. (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Jo frantically prepares for her big day, unaware of Andy's work behind the scenes, and is overwhelmed to see the converted barn and her stunning wedding dress. However, their happiness is short-lived when Andy's solicitor arrives and the guests learn the groom has been summoned to court for sentencing. Elsewhere, Jonny and Marlon hold their first health club meeting and Carrie catches Jimmy trying to contact Kelly. (T)

8.00 Who Wants to Be a Millionaire? Celebrity. Chris Tarrant invites siblings Gary and Martin Kemp to take the hotseats in the hope of raising funds for their chosen charities, including The Encephalitis Society. Also mother and son broadcasters Judith Chalmers and Mark Durden-Smith join forces on behalf of the Lady Taverners and the Charlie Waller Memorial Trust respectively. (T)

9.00 Taggart. Angry religious protesters targeting a fertility clinic come under Reid's scrutiny when a woman is murdered on her way to an appointment. Investigations uncover some tangled relationships and perverse motivations, but an attack on one of the nurses leads the team to establish who might have a serious enough grudge to carry out such violence. Glasgow-set detective drama, with Blythe Duff. (T)

10.30 ITV News; Weather. (T)

11.05 FILM: Scarface (1983).

Violent thriller, starring Al Pacino. (T) 2.05 Nightwatch: Crime; ITV News Headlines. 3.45 The Jeremy Kyle Show. (R) (T) 4.40 ITV Nightscreen.

## LOCAL

### RTP1

0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1415 Prova de Amor 1515 Portugal No Coração 1800 Portugal em Directo 1855 Operação Triunfo 1910 O Preço Certo 2000 News 2100 Em Reportagem 2120 Sabe Mais do Que Miúdo de 10 Anos? 2215 Proof of Life, film 0030 Operação Triunfo 0100 My Kingdom, film 0245 Autobilismo: Rali Lisboa - Dakar 2008 0315 Tró D Atque 0445 teleseals 0605 Nôs

### RTP2

0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Siciidade Civil 1530 Da Terra Ao Mar 1600 National Geographic 1700 Zig Zag 1830 A Fé Dos Homens 1900 2010 1945 Zig Zag 2045 Freinds 2110 National geographic 2330 News 2200 Greys Anatomy 2300 Sempre em Pé 0040 Noites da 2 0115Universidades 0145 Hora Discovery 0245 camara Clara 0355 2010 0535 Sociedade Civil 0605 Euronews

### SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Desejo Proibido 1415 Eterna Magia 1515 Contato 1800 Sete Pecados 1900 A Ganhar & Quem Agente Se Entende 2000 News 2130 Os Malucos do Riso 2215 Duas Caras 2330 Resitirei 0030 Entre Vidas 0130 Entre Vidas 0230 Quando o Telefone Toca

### TVI

0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Julho 1700 Quem Quer Ganhar 1800 Morangos com Açúcar 1945 Football: SP Braga V Estrela Vermelha 2130 News 2215 Doce Fugitiva 2315 Spy Bonds, film 0230 Duant - Du Rouge Sur La Croix, film

## Best of the Rest

### BBC3

7.00 Doctor Who 7.45 Film: Catch Me If You Can 12 (2002) 10.00 EastEnders 10.30 Kill it, Cook It, Eat It 11.30 Family Guy 11.55 Family Guy 12.15 The Mighty Boosh 12.45 Kill It, Cook It, Eat It 1.45 Doctor Who Confidential 1.55 The Mighty Boosh 2.25 Fat Men Can't Hunt 3.25 Close

### BBC4

7.00 World News Today 7.00 Weather 7.30 Masterpieces of Vienna 8.00 Atom 9.00 Be My Baby - The Girl Group Story 10.00 Pop! What is it Good For? 11.00 Classic Albums 11.50 Arcade Fire at Reading 2007 12.35 Pop! What is it Good For? 1.35 Masterpieces of Vienna 2.05 Atom 3.05 Pop! What is it Good For? 4.05 Close

### ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 Smallville 8.00 American Princess 9.00 Film: Lethal Weapon 3 15 (1992) 11.20 Film: Lethal Weapon 4 15 (1997) 1.40 Smallville 2.10 Teleshopping 5.10 ITV2 Nightscreen 6.00 Close

### Sky One

1.00 Lion Man 1.30 Lion Man 2.00 Lost 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Malcolm in the Middle 7.00 The Simpsons 8.00 The Simpsons 8.00

### Stargate Atlantis 9.00 Film:

Alien Resurrection 18 (1997) 11.00 Road Wars 12.00 Australia Uncovered 1.00 The Villa 1.50 Mile High 2.40 Naked in Westminster 3.30 Dream Team 4.20 Dream Team 5.10 Guilty! UKTV Gold

1.20 The Two Ronnies Sketchbook 2.00 The Thin Blue Line 2.40 dinnerlads 3.20 Keeping Up Appearances 4.00 The Two Ronnies Sketchbook 4.40 The Thin Blue Line 5.20 My Family 6.00 The New Adventures of Old Christine 6.30 The New Adventures of Old Christine 7.00 New Tricks 8.00 New Tricks 9.00 Film: Black Hawk Down 15 (2001) 11.40 Film: Crimson Tide 15 (1995) 1.50 Two Pints of Lager and a Packet of Crisps 2.20 Hamish Macbeth 3.10 The Bill 4.00 The New Adventures of Old Christine 4.25 Casualty 5.10 Neighbours 5.35 Neighbours

### TCM

1.00 Oliver Twist 3.00 Jailhouse Rock PG (1957) 4.45 It Happened at the World's Fair U (1963) 6.40 Jerry's Schilling on Elvis 7.10 Sanjeev Bhaskar 7.10 Elvis: That's the Way It Is PG (1970) 9.00 Poltergeist 15 (1982) 11.05 The Last Run 15 (1971) 12.50 Cool Breeze 15 (1972) 2.50 Teleshopping 3.10 The Secret of My Success PG (1965) 5.00 Boom Town U (1940)

### The Disney Channel

Kids' programmes from 7am, except:

## MOVIES

### Sky Movies Drama

6.30 Ride to Freedom: The Rosa Parks Story PG (2001) 8.10 The Horse Whisperer PG (1998) 11.00 The Simple Life of Noah Dearborn PG (1999) With Sidney Poitier. 12.35 La Dolce Vita 12 (1960) With Marcello Mastroianni. 3.30 Ride to Freedom: The Rosa Parks Story PG (2001) With Angela Bassett. 5.10 The Horse Whisperer PG (1998) With Robert Redford. 8.00 La Dolce Vita 12 (1960) With Marcello Mastroianni. 10.55 Wilde 15 (1996) With Stephen Fry. 12.55 Proof 12 (2005) With Gwyneth Paltrow. 2.40 Suicide Kings 15 (1997) With Christopher Walken. 4.40 The Simple Life of Noah Dearborn PG (1999)

### Sky Movies Comedy

6.45 City Slickers II: The Legend of Curly's Gold 12 (1994) 8.45 Roll Bounced PG (2005) 10.40 Stay Tuned PG (1992) 12.15 American Dreamz 12 (2006) With Hugh Grant. 2.15 City Slickers II: The Legend of Curly's Gold

### Sky Movies Action

6.45 Deceived 15 (1991) 8.45 The Black Dahlia 15 (2006) 10.50 War of the Worlds 12 (2005) 12.55 Into the Blue 15 (2005) With Paul Walker. 2.55 The Black Dahlia 15 (2006) With Josh Hartnett. 5.00 War of the Worlds 12 (2005) With Tom Cruise. 7.00 Deceived 15 (1991) With Goldie Hawn. 9.00 Into the Blue 15 (2005) With Paul Walker. 10.55 Blade 18 (1998) With Wesley Snipes. 1.00 Death Wish V: The Face of Death 18 (1994) With Charles Bronson. 2.40 Turbulence 18 (1997) With Ray Liotta. 4.25 A Wing and a Prayer 15 (1998)

### (R)-repeatprogramme;

### (T)-programme with teletext subtitles;

### (S)-programme broadcast in stereo;

### (bw)-black and white.

## SPORT

### Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Big League Weekend 10.00 Soccer AM: The Best Bits 11.00 Monday Night Football 12.30 Big League Weekend 1.30 Soccer AM: The Best Bits 2.30 Monday Night Football 4.00 Soccer AM: The Best Bits 5.00 Monday Night Football 6.30 Revista De La Liga 7.30 Live Carling Cup Football. Chelsea v Everton (Kick-off 7.45pm).

### Sky Sports 2

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Afterburn 8.00 Show Jumping 9.00 High Altitude 9.30 Wild Sports 10.00 Airports World 10.30 World Motor Sport 5.30 Close

### Sky Sports 3

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Afterburn 8.00 Show Jumping 9.00 High Altitude 9.30 Wild Sports 10.00 Airports World 10.30 World Motor Sport 1.00 Airports World 1.30 Test Cricket 2.30 World Motor Sport 5.00 NFL: Total Access 6.00 High Altitude 6.30 Test Cricket 7.30 High Altitude 8.00 Pool 9.00 High Altitude 9.30 360 Surfing 10.00 Poker 12.00 NFL: Total Access 1.00 Powerboating 2.00 Close

### Sky Sports Xtra

4.00 High Altitude 4.30 Aerobics Oz Style 5.00 Yachting 6.00 Aerobics Oz Style 6.30 360 Surfing 7.00 Powerboating 8.00 360 Series 8.30 FEI Equestrian World 9.00 Yachting 10.00 Powerboating 11.00 High Altitude 11.30 360 Surfing 12.00 Sports Unlimited 1.00 High Altitude 1.30 360 Surfing 2.00 Close

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## BBC1

6.00 Breakfast. (T) 9.15 Wanted Down Under. (T) 10.00 Homes Under the Hammer. (T) BBC News: Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.45 Cash in the Attic. (T) BBC News: Weather. (T) 12.15 Bargain Hunt. (T) 1.00 BBC News: Weather. (T) 1.30 Regional News: Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News: Weather: Regional News. (T) 3.25 CBBC: Bear Behaving Badly. (R) (T) 3.45 Skunk Fu! (R) (T) 4.00 What's New Scooby-Doo? (R) (T) 4.20 Shaun the Sheep. (R) (T) 4.30 Shaun the Sheep: (R) (T) Thumb Wrestling Federation: TWF. (R) (T) 4.40 Even Stevens. (R) (T) 5.00 Blue Peter. (T) 5.25 Newsworld. (T)

5.35 Neighbours. Karl is suspicious of Rachel and after confronting her she decides to take the blame for Ringo. Frazier reconsiders what to spend his compensation money on and Adam is distant with Pepper following her argument with Sophie. Diana decides to accept the case offered by her ex-husband. (R) (T)

6.00 BBC News: Weather. (T)

6.30 Regional News Programmes: Weather. (T)

7.00 The ONE Show. (T)

7.30 Elephant Diaries. The keepers do what they can to help blind baby elephant Ndololo. Meanwhile, Michaela Strachan takes part in an unusual game of football in Nairobi. With Jonathan Scott. (T) BBC News: Regional News. (T)

8.00 Watchdog. Investigation show, fighting for consumers' rights. With Nicky Campbell, Paul Heiney and Julia Bradbury. (T)

8.30 Cars, Cops and Bailiffs. Chris and Jason contemplate seizing a dog from a debtor. (T)

9.00 The Vicar of Dibley. After a whirlwind romance with handsome newcomer Harry, chocaholic vicar Dawn French is snapping her dog collar and cassock for a wedding dress, and hurriedly making preparations for the big day. But as ever, things don't go according to plan - the vicar she's chosen for the service seems a little too fond of her, while the villagers have waited till now to suggest their ideas. The first is a skydiving wedding - the second is something far, far worse. Keeley Hawes and Hugh Bonneville guest star in the last-ever episode of the comedy, with the regular team of Emma Chambers, Roger Lloyd Pack, James Fleet, Gary Walthorn, Trevor Peacock and John Bluthal. (R) (T)

10.00 BBC News at Ten O'Clock. (T)

10.25 Regional News: Weather. (T)

10.35 The National Lottery Draws. Tim Vincent presents the Thunderball, Dream Number and Lotto draws. (T)

10.40 Honour Kills. Part one of two. Concludes tomorrow. (T) National Lottery Update.

11.40 FILM: Churchill: The Hollywood Years (2004). Premiere. Comedy, starring Christian Slater. (T) Weatherview.

1.05 Sign Zone: Antiques Roadshow. (T) 2.05 Sign Zone: Rogue Traders. (R) (T) 2.35 Sign Zone: Animal Park: Wild on the West Coast. (R) (T) 3.35 Sign Zone: Hair Hunters. (R) (T) 4.20 BBC News 24. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies. (R) (T) Pozzie. (T) 7.00 CBBC: 7.00 Jakers! (R) (T) Newsworld. (T) 7.25 Only in America. (R) (T) Bernard. (R) (T) 8.00 Adventure Florida. (T) 8.30 CBeebies: Mister Maker. (T) 8.50 Charlie and Lola. (T) 9.00 Toddworld. (R) (T) 9.15 The Large Family. (T) Pozzie. (R) (T) 9.30 Mama Mirabelle's Home Movies. (R) (T) 9.45 Boogie Beebies. (R) (T) 10.00 In the Night Garden. (R) (T) 10.30 Around the World in 80 Treasures. 11.30 The Daily Politics. (T) 1.00 See Hear. (T) 1.30 Working Lunch. (T) 2.00 World Professional Darts Championship. (T) 4.30 Ready, Steady, Cook. (T) 5.15 Weakest Link. (T) 6.00 Animal Park. (T) 7.00 World Professional Darts Championship. Live coverage of this evening's second-round matches on day five at the Lakeside Country Club in Frimley Green, where places in the quarter-finals beckon for the successful players. Coverage continues on the interactive service. (T) 8.00 Bill Oddie's Wild Side. New series. Bill explores British wildlife. (T) 8.30 MasterChef. Six more contestants take the challenge. (T) 9.00 What Britain Earns. Peter and Dan Snow rank the nation's jobs in terms of pay. (T) 10.30 Newsworld. (T) Weather. (T) 11.20 World Professional Darts Championship. (T) 12.10 Darts Extra. (T) 2.00 BBC Learning Zone. (T)

## Pick of the Day

**Watchdog (BBC1, 8pm)**  
You can run but you can't hide from Julia Bradbury this month. With more helpings of Watchdog and assorted new series either about to air, she's going to be everywhere. "We're confirmed for two more series of Watchdog. It's on air until May," she explains. "We're back on January 9 and Kill It, Cook It, Eat It starts on January 10 so we'll have BBC One and BBC Three covered." With a new run of travel series Rough Guide for Channel five also airing on Mondays, it seems like Julia is getting a little carried away with her TV ubiquity. "Media domination! It will be mine!" she laughs. However, because of the nature of this show, Julia can't reveal too much about the 2008 series. "The thing about Watchdog is it's really what the public tell us - it's viewer-generated so we can't give a lead up, because it's whatever people are writing to us about. I'm sure there'll be a whole new set of consumer traumas for people." One thing we can reveal is she'll be joined by regular co-host Nicky Campbell.

## C4

6.00 The Hoobs. (R) (T) 6.25 The Hoobs. (R) (T) 6.50 The Treacle People. (R) (T) 7.00 Freshly Squeezed. (T) 7.30 Everybody Loves Raymond. (R) (T) 8.00 Just Shoot Me. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.25 Will & Grace. (R) (T) 9.55 Without a Trace. (R) (T) 10.55 ER. (R) (T) 11.50 Rescue Remedies. (T) 12.00 News at Noon. 12.30 Come Dine with Me. (R) (T) 1.00 A Place in Greece. (R) (T) 1.35 Proud Parents. (R) (T) 1.50 FILM: The Blue Lamp (1949). Police thriller, starring Jack Warner. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Viewing Figures. What households watch on TV. (T) 8.00 Relocation, Relocation. New series. Kirstie Allsopp and Phil Spencer help a newlywed couple who are looking to move away from commuter town Tring, Hertfordshire, and have found new jobs in Devon. (T) 9.00 Hugh's Chicken Run. The residents kill, cook and eat the chickens. Last in series. (T) 10.00 Barry Humphries: The Man Inside Dame Edna. The comedian goes back to his roots during his 2007 tour of Australia, reflecting on the people and places that inspired his two most famous creations, Dame Edna Everage and Les Patterson. (T) 11.05 Shameless. (R) (T) 12.10 FILM: Prime Fear (1996). Courtroom thriller, starring Richard Gere. (T) 2.40 You're Not Splitting Up My Family. (R) (T) 4.10 Monsters. (R) (T) 4.25 Richard & Judy. (R) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) (T) 6.10 Mio Mao. (R) (T) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 The Save-Ums! (R) (T) 6.50 Animal Families. (T) 7.00 Franny's Feet. (R) (T) 7.15 Little Princess. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.40 Rupert Bear. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.10 Fit and the Flowertots. (R) (T) 8.25 Big School. (R) (T) 8.30 Peppa Pig. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.50 Pocoyo. (T) 9.00 The Wrigt Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 RSPCA: Have You Got What It Takes? (R) (T) 1.30 FILM: Broken Lullaby (1994). Romantic mystery, starring Mel Harris. (T) 3.20 five news update. (T) 3.30 FILM: Columbo: Murder - A Self Portrait (1989). Crime drama, starring Peter Falk. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 It Pays to Watch. New series. Money-saving advice with Martin Lewis. (T) 8.00 So You Think You Can Be a Single Parent? New series. Celebrities act as a single parent. (T) 9.00 FILM: Identity (2003). A group of strangers are stranded in a remote hotel when a storm hits - and a killer begins to pick them off one by one. Murder mystery, starring John Cusack and Ray Liotta. (T) 10.55 Lockdown. (T) 11.55 Poker. (T) 1.25 NHL Ice Hockey. 4.00 UEFA Cup Football. (R) 5.10 AMA Supercross.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 A Touch of Frost. (R) 4.00 The Royal Today. (T) 4.29 London Weather. (T) 4.30 Dickinson's Real Deal. (R)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find the jackpot hidden inside one of a set of Golden Balls. The two surviving players face the choice of splitting the cash prize or trying to steal it all. (T)

6.00 London Tonight: Weather. (T)

6.30 ITV Evening News: Weather. (T)

7.00 Emmerdale. When the pain of her arthritis starts to affect her dancing skills, Lily goes to Eli for drugs. Gossip continues about Nicola's marriage, while Rodney and Donald begin to bond. (T)

7.30 Coronation Street. Michelle urges Maria to talk to Liam about his feelings for Carla - but instead the confused crimpler just ends up bringing the date of their wedding forward to make sure she keeps her man. (T)

8.00 The Bill. Part one of two. An 11-year-old is abducted, leading to fears a copycat child killer is on the loose. Convicted murderer Linda Johnson gives Neil the name of a prime suspect. (T)

9.00 Honest. Amanda Redman stars in a new drama as Lindsay, head of the Carter family, who are often in trouble with the police. On the day of her son's graduation from law school, her husband is sentenced for a spate of burglaries and a detective arrives with yet another search warrant for her home. To make matters worse, her father-in-law has managed to burn down his own property, so she makes the decision to straighten out their lives while there's still time. (T)

10.00 Britain's Biggest House Price Falls: Tonight. Investigation into the downturn in the property market, revealing the areas of the country worst affected and asking who stands to win or lose from the slump. (T)

10.30 ITV News: Weather. (T)

11.05 Soundtrack to My Life. Marc Almond performs and talks about the trials and rewards of a career in music, his 2004 motorcycle accident and his musical influences. (R)

11.40 Carling Cup Highlights. Matt Smith is joined by Robbie Earle to present action from the first legs of this week's semi-finals. (T)

1.00 Nightwatch: Crime; ITV News Headlines. 2.45 Loose Women. (R) (T) 3.40 The Jeremy Kyle Show. (R) (T) 4.35 ITV Nightscreen.

## LOCAL

**RTP1**

0630 Bom dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Portugal no Coração 1800 Portugal em directo 1850 Operação Triunfi 1910 O Preço Certo 2000 Teleseles 2100 Football: V Setubal V Sporting 2300 Magazine 2330 Blade Trinity, film 0130 Operação Triunfo 0200 Automobilismo: Rali Lisboa - Dakar 2008 0230 Air Rage, film 0415 Teleseles 0605 Nós

**RTP2**

0700 euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Da Terra ao Mar 1615 National Geographic 1700 Zig Zag 1830 A Fé dos Homens 1900 Biosfera 1945 zig Zag 2045 Friends 2115 National Geographic 2200 News 2240 The Nine 2330 Clube de Imprensa 0030 Notícias 0145 Discovery Hour 0245 Bastidores 0315 Biosfera 0400 Sociedade Civil 0500 Euronews

**SIC**

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Desejo Proibido 1500 Eterna Magia 1530 Contato 1800 Sete Pecados 1900 A Ganhar é que A Gente se Entende 2000 News 2130 Os Malucos do Riso 2215 Duas Caras 2330 Resitirei 0030 CSI Miami 0230 Quando O telefone Toca

**TVI**

0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Que Quer Ganha 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Film TBA 0230 Toca a Ganhar 0345 TVI Negócios 0400 O Portector IV 0500 Teleseles

## Best of the Rest

**BBC3**

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Spice Girls: Giving You Everything 9.00 Sex - with Mum and Dad 10.00 Little Britain 10.30 Kill It, Cook It, Eat It 11.30 Family Guy 11.55 Family Guy 12.15 Spice Girls: Giving You Everything 1.15 Sex - with Mum and Dad 2.10 Kill It, Cook It, Eat It 3.10 Doctor Who Confidential 3.25 Fat Men Can't Hunt 4.25 Close

**BBC4**

7.00 World News Today 7.00 Weather 7.30 Masterpieces of Vienna 8.00 Atom 9.00 Classic Albums 10.00 How Pop Songs Work 11.00 Film: Mojo 15 (1997) 12.30 How Pop Songs Work 1.30 Masterpieces of Vienna 2.00 Atom 3.00 How Pop Songs Work 4.00 Close

**ITV2**

1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 Smallville 8.00 Lose 30 Stone or Die 9.00 Sally Morgan: Star Psychic 10.00 Film: Payback 18 (1999) 12.00 Coronation Street 12.30 Film: Terminator 2: Judgment Day 15 (1991) 2.55 Teleshopping 5.25 ITV2 Nightscreen 6.00 Close

**Sky One**

1.00 Lion Man 1.30 Lion Man 2.00 Lost 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons

8.30 The Simpsons 9.00 Project Catwalk 10.00 Michael Buble - Live from Webster Hall 11.00 Law & Order 12.00 Australia Uncovered 1.00 The Villa 1.50 Mile High 2.40 Naked in Westminster 3.30 Dream Team 4.20 Dream Team 5.10 Guilty!

**UKTV Gold**

1.20 The Two Ronnies Sketchbook 2.00 The Thin Blue Line 2.40 dinnerlads 3.20 Keeping Up Appearances 4.00 The Two Ronnies Sketchbook 4.40 The Thin Blue Line 5.20 My Family 6.00 The New Adventures of Old Christine 6.30 The New Adventures of Old Christine 7.00 New Tricks 8.00 New Tricks 9.00 Film: Crimson Tide 15 (1995) 11.10 Film: Terminator 3: Rise of the Machines 12 (2003) 1.20 Two Pints of Lager and a Packet of Crisps 2.00 Two Pints of Lager and a Packet of Crisps 2.30 Hamish Macbeth 3.30 The Bill 4.05 Close Up 4.15 Casualty 5.05 Icons 5.10 Neighbours 5.35 Neighbours

**TCM**

1.00 International Velvet PG (1978) 3.00 Two Loves PG (1961) 4.55 The Women PG (1939) 7.15 Blossoms in the Dust PG (1941) 8.45 Off Set 9.00 Pat Garrett and Billy the Kid 15 (1973) 11.20 The Fixer 15 (1968) 1.40 All Fall Down 12 (1962) 3.35 Teleshopping 3.50 No Guts No Glory: 75 Years of Award Winners 5.00 Executive Suite U (1954)

**The Disney Channel**  
Kids' programmes from 7am, except:

## MOVIES

**Sky Movies Drama**

6.30 Miss Lettie and Me U (2002) 8.15 Saving Milly PG (2005) 10.05 Our America 15 (2002) 11.45 Silverado PG (1985) With Kevin Kline. 2.00 Annie Hall 15 (1977) With Woody Allen. 3.35 Our America 15 (2002) With Josh Charles. 5.15 Silverado PG (1985) With Kevin Kline. 7.30 Golden Globes Nominations 8.00 Annie Hall 15 (1977) With Woody Allen. 9.45 Disclosure 18 (1994) With Michael Douglas. 11.55 Asylum 15 (2005) With Natasha Richardson. 1.40 Hustle and Flow 15 (2005) With Terrence Howard. 3.40 Broken Flowers 15 (2005) 5.30 Miss Lettie and Me U (2002)

**Sky Movies Comedy**

6.20 Shirley Valentine 15 (1989) 8.20 Stranger than Fiction - Sky Movies Special 8.40 Big Bully PG (1995) 10.20 Cheaper By the Dozen 2 PG (2005) 12.00 Bad Santa 15 (2004) With Billy Bob Thornton. 1.45 Premiere Close Up 2.15 Talladega Nights: The Ballad of Ricky Bobby 15 (2006) With Will Ferrell. 4.20 Holy Man PG (1998) With Eddie Murphy.

**(R)**-repeat programme;

**(T)**-programme with teletext subtitles;

**(S)**-programme broadcast in stereo;

**(bw)**-black and white.

**Sky Movies Action**

6.20 Cheaper By the Dozen 2 PG (2005) With Steve Martin. 8.00 Talladega Nights: The Ballad of Ricky Bobby 15 (2006) With Will Ferrell. 10.05 Night Shift 15 (1982) With Henry Winkler. 11.55 Bad Santa 15 (2004) With Billy Bob Thornton. 1.35 Holy Man PG (1998) With Eddie Murphy. 3.35 Shirley Valentine 15 (1989) 5.30 Big Bully PG (1995)

**Sky Movies Action**

6.05 Starman PG (1984) 8.05 Highlander II: The Quickening 15 (1990) 9.50 The Matador 15 (2005) 11.40 Kiss Kiss Bang Bang 15 (2005) With Robert Downey Jr. 1.30 The Guardian 15 (2006) With Kevin Costner. 3.50 Sky High PG (2005) With Kurt Russell. 5.35 The Matador 15 (2005) With Pierce Brosnan. 7.15 Kiss Kiss Bang Bang 15 (2005) With Robert Downey Jr. 9.00 The Guardian 15 (2006) With Kevin Costner. 11.20 Edison 15 (2005) With Morgan Freeman. 1.00 Inferno 18 (1999) With Jean-Claude Van Damme. 2.40 I Am Legend Special 3.10 Highlander II: The Quickening 15 (1990) 4.45 Sky High PG (2005)

## SPORT

**Sky Sports 1**

6.00 Good Morning Sports Fans 9.00 Carling Cup Football 10.30 Poker 12.30 Revista De La Liga 1.30 Carling Cup Football 3.00 Revista De La Liga 4.00 A-League 4.30 Carling Cup Football 6.00 A-League 6.30 Futbol Mundial 7.00 Live Carling Cup Football 10.00 You're on Sky Sports! 11.30 Futbol Mundial 12.30 European Tour Weekly 12.30 Carling Cup Football 2.00 Spanish Cup Football 4.00 You're on Sky Sports! 5.00 Close

**Sky Sports 2**

6.00 Aerobics 07:00 Style 6.30 High Altitude 7.00 WWE: Heat 8.00 Sports Unlimited 9.00 High Altitude 9.30 360 Surfing 10.00 Pool 11.00 A-League 11.30 Powerboating 12.30 360 Surfing 1.00 Pool 2.00 Powerboating 3.00 Poker 5.00 NFL: Total Access 6.00 High Altitude 6.30 European Tour Weekly 7.00 Transworld Sport 8.00 Ten Pin Bowling 9.00 High Altitude 9.30 Windsurfing 10.00 Spanish Cup Football 12.30 NFL: Total Access 1.00 Poker 3.00 Close

**Sky Sports 3**

10.00 Yachting 11.00 Racing News 11.30 Aerobics 07:00 Style 12.30 Sports Unlimited 1.00 NFL: Total Access 2.00 High Altitude 2.30 360 Surfing 3.00 Sports Unlimited 4.00 Pool 5.00 WWE: Bottom Line 6.00 WWE: Afterburn 7.00 Close

**Triathlon 8.00 Killarney Historic Stages Rally 9.00 THQ British Motocross 10.00 Transworld Sport 11.00 Surfing 12.00 Ten Pin Bowling 1.00 Triathlon 2.00 Transworld Sport 3.00 Close**

**British Eurosport**

7.30 WATTS 7.45 Dakar Rally 8.30 Live WTA Tennis. The Medibank International quarter-finals. 10.15 Eurosport Champions 11.00 Dakar Rally 11.45 WATTS 12.00 Volleyball 1.30 Live Volleyball. Italy v Spain. 3.30 WTA Tennis 4.15 Live Biathlon. World Cup coverage from Ruhpolding. 5.00 Eurogoals 5.15 Live Biathlon. World Cup coverage from Ruhpolding. 6.00 Eurogoals 6.15 Dakar Rally 6.30 Live Volleyball. Holland v Poland. 8.30 Volleyball 9.00 Dakar Rally 9.45 Wednesday Selection 9.50 Show Jumping 10.50 Riders Club 10.55 Wednesday Selection 11.00 Golf Club 11.05 Yacht Club 11.10 Wednesday Selection 11.15 French Rugby 11.45 Dakar Rally 12.30 Close

**Sky Sports Xtra**

2.30 Aerobics 05 Style 3.00 Yachting 4.00 High Altitude 4.30 Aerobics 05 Style 5.00 Sports Unlimited 6.00 THQ British Motocross 7.00 Max Power 8.00 ASP Surfing 9.00 Triathlon 10.00 Max Power 11.00 High Altitude 11.30 Wild Spirits 12.00 Watersports World 1.00 High Altitude 1.30 Windsurfing 2.00 Close

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## BBC1

6.00 Breakfast. (T) 9.15 Wanted Down Under. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.45 Cash in the Attic; (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Bear Behaving Badly. (R) (T) 3.45 Skunk Fu! (T) 4.00 Prank Patrol. (R) (T) 4.30 Best of Friends. (T) 5.00 Beat the Boss. (R) (T) 5.25 Newsround. (T)

5.35 Neighbours. Paul is blackmailed by Laura and Nick, who seek revenge for the murder he committed. Ringo is comforted by a supportive Rachel as he faces the consequences of his confession about stealing the exam paper. Elle finds herself in the middle of a jealous spat between Riley and Oliver when they come to blows. (R) (T) BBC News; Weather. (T)

6.00 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 EastEnders. Billy welcomes the offer of accommodation from Pat, but Honey worries that the move will upset Peggy. News of Ronnie and Jack's relationship causes a stir at the Vic, while Phil is surprised by Darren's hard-nosed approach to car sales. An exasperated Lucy has trouble getting Ian's attention as he puts all his efforts into training Peter for a career in athletics; (T) BBC News; Regional News. (T)

8.00 Waterloo Road. Rachel organises a prison trip in a bid to stop Bolton leaving school. Exam pressure takes its toll on the teachers and Tom tries to keep Chlo and Mika in the dark about his relationship with Davina. (T)

9.00 Fairy Tales. New series. Modern update of Rapunzel, served up by Teachers and No Angels writer Ed Roe. Jimmy is a failing tennis pro going nowhere fast, pushed by his father (former EastEnder Shaun Williamson) into entering a tournament disguised as a woman. The trouble begins when he falls in love with the ladies champion. Lee Ingleby plays Jimmy, with Charity Wakefield as his attractive competitor Billy Jane, and Geraldine James as her mother. (T)

10.00 BBC News at Ten O'Clock. (T) 10.25 Regional News; Weather. (T) 10.35 Honour Kills. Part two of two. (T) 11.35 This Week. (T) 12.20 FILM: Honeymoon in Vegas (1992). Offbeat romantic comedy. Nicolas Cage stars; (T) Weatherview. 1.55 Sign Zone: Panorama. (R) (T) 2.25 Sign Zone: The Blair Years. (R) (T) 3.25 Sign Zone: Animal Park: Wild on the West Coast. (R) (T) 4.25 BBC News 24. (T)



## BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Pozzie. (T) 7.00 CBBC: 7.00 Jakers! (R) (T) Newsround. (T) 7.25 Only in America; (R) (T) Bernard. (R) (T) 8.00 Adventure Florida. (T) 8.30 CBeebies: Mister Maker. (T) 8.50 Charlie and Lola. (T) 9.00 Toddworld. (T) 9.15 The Large Family; (T) Pozzie. (T) 9.30 Mama Mirabelle's Home Movies. (R) (T) 9.45 Boogie Beebies. (R) (T) 10.00 In the Night Garden. (R) (T) 10.30 Schools: Focus. (T) 10.50 Let's Write Non-Fiction. (T) 11.10 Starship. (T) 11.30 See You, See Me. (T) 11.50 BBC Primary History. (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.00 World Professional Darts Championship. (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (T) 7.00 World Professional Darts Championship. Live coverage of the opening quarter-final on day six at the Lakeside Country Club in Frimley Green, as the players contest a place in the last four over the best of nine sets. Coverage continues on the interactive service. (T) 8.00 MasterChef. Coverage of the final heat and first quarter-final stage. (T) 9.00 Never Mind the Buzzcocks. (T) 9.30 Little Miss Jocelyn. New series of the comedy sketch show. (T) 10.00 Never Better. New black comedy series, starring Stephen Mangan. (T) 10.30 Newsnight; Weather. (T) 11.20 World Professional Darts Championship. (T) 12.10 Darts Extra. (T) 2.00 BBC Learning Zone. (T)

## Pick of the Day

Echo Beach (ITV1, 9.30pm)

Will this new format work or not? It's certainly ambitious and, if you're not paying attention, a tad confusing. The programme which precedes this series is Moving Wallpaper, a fictional behind-the-scenes look at the making of Echo Beach which focuses on producer Jonathan Pope (Ben Miller) and his efforts to turn around the soap, which looks set to fail before it's even begun - until he hires Martine McCutcheon and Jason Donovan to star in it. Then there's a chance to see Echo Beach itself, which begins as Dan Marrack returns to the Cornish surfing town of Polnarran for the first time in 20 years. He plans to turn a rundown building into a surf shop and café, and hopes the move will provide his teenage children, Brae and Abi, with a fresh start following the death of their mother. However, not everybody in Polnarran is pleased to see them, particularly as Dan once had an affair with a local man's wife and was held responsible for the death of three men in a fishing accident 20 years earlier. Can the Marracks overcome their difficulties? Jason Donovan, Martine McCutcheon and Hugo Speer head the cast.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. (R) (T) 7.30 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.25 Will & Grace. (R) (T) 9.55 Without a Trace. (R) (T) 10.55 ER. A baby is injured in a car crash. (R) (T) 11.50 Rescue Remedies. (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 A Place in Greece. (R) (T) 1.30 FILM: 23 Paces to Baker Street (1956). Tense thriller, starring Van Johnson. (T) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Viewing Figures. What households watch on TV. Last in series. (T) 8.00 A Million Pound Place in the Sun. In an edition filmed before their split, footballer Jermain Defoe and his former fiancée Charlotte Meares head to Majorca with a budget of #2million in a bid to find the house of their dreams. (T) 9.00 Dispatches: The Truth About Your Food. Part one of two. Jane Moore investigates premium food ranges. (T) 10.00 FILM: Super Size Me (2004). Director Morgan Spurlock's acclaimed, shocking and sometimes nauseating documentary, in which he sets out to explore the effects of fast food - by eating nothing else for a month. (T) 12.05 4Music: Nike Supersonic. (R) (T) 12.40 4Music: Richard Hawley. (T) 1.30 FILM: Dad Savage (1997). Heist thriller, starring Patrick Stewart. (T) 3.25 Transworld Sport. (R) (T) 4.15 Richard & Judy. (R) 5.15 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) (T) 6.10 Mio Mac. (R) (T) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 The Save-Ums! (R) (T) 6.50 Animal Families. (T) 7.00 Franny's Feet. (R) (T) 7.20 Little Princess. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerdolls. (R) (T) 8.20 Big School. (R) (T) 8.30 Peppa Pig. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.50 Pocoyo. (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 FILM: Beauty (1998). Fantasy drama, starring Janine Turner. (T) 2.40 FILM: Don Quixote (2000). Adventure, starring John Lithgow. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 How Do They Do It? New series. The science of everyday objects. (T) 8.00 The Mentalists. Ben Priddle's bid to become World Memory Champion. (T) 9.00 Make Your Child Brilliant. New series. Bernadette Tynan practises brain-training on schoolchildren. (T) 10.00 The Kate Moss Years. The first of a two-part profile of iconic British model Kate Moss, beginning by charting the path from her discovery by an agent in 1988 to her global success in the 1990s. 11.05 The Agency. (T) 11.35 30 Rock. (T) 12.05 Quiz Club. 4.00 World's Strongest Man Super Series. (R) 4.50 World's Strongest Man Super Series. (R) 5.35 European Drag Racing.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 A Touch of Frost. (R) 4.00 The Royal Today. (T) 4.29 London Weather. (T) 4.30 Dickinson's Real Deal. (R)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find the jackpot hidden inside one of a set of Golden Balls. The two surviving players face the choice of splitting the cash prize or trying to steal it all. (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. After sleeping rough with Daz, Scarlett reveals to Jimmy that she doesn't want to move to Canada. Donald arrives in the village and heads straight to the Woolpack with his wife. (T)

7.30 Suggs' Survivors. The Madness singer visits the last surviving venue from the 1948 London Olympics, takes a trip on the North Norfolk Railway and calls in for a cuppa at London's oldest tea company. (T)

8.00 The Bill. Part two of two. Heaton calls a press conference to tackle the growing interest in Linda Johnson's involvement in the abduction case, attracting the attention of her victims' relatives. (T)

9.00 Moving Wallpaper. New comedy blurring the boundaries of fiction and reality behind the scenes on a soap opera, Echo Beach, which in a first for TV, can be seen played for real at 9.30. Stars Ben Miller and Raquel Cassidy. (T)

9.30 Echo Beach. New soap, starring Jason Donovan and Martine McCutcheon as ex-lovers in a Cornish surfing resort, where the spoof machinations of the production team in Moving Wallpaper are played out as if real. Daniel Marrack and his son Brae return to Polnarran to set up a surf shop and cafe on the beach, but when Dan's daughter falls for Mark Penwarden's son, battle lines are redrawn between the families. Hugo Speer, Johnny Briggs and Ed Speleers co-star. (T)

10.00 Katy Brand's Best Bits. Highlights of ITV2's Katy Brand's Big Ass Show, in which the Tittybangbang star takes a pop at 21st-century icons and comments on modern life in a series of sketches. (T)

10.30 ITV News; Weather. (T) 11.05 London Talking. (T) 12.05 FILM: Cape Fear (1991). Thriller, starring Robert De Niro. (T) 2.10 Soundtrack to My Life. (R) 2.35 Nightwatch: Emergency; ITV News Headlines. 3.00 Loose Women. (R) (T) 3.50 The Jeremy Kyle Show. (R) (T) 4.50 ITV Nightscreen.

## LOCAL

**RTP1**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Portugal no Coração 1800 Portugal em Directo 1855 O Preço Certo 2000 News 2100 Grande Entrevista 2145 Sabes mais do que um Miúdo de 10 anos? 2245 Pela Espada e Pela Honra 0030 Operação Triunfo 0100 Automobilismo: Rali Lisboa - Dakar 0100 Ali, film 0400 Teleaales 0605 N0s  
**RTP2**  
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Da Terra Ao Mar 1600 Natíao Geographic 1715 Zig Zag 1830 A Fé dos Homens 1900 Iniciativa 1945 Zig Zag 2045 Freinds 2115 Natíao Geographic 2200 News 2240 Sobrenatural 2330 Balanço & Contas 0030 Noites 2 0115 Universidades 0145 Discovery Hour 0245 Iniciativa 0330 Liga dos Últimos 0400 Sociendade Civil 0530 Euronews  
**SIC**  
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1600 Film TBA 1800 Film TBA 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 CSI New York 0115 CSI Las Vegas 0215 Film TBA  
**TVI**  
0700 Diário Da Manhã 1000 Vocês Na TV 1300 News 1400 Tarde de Julia 1700 Quem Quer Ganha 1800 Morangos Com Açúcar 2000 News 2115 Ilha dos Amores 2215 Doca Fugitiva 2330 Tu e Eu 0115 Escritório 0200 Canzaz das Artes 0230 Toca a Ganhar 0345 TVI Negócios 0400 Protector IV 0445 Teleaales

## Best of the Rest

**BBC3**  
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Film: Bend It Like Beckham 12 (2002) 9.50 Football Gaffes Galore 10.00 EastEnders 10.30 Kill It, Cook It, Eat It 11.30 Family Guy 11.55 Family Guy 12.10 The Mighty Boosh 12.40 Kill It, Cook It, Eat It 1.40 Sex - with Mum and Dad 2.40 The Mighty Boosh 3.10 Football Gaffes Galore 3.20 Doctor Who Confidential 3.35 Close  
**BBC4**  
7.00 World News Today 7.00 Weather 7.30 Masterpieces of Vienna 8.00 Atom 9.00 Six Five Special 10.00 Pop on Trial 11.00 Film: Absolute Beginners 15 (1986) 12.40 Pop on Trial 1.40 Masterpieces of Vienna 2.10 Atom 3.10 Pop on Trial 4.10 Close  
**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 Smallville 8.00 Shoplifters - Caught on Camera 9.00 Film: Terminator 2: Judgment Day 15 (1991) 11.40 Film: Double Jeopardy 15 (1999) 1.40 Smallville 2.35 Teleshopping 5.05 ITV2 Nightscreen 6.00 Close  
**Sky One**  
1.00 Lion Man 1.30 Lion Man 2.00 Lost 3.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The

Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Wives 10.00 Journeyman 11.00 Michael Owen: A Year in the Life Of 12.00 Australia Uncovered 1.00 The Villa 1.50 Mile High 2.40 Naked in Westminster 3.30 Dream Team 4.20 Dream Team 5.10 Guilty!  
**UKTV Gold**  
1.20 The Two Ronnies Sketchbook 2.00 The Thin Blue Line 2.40 innerdierals 3.20 Keeping Up Appearances 4.00 The Two Ronnies Sketchbook 4.40 The Thin Blue Line 5.20 My Family 6.00 The New Adventures of Old Christine 6.30 The New Adventures of Old Christine 7.00 New Tricks 8.00 New Tricks 9.00 Film: Terminator 3: Rise of the Machines 12 (2003) 11.05 Doctor Who 12.25 The Catherine Tate Christmas Show 1.15 Little Britain 1.50 Two Points of Crisis and a Packet of Lagers 2.20 Hamish Macbeth 3.10 The Bill 4.40 Casualty 4.50 The New Adventures of Old Christine 5.15 Neighbours 5.35 Neighbours  
**TCM**  
1.00 Our Mutual Friend 3.00 Goodbye, Mr Chips U (1939) 5.00 The Yearling U (1946) 7.15 Code Name: Emerald PG (1985) 9.00 Bonnie and Clyde 18 (1967) 11.00 The Formula 12 (1980) 1.05 Dark of the Sun 12 (1968) 2.45 Teleshopping 3.00 Romeo and Juliet U (1936) 5.00 The Great Lie PG (1941)  
**The Disney Channel**  
Kids' programmes from 7am, except:

## MOVIES

### Sky Movies Drama

7.05 Blessings PG (2003) 8.55 Victim of Love PG (1993) 10.45 Martha: Behind Bars PG (2005) 12.35 A Good Woman PG (2004) With Helen Hunt. 2.25 Victim of Love PG (1993) With Dwight Schultz. 4.00 Stranger Than Fiction - Special 4.20 The Lake House PG (2006) With Sandra Bullock. 6.10 Martha: Behind Bars PG (2005) With Cybill Shepherd. 8.00 A Good Woman PG (2004) With Helen Hunt. 10.00 The Lake House PG (2006) With Sandra Bullock. 11.45 The Libertine 18 (2004) With Johnny Depp. 1.45 Better Luck Tomorrow 15 (2002) With Parry Shen. 3.30 Winter Solstice 15 (2004) 5.05 Blessings PG (2003)

### Sky Movies Comedy

7.05 Family Close Up 7.35 Boys Klub PG (2001) 9.25 Police Academy 6: City Under Siege PG (1989) 11.10 In & Out 12 (1997) With Kevin Kline. 12.50 Groundhog Day PG (1993) With Bill Murray. 2.50 The Man 12 (2005) With Samuel L Jackson. 4.20 Last Holiday 12 (2006) With Queen Latifah. 6.20 Police Academy 6: City Under

Siege PG (1989) With Bubba Smith. 8.00 Groundhog Day PG (1993) With Bill Murray. 10.00 The Man 12 (2005) With Samuel L Jackson. 11.30 Last Holiday 12 (2006) With Queen Latifah. 1.30 In & Out 12 (1997) With Kevin Kline. 3.10 How To Be a Player 18 (1997) 4.55 Boys Klub PG (2001)

### Sky Movies Action

6.30 Shadow Conspiracy 15 (1997) 8.30 Witness 15 (1985) 10.35 187 15 (1997) 12.45 Shadow Conspiracy 15 (1997) With Charlie Sheen. 2.45 Witness 15 (1985) With Harrison Ford. 4.40 Enemy of the State 15 (1998) With Will Smith. 6.55 187 15 (1997) With Samuel L Jackson. 9.00 Poseidon 15 (2006) With Kurt Russell. 10.40 Enemy of the State 15 (1998) With Will Smith. 12.55 Highlander III: The Sorcerer 15 (1994) With Christopher Lambert. 2.45 Basic Instinct 2 18 (2006) With Sharon Stone. 4.45 Angel Flight Down PG (1996)

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## SPORT

### Sky Sports 1

6.00 Good Morning Sports Fans 9.00 Carling Cup Football 10.30 Live European Tour Golf. The Joburg Open. 2.30 Futbol Mundial 3.00 A-League 3.30 Carling Cup Football 5.00 NFL: Total Access 6.00 The Rugby Club 7.30 Premier League World 8.00 Live Spanish Cup Football. A Copa Del Rey fifth-round first-leg clash. 10.00 Premier League World 10.30 The Rugby Club 12.00 Spanish Cup Football 2.00 Premier League World 2.30 Close

### Sky Sports 2

6.00 Aerobics Oz Style 3.30 High Altitude 7.00 WWE: Experience 8.00 Live Test Cricket: South Africa v West Indies. 3.30 Sky Sports Classics 4.00 THQ British Motocross 5.00 Transworld Sport 6.00 Test Cricket 8.00 Golf Night 10.00 ATP Tennis 10.30 The Dogs 11.00 NFL: Total Access 12.00 Golf Night 2.00 Close

### Sky Sports 3

7.30 Transworld Sport 8.30 Futbol Mundial 9.00 Windsurfing 9.30 European Tour Weekly 10.00 Ten Pin Bowling 11.00 Racing News 11.30 Carling Cup Football 1.00 NFL: Total Access 2.00 High Altitude 2.30

Windsurfing 3.00 Transworld Sport 4.00 Ten Pin Bowling 5.00 WWE: Heat 6.00 The Dogs 6.30 ATP Tennis 7.00 Race World 8.00 The Rugby Club 9.30 WWE: Late Night - Raw 11.30 Extreme Championship Wrestling 12.30 Test Cricket 2.30 The Dogs 3.00 Close

### British Eurosport

7.30 Dakar Rally 8.15 Biathlon 9.15 WTA Tennis 11.15 Dakar Rally 12.00 Biathlon 1.00 Volleyball 1.30 Live Volleyball. Finland v Germany. 3.30 Biathlon 4.15 Live Biathlon. World Cup coverage from Ruhpolding. 5.00 Eurogoals 5.15 Live Biathlon. World Cup coverage from Ruhpolding. 6.00 Eurogoals 6.15 Dakar Rally 6.30 Live Volleyball. Turkey v Serbia. 8.30 Volleyball 9.00 Dakar Rally 9.45 African Cup of Nations 10.45 WTA Tennis 11.45 Dakar Rally 12.10 Close

### Sky Sports Xtra

1.00 Spanish Cup Football 3.00 Triathlon 4.00 High Altitude 4.30 Aerobics Oz Style 5.00 Watersports World 6.00 High Altitude 6.30 Netball 8.30 Test Cricket 10.30 Netball 12.30 ATP Tennis 1.00 Race World 2.00 High Altitude 2.30 Close

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BBC1

6.00 Breakfast. (T) 9.15 Wanted Down Under. (T) 10.00 Homes Under the Hammer; (T) BBC News; Weather. (T) 11.00 To Buy or Not to Buy. (R) (T) 11.45 Cash in the Attic; (R) (T) BBC News; Weather. (T) 12.15 Bargain Hunt. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Doctors. (T) 2.10 Neighbours. (T) 2.35 Diagnosis Murder. (R) (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Bear Behaving Badly. (R) (T) 3.45 Skunk Fu! (T) 4.00 Basil's Swap Shop. (R) (T) Thumb Wrestling Federation: TWF. (R) (T) 4.30 Freefonix. (T) 5.00 Beat the Boss. (R) (T) 5.25 Newswound. (T)

5.35 Neighbours. Elle investigates Laura and Nick, suspecting they may be conning Paul. Declan and Bridget take part in another street race - this time resulting in a high-speed police chase. (R) (T)

6.00 BBC News; Weather. (T) 6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 Elephant Diaries. A baby elephant needs to be flown to Nairobi if it is to survive, while Jonathan Scott investigates the disastrous impact of poaching. Presented by Michaela Strachan; (T) BBC News; Regional News. (T) EastEnders. Jack's latest exploits pay off as he gains the upper hand over Phil, but Darren remains disturbed by the whole business. An anxious Tanya awaits the results of Rainie's drugs test, and fears the outcome may prove Max right. Ronnie comes up with an idea that convinces Honey to accept Pat's offer. Ian and Lucy's shopping trip is a disaster. (T)

8.00 Jam & Jerusalem. Sal organises a "free-wheeling" ramble for the Guild and turns her hand to matchmaking, hoping to push Tash and Spike together. Comedy, starring Sue Johnston. (T)

9.00 New Tricks. Sandra's private and professional worlds become intertwined when her mother has a fall that means she needs to go into a care home. Her first choice is revealed to be the scene of a suspicious death a year earlier, leading Jack, Gerry and Brian to go undercover at the home. Drama, guest starring June Whitfield, Sheila Hancock and Gwyneth Strong. (R) (T)

10.00 BBC News at Ten O'Clock. (T) 10.25 Regional News; Weather. (T) 10.35 Friday Night with Jonathan Ross. (T) 11.35 Damages. American drama series set in the world of high-stakes litigation in New York. Attorney Patty Hewes hires a new associate to help her ruin businessman Arthur Frohisher. (R) (T)

12.30 FILM: Dracula 2000 (2000). Stylish horror, starring Jonny Lee Miller; (T) Weatherview. (T) 2.05 Sign Zone: Arrange Me a Marriage. (R) (T) 3.05 Sign Zone: Heir Hunters. (R) (T) 3.50 BBC News 24. (T)



BBC2

6.00 CBeebies: Tikkabilla. (R) (T) 6.30 Teletubbies; (R) (T) Pobble. (R) (T) 7.00 CBBC: Jakers! (R) (T) 7.20 Newswound. (T) 7.25 Only in America; (R) (T) Bernard. (R) (T) 8.00 Adventure Florida. (T) 8.30 CBeebies: Mister Maker. (R) 8.50 Charlie and Lola. (T) 9.00 Toddworld. (R) (T) 9.15 The Large Family; (T) Pobble. (T) 9.30 Mama Mirabelle's Home Movies. (R) (T) 9.45 Boogie Bebies. (R) (T) 10.00 In the Night Garden. (R) (T) 10.30 Schools: BBC Primary Geography. (R) (T) 10.50 BBC Primary History. (R) (T) 11.10 English Express. (R) (T) 11.30 Pod's Mission. (R) (T) 11.45 Something Special. (R) (T) 12.00 The Daily Politics. (T) 12.30 Working Lunch. (T) 1.30 World Professional Darts Championship. (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (T) 7.00 World Professional Darts Championship. Live coverage of the third quarter-final on day seven at Lakeside Country Club in Frimley Green, where victory in the best-of-nine-sets match will secure the player a place in the last four. Coverage continues on the interactive service. (T) 8.00 Natural World. The story of a giant otter cub. (T) 8.50 Dean - The Diving Decorator. (T) 9.00 Extreme Pilgrim. Peter Owen Jones attends the Kumbh Mela festival. (T) 10.00 QI. With Alan Davies and Jo Brand. (R) (T) 10.30 Newsnight. (T) 11.00 Newsnight Review; (T) Weather. (T) 11.35 World Professional Darts Championship. (T) 12.25 Darts Extra. (T) 2.00 Star Trek: The Next Generation. (R) (T) 2.45 Star Trek: The Next Generation. (R) (T) 3.30 Close.

Pick of the Day

Jamie's Fowl Dinners (C4, 9pm)

Not content with being one of the best chefs on the planet and a thoroughly nice chap, Jamie Oliver is fast becoming the nation's conscience and a political dynamo. After taking on childhood obesity and declaring war on fast food, he's now going that extra mile to show us the human and animal cost of what we put in our mouths. Fifty years ago, chicken was a special treat we were lucky to have once a week. Now, thanks to modern farming methods, chicken has become an easily affordable everyday staple, with whole birds available for £2.50; but farmers make just three pence per bird. Ninety five per cent of chickens and two-thirds of eggs consumed are farmed intensively, and most birds live in conditions many believe detract from their welfare and the quality of their produce. With the help of poultry farmers and experts including Bill Oddie and Hugh Fearnley-Whittingstall, Jamie has brought together consumers, producers and retailers to discuss how chickens and eggs are produced and consumed in this country and whether things need to change. Will his guests still be hungry by the time he's finished?

C4

6.00 The Treacle People. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Freshly Squeezed. 7.30 Everybody Loves Raymond. (R) (T) 7.55 Just Shoot Me. (R) (T) 8.25 Frasier. (R) (T) 8.55 Will & Grace. (R) (T) 9.25 Will & Grace. (R) (T) 9.55 Without a Trace. (R) (T) 10.55 ER. (R) (T) 11.50 Rescue Remedies. (T) 12.00 News at Noon. (T) 12.30 Come Dine with Me. (R) (T) 1.00 A Place in Greece. (R) (T) 1.35 Science Scams. (R) (T) 1.40 FILM: The Wrong Arm of the Law (1962). Crime comedy, starring Peter Sellers. (T) (bw) 3.25 Countdown. (T) 4.15 Deal or No Deal. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.30 First Cut: Health Food Junkies. The world of extreme health food enthusiasts, who go to great lengths to ensure their diet is as good for them as possible, including daily urine-drinking and enemas. (T) 8.00 A Place in the Sun: Home or Away. Two publishers from Lancashire search for a holiday home. (T) 9.00 Jamie's Fowl Dinners. Jamie Oliver discusses the way chickens and eggs are consumed and produced in Britain, focusing on stock densities, growth rates and how the birds are killed. (T) 10.35 Bill Bailey Live: Part Troll. (R) (T) 12.15 4Music: The Album Chart Show: Hard-Fi Special. (R) (T) 12.50 4Music: 4Play. 1.00 Comedy Showcase: Ladies and Gentlemen. (R) (T) 1.35 Goalissimo. 2.35 World Cup Snowboard. 4.25 Richard & Judy. (R) 5.25 Countdown. (R)

FIVE

6.00 Milkshake!: Tickle, Patch and Friends. (R) (T) 6.05 When I Grow Up. (R) (T) 6.10 Mio Mao. (R) (T) 6.15 Monkey Makes. (R) (T) 6.20 Insect Antics. (R) (T) 6.25 Thomas & Friends. (R) (T) 6.35 The Save-Ums! (R) (T) 6.50 Animal Families. (T) 7.00 Franny's Feet. (R) (T) 7.20 Little Princess. (R) (T) 7.30 Roary the Racing Car. (R) (T) 7.50 Make Way for Noddy. (R) (T) 8.05 Fifi and the Flowerrots. (R) (T) 8.20 Big School. (R) (T) 8.30 Peppa Pig. (R) (T) 8.35 Thomas & Friends. (R) (T) 8.50 POCOYO. (T) 9.00 The Wright Stuff. (T) 10.30 Trisha Goddard. (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Cooking the Books. (R) (T) 1.00 RSPCA: Have You Got What It Takes? (R) (T) 1.30 FILM: At the Midnight Hour (1995). Romantic drama. Patsy Kensit stars; (T) five news update. (T) 3.30 FILM: As Time Runs Out (1999). Thriller, starring Stephen Collins. (T) 5.30 five news. (T) 6.00 Home and Away. (T) 6.30 Cooking the Books. (T) 7.00 five news. (T) 7.30 Massive Speed. The history of aerial combat; (T) 7.30 five news update. (T) 8.00 Megastructures. The Burj Al-Arab hotel; (R) (T) 8.00 five news at 9. 9.00 NCIS. Kidnappers strike at Halloween, wounding a Marine sergeant and snatching his daughter - leaving the team to wonder why anyone would attempt to extort money from someone on such a relatively low salary. (T) 10.00 Law & Order: Special Victims Unit. A teenager is suspected of murder. (R) (T) 11.00 FBI Files. (R) (T) 12.00 Quiz Call. 5.10 Wildlife SOS. (R) (T) 5.35 Wildlife SOS. (R) (T)

ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 A Touch of Frost. (R) 4.00 The Royal Today. (T) 4.29 London Weather. (T) 4.30 Dickinson's Real Deal. (R)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Nicola shocks David when she reveals the lengths she will go to for Donald's money. Paul and Diane worry about Val's eyesight problems and Victoria grows suspicious of Scarlett and Daz. (T) 7.30 Coronation Street. Liam is discharged from hospital and returns home to Weatherfield, so Maria goes straight out shopping for wedding dresses - and when Carla calls, she tells them they're still in the Lakes. So Carla is none too happy when she sees her future sister-in-law in a bridal shop in the local high street, leading to a row between the pair. Kevin has his day in court, and the outcome sees the Webster women returning home alone, where Sally breaks down and Sophie is quick to blame Rosie for their father's predicament. (T)

8.00 New Year Debt Busters: Tonight. As the nation adds to its record debt mountain following Christmas, Jonathan Maitland reveals how to cure the financial hangover. (T)

8.30 Coronation Street. Carla and Maria lock horns over Liam, Tyrone and Molly make the Duckworths an offer they can't refuse and Gail gets a big surprise when she meets David's new girlfriend. (T)

9.00 Moving Wallpaper. Jonathan rests on his laurels after episode one of Echo Beach, but his troubles are only just beginning. Comedy companion programme, with Ben Miller, Raquel Cassidy and Lucy Liemann. (T)

9.30 Echo Beach. Mark scares Susan by vowing to get Dan out of his life even if it means digging up buried secrets. Soap, starring Jason Donovan and Martine McCutcheon as ex-lovers in a surfing resort. (T)

10.00 Al Murray's Happy Hour. New series. Comedy with the Pub Landlord. Al chats to Barbara Windsor, James Blunt, Cerys Matthews and Marc Bannerman, plus a musical performance by a top UK act. (T)

11.00 ITV News; Weather. (T)

11.40 FILM: 48 Hours (1982). Comedy thriller, starring Nick Nolte. (T)

1.15 Nightwatch: Emergency; ITV News Headlines. 2.55 FILM: Snow Falling on Cedars (1999). Drama, starring Ethan Hawke. (T) 4.55 ITV Newscreen.

LOCAL

RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1410 Prova de Amor 1515  
Portugal no Coração 1800  
Portugal em Directo 1855  
Operação Triunfo 1910 O Preço Certo 2000 News 2010 Avenida Europa 2130 Sabe Mais do que um Miúdo de 10 Anos? 2230 Pela Espada e Pela Honra 0015  
Operação Triunfo 0045 Nailed, film 0230 Automobilismo: Rali Lisboa - Dakar 2008 0300 Sô Visto 0400 Teleales

RTP2

0700 EuroNews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 da Terra ao Mar 1600 National Geographic 1700 Zig Zah 1830 A Fé dos Homens 1900 A Alma e a Gente 1945 zig Zag 2045 Friends 2115 National Geographic 2200 News 2245 O amor no Alasca 2330 Comunitary Hour 0030 Noites da 2 0115 Sempre em Pé 0215 Paico 0330 Sociedade Civil 0500 Euronews

SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Ganhar é Que se Gente Se Entende 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 CSI Las Vegas 0130 007 - Octopussy, film 0330 Polhar da Serpente

TVI

0700 Diário Da Manha 1000 Vozé na TV 1300 News 1400 Mundialito de Futebol de Praia 1700 Quem Quer Ganha 1745 Morangos com Açúcar - Férias de Verão 2000 News 2115 Euromilhões 2130 Ilha dos Amores 2215 Doce Fugitiva 2330 Tu e Eu 0030 Film TBA

Best of the Rest

BBC3

7.00 Doctor Who 7.45 Doctor Who 8.30 Doctor Who Confidential 9.00 Little Britain 9.30 Little Britain 10.00 EastEnders 10.30 Kill it, Cook It, Eat It 11.30 Family Guy 11.55 Family Guy 12.15 The Mighty Boosh 12.45 Kill it, Cook it, Eat it 1.40 Doctor Who Confidential 2.10 The Mighty Boosh 2.40 Sex - with Mum and Dad 3.40 Dog Borstal 4.40 Close

BBC4

7.00 World News Today 7.00 Weather 7.30 Sounds of the Sixties 7.40 Film: Beat Girl 12 (1960) 9.10 Classic Albums 10.00 Pop Britannia 11.00 Film: Ziggy Stardust and the Spiders from Mars PG (1973) 12.30 Cracked Actor 1.25 Pop Britannia 2.25 Pop! What Is It Good For? 3.25 Pop Britannia 4.25 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 Smallville 8.00 Saturday Night Divas 9.00 Film: Double Jeopardy 15 (1999) 11.00 Coronation Street 11.35 Coronation Street 12.05 Katy Brand's Best Bits 12.35 Film: Ali G Indahouse 15 (2002) 2.15 Teleshopping 4.45 ITV2 Nightscreen 5.00 ITV2 Nightscreen 6.00 Close

Sky One

1.00 Lion Man 1.30 Lion Man 2.00 Lost 3.00 Stargate SG-1 4.00 Stargate SG-1 5.00 Are You Smarter Than a 10 Year Old? 6.00 Futurama 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons

8.00 Are You Smarter Than a 10 Year Old? 9.00 Film: Alien Resurrection 18 (1997) 11.00 Movies' Greatest Cars 1.00 The Villa 1.50 Mile High 2.40 Naked in Westminster 3.30 Dream Team 4.20 Dream Team 5.10 Guilty! UKTV Gold

1.20 The Two Ronnies Sketchbook 2.00 The Thin Blue Line 2.40 dinnerladies 3.20 Keeping Up Appearances 4.00 The Two Ronnies Sketchbook 4.40 The Thin Blue Line 5.20 My Family 6.00 The New Adventures of Old Christine 6.30 The New Adventures of Old Christine 7.00 New Tricks 8.00 New Tricks 9.00 Doctor Who 10.20 EuroMillions Draw 10.25 Film: Starship Troopers 15 (1997) 12.45 Little Britain 1.20 Two Pints of Lager and a Packet of Crisps 2.00 The New Adventures of Old Christine 2.20 Hamish Macbeth 3.15 Alistair McGowan's Big Impression 3.25 The Bill 4.15 Alistair McGowan's Big Impression 4.25 Casualty 5.15 Neighbours 5.35 Neighbours TCM

1.00 Little Women U (1949) 3.00 Lust for Life PG (1956) 5.10 Boys Town PG (1938) 6.50 Logan's Run PG (1976) 9.00 GoodFellas 18 (1990) 11.40 Demon Seed 15 (1977) 1.20 Eye of the Devil 15 (1967) 2.50 Teleshopping 3.10 The Roaring Twenties U (1939) 5.00 Haunted Honeymoon PG (1940)

The Disney Channel

Kids' programmes from 7am, except: 6.00 Film: Johnny Kapahala: Back on Board (2007) Comedy sequel, starring Brandon Baker. 9.30 Film: Johnny Kapahala: Back on Board (2007) Comedy sequel, starring Brandon Baker.

MOVIES

Sky Movies Drama

6.40 The Derby Stallion PG (2005) 8.30 Big Spender PG (2003) 10.15 Oliver Twist PG (2005) 12.30 The Derby Stallion PG (2005) With Bill Cobbs. 2.20 Barbarella 15 (1967) With Jane Fonda. 4.05 Amber Frey: Witness for the Prosecution PG (2005) With Janel Moloney. 5.45 Oliver Twist PG (2005) With Ben Kingsley. 8.00 Barbarella 15 (1967) With Jane Fonda. 9.45 The Pelican Brief 15 (1993) With Julia Roberts. 12.10 Freedomland 15 (2006) With Samuel L Jackson. 2.10 We Don't Live Here Anymore 15 (2004) With Mark Ruffalo. 3.55 The Secret Life of Zoey 12 (2002) 5.30 Big Spender PG (2003)

Sky Movies Comedy

6.40 Stay Tuned PG (1992) 8.15 Six Days, Seven Nights PG (1998) 10.00 Madagascar U (2005) 11.30 Three Amigos! PG (1986) With Steve Martin. 1.15 The Break-Up 15 (2006) With Jennifer Aniston. 3.05 Teen Wolf PG (1985) With Michael J. Fox. 4.45 Madagascar U (2005) With Ben

Stiller. 6.15 Three Amigos! PG (1986) With Steve Martin. 8.00 The Break-Up 15 (2006) With Jennifer Aniston. 10.00 Beerfest 18 (2006) With Erik Stolhanske. 12.00 Six Days, Seven Nights PG (1998) With Harrison Ford. 1.45 Teen Wolf PG (1985) With Michael J. Fox. 3.25 Stranger than Fiction - Sky Movies Special 3.40 Marilyn Hotchkiss Ballroom Dancing and Charm School 12 (2005) 5.25 Stay Tuned PG (1992)

Sky Movies Action

6.25 The Legend of Butch and Sundance PG (2004) 8.05 The Dogs of War 15 (1980) 10.15 Switchback 15 (1997) 12.30 Adrift 15 (2006) With Eric Dane. 2.20 The Dogs of War 15 (1980) With Christopher Walken. 4.30 Rush Hour 12 (1998) With Jackie Chan. 6.25 Armageddon 12 (1998) With Bruce Willis. 9.00 Adrift 15 (2006) With Eric Dane. 10.40 Rush Hour 12 (1998) With Jackie Chan. 12.25 Armageddon 12 (1998) With Bruce Willis. 2.55 True Romance 18 (1993) With Christian Slater. 4.55 The Legend of Butch and Sundance PG (2004)

(R) -repeat programme;

(T) -programme with teletextsubtitles;

(S) -programme broadcast in stereo;

(bw) -black and white.

Sky Sports 1

6.30 Live European Tour Golf. The Royal Trophy. 10.30 Live European Tour Golf 2.30 Premier League World 3.00 ATP Tennis 3.30 Spanish Cup Football 5.30 Premier League World 6.00 Live European Rugby Union. Brive v Newcastle Falcons (Kick-off 6.00pm). 8.00 Live European Rugby Union. Cardiff Blues v Harlequins (Kick-off 8.00pm). 10.30 Premier League Preview 11.00 Big League Weekend 12.00 Premier League Preview 12.30 Test Cricket 2.30 High Altitude 3.00 Premier League Preview 3.30 World Sport 4.00 Big League Weekend 5.00 World Sport 5.30 High Altitude

Sky Sports 2

6.00 Spanish Cup Football 8.00 Live Test Cricket. South Africa v West Indies. 3.30 Sky Sports Classics 4.00 The Dogs 4.30 ATP Tennis 5.00 NFL: Total Access 6.00 Big League Weekend 7.00 Premier League Preview 7.30 Golf Night 10.00 Tight Lines 11.00 NFL: Total Access 12.00 Golf Night 2.30 Big League Weekend 3.30 Tight Lines 4.30 FEI Equestrian World 5.00 NFL: Total Access

Sky Sports 3

6.00 Aerobics Oz Style 6.30 High Altitude 7.00 WWE: Raw 9.00 Netball 11.00 Racing News 11.30 Aerobics Oz Style 12.00 Transworld Sport 1.00 NFL: Total Access 2.00 High Altitude 2.30 The Rugby Club 4.00 Race World 5.00 WWE: Raw 7.00

Tight Lines 8.00 Test Cricket 10.00 WWE: Late Night - Smackdown 12.00 WWE: Late Night - Bottom Line 1.00 Tight Lines 2.00 British Ice Hockey 4.00 Race World 5.00 Fishing

British Eurosport

7.30 Dakar Rally 8.15 Luge 8.45 Biathlon 9.30 Live Alpine Skiing. The World Cup meeting from Wengen. 11.00 WTA Tennis 12.30 Live Alpine Skiing. The World Cup meeting from Wengen. 1.15 Live Biathlon. World Cup coverage from Ruhpolding. 2.45 Gooool! 3.00 Live Football. Hannover 96 v Austria Vienna (Kick-off 3.00pm). 5.00 Live Ski Jumping. The World Cup meeting from Val di Fiemme. 6.00 Eurogoals 6.15 Dakar Rally 6.30 Luge 7.00 Live Football. Hertha Berlin v FC Zurich (Kick-off 7.00pm). 9.00 Dakar Rally 9.45 African Cup of Nations 10.45 Trial Bikes 11.15 Yoz Magazine 11.45 Dakar Rally 12.30 Close

Sky Sports Xtra

10.30 The Dogs 11.00 ATP Tennis 11.30 Premier League World 12.00 Spanish Cup Football 2.00 Netball 4.00 High Altitude 4.30 Aerobics Oz Style 5.00 British Ice Hockey 7.00 High Altitude 7.30 Wild Spirits 8.00 British Ice Hockey 10.00 World Sport 10.30 Wild Spirits 11.00 High Altitude 11.30 World Sport 12.00 Fishing 1.00 High Altitude 1.30 World Sport 2.00 NFL: Total Access 3.00 FEI Equestrian World 3.30 High Altitude 4.00 Test Cricket

Everything in English





## BOOK REVIEW

## World Atlas of Wine by Hugh Johnson

*World Atlas of Wine by Hugh Johnson (Author), Jancis Robinson (Author).*

Written by the world's most authoritative wine duo, the unparalleled clarity and detail of the maps remain core to the Atlas. Each of the 200 maps has been thoroughly researched and updated.

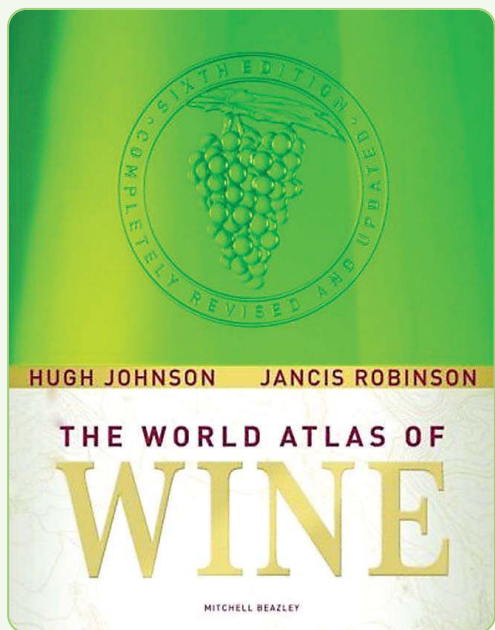
Reflecting the happenings over the last six years in the world of wine, the pages devoted to the New World show a lot of changes. New additions include: California (Rutherford, Oakville, Stag's Leap), Australia (Barossa Valley, McLaren Vale, Limestone

Coast), New Zealand (Central Otago, Martinborough), South Africa (Constantia). The South American section receives a complete revamp.

In Europe the dynamism of the new Old World is in evidence, with Sicily, the Douro, Greece and Germany all receiving extra pages. In Spain, Toro makes an appearance and Austria's hotspots, Wachau & Kremstel, also fall under the spotlight.

With new illustrations and photographs throughout, this is the must-have book and reference work for all wine enthusiasts.

Normal price is €52,50 available from Magna Carta bookshop in Alvor. Receive a 20% discount if you quote 'The Portugal News'. Limited to existing stock. Call 282 496 001 for more information.



## Magna Carta



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## BOX OFFICE

## JANUARY 2008

Clã - January 25th at Setúbal Fórum Luísa Todi. Tickets: €15 - €20.

## FEBRUARY 2008

Australian Pink Floyd - February 3th at Aula Magna in Lisbon from 10pm. Tickets: €25 - €35.

Korn - February 27th from 8pm at Pavilhão Atlântico. Tickets: €25 - €40.

David Fonseca - February 8th at Sintra Olga Cadaval Cultural Centre from 10pm. Tickets: €15 - €20.

30 Seconds to Mars - February 15th at Lisbon Coliseu from 8.30pm. Tickets: €25 - €30.

## MARCH 2008

Within Temptation - March 7th at Lisbon Coliseu. Further info TBA.

The Cure - March 8th from 8pm at Pavilhão Atlântico. Tickets: €28 - €40.

Tokio Hotel - March 16th at Lisbon

## LIVE CONCERTS

Pavilhão Atlântico from 9.30pm. Tickets: €28 - €40.

Alicia Keys - March 19th at Pavilhão Atlântico. Tickets: €28 - €40.

Pedro Abrunhosa & Bandedónio - March 28th at Setúbal Fórum Luísa Todi. Tickets: €15 - €20.

## APRIL 2008

Editors - April 2nd at Campo Pequeno in Lisbon. Tickets: €22 - €30. April 3rd at Oporto Coliseu. Tickets: €25 - €28.

Nightwish - April 18th in Oporto Coliseu from 9pm. Tickets: €22 - €25. April 19th at Lisbon Coliseu from 9pm. Tickets: €22 - €25.

Backstreet Boys - April 25th at Lisbon Pavilhão Atlântico. Further info TBA.

## JUNE 2008

Jack Johnson - June 28th at Lisbon Pavilhão do Atlântico from 8pm. Tickets: €28 - €40.

## LIVE SHOWS

## FEBRUARY

Tap Dogs - Tap Dogs are currently taking the world by storm with their unprecedented tap show that combines the strength and power of male workmen with the precision and talent of tap dancing. February 12th until 17th at Lisbon Casino Ocean Auditorium in Lisbon. Tickets: €30 to €35.

## APRIL

Disney on Ice 'Adventures in Disneyland' - Disney on ice is set to return to Portugal this April, with another ice skating show including all your favourite Disney characters. The show will take place at Pavilhão Atlântico on April 2nd - 9th. Tickets:

€16 - €36.

RAW WrestlingMania Revenge - It's here! World Wrestling Entertainment® storms back to Portugal with RAW® WrestlingMania® Revenge Tour at Pavilhão Atlântico in Lisbon on April 19th from 8pm. Tickets: €25 to €85.

## MARCH

The Aluminum Show - A combination of movement, dance and theatrical visual affects. A show with lots of special effects and creative dancing and acrobatic movements. Lisbon Casino, Oceanos Auditório from March 18th until March 23rd. Tickets: €30 - €35.

**TICKETS:** Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: www.pavilhaoatlantico.pt; www.ticketline.pt | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline)

## SPORT

## Euromilhões Lisbon-Dakar Rally

The legendary Euromilhões Lisbon-Dakar Rally will be back in the city of Portimão. The first few days of January will be brought to life by the Euromilhões Lisbon-Dakar caravans. Don't miss the chance to catch the off-road competitions once again. January 5th: Etapa Lisboa-Portimão - arrival from 11am to 8pm arrival; Concert with João Pedro Pais and Ricardo

Azevedo, Portimão Riverside Area from 11pm.

January 6th: Super Especial Portimão-Morgado D'Arges, 7.30am



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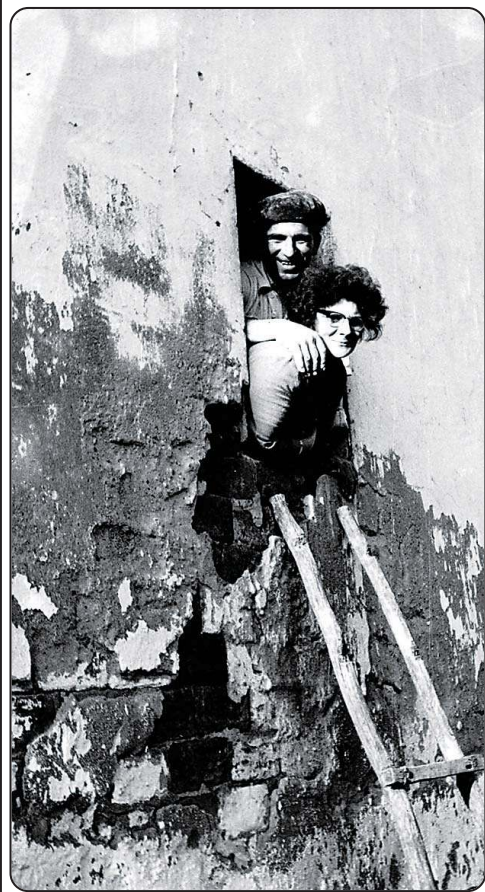
## EXHIBITIONS

## Algarvida Art Gallery photography exhibition

A photography exhibition of the Algarve with rare pictures of the 1960's by Tim Motion and photos of the Algarve by Helmut Opel and Hélio Ribeiro as well as paintings by João Bailote are currently on exhibition at Algarvida art gallery as well as

unique 3D object art by Volker Kuehn.

The gallery is located on the outgoing road to Carvoeiro. Open from Monday to Friday 10am to 2.30pm. Call 282 356 577 or e-mail: info@algarvida.com for more information.



## Jardim das Dunas

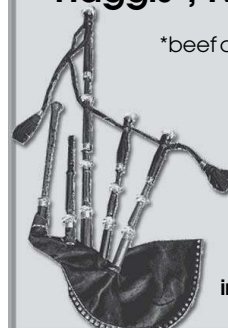
January 19<sup>th</sup> Experience

## A true Scottish Evening

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Haggis\*, Neeps & Tatties

\*beef casserole as an alternative



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## THE YEAR AHEAD IN MUSIC

Despite such a joyous year, 2008 promises to be even more exciting, and already several artists are emerging as ones to

watch for the coming 12 months. Remember where you heard about them first.

## The Courteeners

It's been a while since Manchester produced a band in the swaggering, simian Oasis mould, but The Courteeners might just be what the great North West city has been crying out for - the singer's even called Liam!

Inspired by their local heroes, along with tips of the hat to The Libertines, they might just prove to be 2008's most exciting band.

Key track - Acrylic  
www.myspace.com/theCourteeners

## Glasvegas

"The best Scottish band since Jesus And Mary Chain" said Alan McGee of Glasvegas. He should know, he's the man who signed the Mary Chain to his Creation label 20 years ago, and also discovered Oasis. Four-piece Glasvegas have al-

ready earned wild applause for their first own-label single, so expect to hear a lot about them when their album drops in the summer.

Key track - Daddy's Gone  
www.myspace.com/glasvegas

## Joe Lean &amp; The Jing Jang Jong

Word on this band has spread like wildfire since they played their first gig in January 2007. Debut single Lucio Starts Fires was released in October, creating a wave of hysteria, while support slots

with CSS, Kaiser Chiefs and full backing from NME certainly won't harm their cause.

Key track - Lucio Starts Fires  
www.myspace.com/joeleanandthejingjangjong

## Adele

You may have already heard of this soul / jazz singer from South London, or seen her on Later... With Jools Holland, but that was nothing compared to the exposure she's going to get in 2008. With a voice to rival Amy Winehouse's and similarly timeless songs, there

will be comparisons to the troubled singer, but Adele has the quality to shrug off such laziness and become a star in her own right.

Key track - Hometown Glory  
www.myspace.com/adelelondon

## Babyshambles - Lisbon

Babyshambles are an English indie rock band established in London. The band was formed by Pete Doherty during a hiatus from his former band The Libertines, but Babyshambles has since become his main project. Babyshambles draws inspira-

tion from the punk and ska genres, and has released two albums, one EP and a number of singles. The band has received a great deal of attention from the British tabloid press as a result of interest in Doherty's personal life.

January 8th at Lisbon Coliseu. Tickets: €20.



## FAIRS

## Algarve Noivos - 4th Wedding Fair

The fourth exhibition of Algarve Noivos promises to be an occasion not only where tradition is renewed, but also one where you are invited to share in all aspects of this moment when two people join in matrimony. Come and be part of their unforgettable journey, the huge range of items on offer,

where all the best things for a wedding are available, at this unique and special event. Algarve Noivos 2008 is organised with you in mind. January 11th until 13th at Faro Alentexpo. Call 289 882 592 or visit [www.alentexpo.com](http://www.alentexpo.com). Entry: €2.

## GNR - Lagoa

GNR is a Portuguese band founded in 1981. This band shares its acronym (Grupo Novo Rock, Portuguese for Group of New Rock) with the Guarda Nacional Republicana (National Republican Guard) and is inseparable from the concept of Portuguese rock. Many years after its creation,

numerous recordings show the band's popularity, as always represented by the charismatic Rui Reininho.

Singer, author of numerous lyrics and songs, he has been one of the most loved by the media - and often controversial - a symbol of the Portuguese rock scene.



New Year Concert with GNR at Lagoa auditorium on January 12th. Call 82 380 416.

## Vale de Milho Golf

Ideal for short game practise!  
Ideal for family golf!  
Ideal for beginners!



Vale de Milho - A 9 hole, par 3 golf course, was designed by the Ryder Cup player Dave Thomas, to provide a real challenge throughout its 926 metres for all standards of players. Facilities include a lounge bar, restaurant, a well stocked shop, snooker room and golf school. "best designed (Algarve par 3) layout" - Greg Turner. "Top Holiday Golf Course" - Top 10 Algarve, Dorling Kindersley.

## SPECIAL WINTER PROMOTION - (18 HOLES)

€30

From November 2007 to January 2008

## TWILIGHT PROMOTION

€25

February and March - after 3:00 pm

April to September - after 4:30 October - after 4:00

## GREEN FEES

9 Holes Green Fee €24.00  
9 Holes Green Fee Junior €16.50  
18 Holes Green Fee €37.00  
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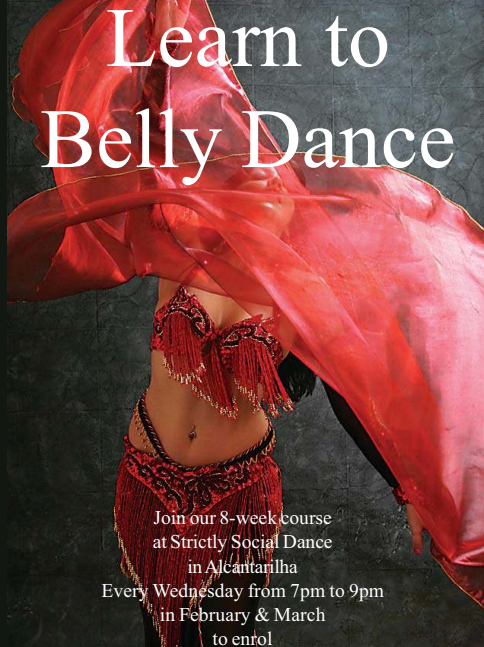
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# ALGARVE

**SBC**  
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**3 JAN-9 JAN**



**1**  
**Bee Movie**  
Animation  
PV: (12.40 Sat & Sun) 14.50-19.10  
OV: (10.30 Sat & Sun) 17.05-21.20  
**Good Luck Chuck**  
Dane Cook, Jessica Alba  
(23.40 Fri & Sat)  
**2**  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
(11.20 Sat & Sun) 13.30-15.40-17.50-20.00  
**Floripes**  
Catarina Barros, João Sancho  
22.10 (00.20 Sat & Sun)  
**3**  
**I Am Legend**  
Will Smith, Salli Richardson  
(12.25 Sat & Sun) 14.50-17.10—19.30-21.50 (00.25 Fri & Sat)  
**4**  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
(10.20 Sat & Sun) 13.00-15.45-18.25-21.10 (23.55 Fri & Sat)  
**5**  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
(12.30 Sat & Sun) 14.45-17.00—19.15-21.30 (23.45 Fri & Sat)  
**6**  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
16.20-18.40-21.00 (23.30 Fri & Sat)  
**Fred Claus**  
Vince Vaughn, Paul Giamatti  
(11.15 Sat & Sun) 13.45  
**7**  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck  
14.10-17.30-20.50 (00.05 Fri & Sat)  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
(11.40 Sat & Sun)  
**8**  
**Lions for Lambs**  
Robert Redford, Meryl Streep  
19.50  
**Enchanted**  
Amy Adams, Patrick Dempsey  
PV: 14.55  
OV: (10.00-12.20 Sat & Sun) 17.20  
**Hitman**  
Timothy Olyphant, Dougray Scott  
22.00 (00.10 Fri & Sat)  
**9**  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
(11.25 Sat & Sun) 13.55-16.30-19.05-21.40 (00.15 Fri & Sat)

**CASTELLO LOPES CINEMAS**  
**PORTIMÃO**  
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**3 JAN-9 JAN**



**1**  
**I Am Legend**  
Will Smith, Salli Richardson  
13.20-15.25-17.40-19.50-22.00-00.10  
**2**  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
13.30-15.30-17.35-19.35-21.50-00.20  
**3**  
**Bee Movie**  
Animation PV  
13.20-15.20-17.25-19.25-21.30  
**Love and Other Disasters**  
Brittany Murphy, Matthew Rhys  
23.40  
**4**  
**Alvin and the Chipmunks**  
Jason Lee, David Cross OV & PV  
13.40-15.50  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
18.00-21.10-00.00  
**5**  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
13.10-16.00-18.50-21.40  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
00.30  
**6**  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
13.50-16.10-18.45-21.20  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
23.50

**CASTELLO LOPES CINEMAS**  
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**3 JAN-9 JAN**



**1**  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
13.30-15.30-17.30-19.30-21.40-00.00  
**2**  
**I Am Legend**  
Will Smith, Salli Richardson  
13.05-15.15-17.25-19.35-21.50-00.10  
**3**  
**Balls of Fury**  
Christopher Walken, Maggie Q.  
13.50-16.10-19.00-21.35-23.50  
**4**  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck  
13.40-17.00-21.00-00.15  
**5**  
**Alvin and the Chipmunks**  
Jason Lee, David Cross  
13.10-16.20-18.50  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
21.25-23.55  
**6**  
**Bee Movie**  
Animation  
PV: 13.00-15.00-17.05-19.10  
OV: 21.10-23.30  
**7**  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
12.45-15.40-18.35-21.30-00.25  
**8**  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
13.35-16.10-18.45-21.15-00-23.40  
**9**  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
13.20-16.00-18.40-21.20-00.05

**LUSOMUNDO**  
**VILAMOURA**  
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**3 JAN-9 JAN**

**The Golden Compass**  
Nicole Kidman, Daniel Craig  
15.30-18.30-21.30

# CENTRE

**LUSOMUNDO**  
**ALMA DA FORUM**  
**TEL: 707 246362**  
**3 JAN-9 JAN**

**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**I Am Legend**  
Will Smith, Salli Richardson  
**Fred Claus**  
Vince Vaughn, Paul Giamatti  
**Good Luck Chuck**  
Dane Cook, Jessica Alba  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**Hitman**  
Timothy Olyphant, Dougray Scott  
**Love and Other Disasters**  
Brittany Murphy, Matthew Rhys  
**Bee Movie**  
Animation OV & PV  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Lions for Lambs**  
Robert Redford, Meryl Streep  
**Martian Child**  
John Cusack, Amanda Peet  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**Balls of Fury**  
Christopher Walken, Maggie Q.

**LUSOMUNDO**  
**ALVALÁXIA**  
**TEL: 21 754 9000**  
**3 JAN-9 JAN**

**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau

**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Balls of Fury**  
Christopher Walken, Maggie Q.  
**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**Hitman**  
Timothy Olyphant, Dougray Scott  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Lions for Lambs**  
Robert Redford, Meryl Streep  
**Enchanted**  
Amy Adams, Patrick Dempsey (OV)  
**Love and Other Disasters**  
Brittany Murphy, Matthew Rhys  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**American Gangster**  
Denzel Washington, Russell Crowe  
Khoya Khoya Chand  
Shiney Ahuja, Soha Ali Khan

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**3 JAN-9 JAN**

**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**I Am Legend**  
Will Smith, Salli Richardson  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck  
**Bee Movie**  
Animation PV  
**Lions for Lambs**  
Robert Redford, Meryl Streep  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha

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**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Balls of Fury**  
Christopher Walken, Maggie Q.  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck

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**3 JAN-9 JAN**

**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Hitman**  
Timothy Olyphant, Dougray Scott  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**Good Luck Chuck**  
Dane Cook, Jessica Alba  
**Bee Movie**  
Animation OV & PV  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**Love and Other Disasters**  
Brittany Murphy, Matthew Rhys  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Balls of Fury**  
Christopher Walken, Maggie Q.  
**I Am Legend**  
Will Smith, Salli Richardson

OV = Original Version  
PV = Portuguese Version

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**3 JAN-9 JAN**

**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**The Golden Compass**  
Nicole Kidman, Daniel Craig

**UCI CINEMAS**  
**EL CORTE INGLÉS**  
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**3 JAN-9 JAN**



**Enchanted**  
Amy Adams, Patrick Dempsey  
**Eastern Promises**  
Viggo Mortensen, Naomi Watts  
**Alvin and the Chipmunks**  
Jason Lee, David Cross OV & PV  
**American Gangster**  
Denzel Washington, Russell Crowe  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Redacted**  
Patrick Carrol, Izzy Diaz  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**The Good Night**  
Penelope Cruz, Martin Freeman  
**Lions for Lambs**  
Robert Redford, Meryl Streep  
**I Am Legend**  
Will Smith, Salli Richardson  
**Martian Child**  
John Cusack, Amanda Peet  
**Bee Movie**  
Animation OV & PV  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck

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**3 JAN-9 JAN**



**I Am Legend**  
Will Smith, Salli Richardson  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Balls of Fury**  
Christopher Walken, Maggie Q.  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Alvin and the Chipmunks**  
Jason Lee, David Cross OV & PV  
**Corrupção**  
Nicolau Breyner, Rita Blanco  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Enchanted**  
Amy Adams, Patrick Dempsey  
**American Gangster**  
Denzel Washington, Russell Crowe  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Bee Movie**  
Animation PV  
**Good Luck Chuck**  
Dane Cook, Jessica Alba

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**3 JAN-9 JAN**

**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Meet the Robinsons**  
Animation PV 3D  
**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)

**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha

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**3 JAN-9 JAN**

**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Bee Movie**  
Animation PV  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**I Am Legend**  
Will Smith, Salli Richardson

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**3 JAN-9 JAN**

**Balls of Fury**  
Christopher Walken, Maggie Q.  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Enchanted**  
Amy Adams, Patrick Dempsey (PV)  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**The Golden Compass**  
Nicole Kidman, Daniel Craig

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**3 JAN-9 JAN**

**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**I Am Legend**  
Will Smith, Salli Richardson  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**Bee Movie**  
Animation PV  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau

**LUSOMUNDO**  
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**3 JAN-9 JAN**

**Alvin and the Chipmunks**  
Jason Lee, David Cross (PV)  
**I Am Legend**  
Will Smith, Salli Richardson  
**The Assassination of Jesse James by the Coward Robert Ford**  
Brad Pitt, Casey Affleck  
**The Golden Compass**  
Nicole Kidman, Daniel Craig  
**American Gangster**  
Denzel Washington, Russell Crowe  
**Charlie Wilson's War**  
Tom Hanks, Philip Seymour Hoffman  
**Aliens vs Predator: Requiem**  
Reiko Aylesworth, David Paetkau  
**I Am Legend**  
Will Smith, Salli Richardson  
**Bee Movie**  
Animation PV  
**Hitman**  
Timothy Olyphant, Dougray Scott  
**Call Girl**  
Soraia Chaves, Joaquim de Almeida  
**National Treasure: Book of Secrets**  
Nicolas Cage, Justin Bartha  
**Enchanted**  
Amy Adams, Patrick Dempsey (OV)  
**Love and Other Disasters**  
Brittany Murphy, Matthew Rhys



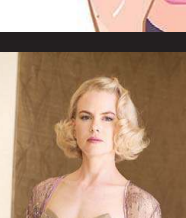
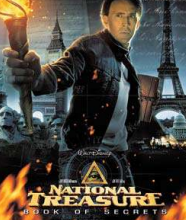
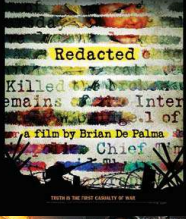
OV = Original Version  
PV = Portuguese Version



Alvin and the Chipmunks



I am a Legend





## CELEB NEWS

Actress **Anne Hathaway** has reason to smile in 2008 - she's been announced as the new face of Lancôme. **The Devil Wears Prada** beauty, 25, will front a new advertising campaign by the cosmetics giant for a new fragrance which will be launched later this year. A spokesperson for Lancôme says of her appointment, "Anne Hathaway is a radiant young woman who perfectly embodies modern femininity. We know she will portray all the passion and excitement of our new fragrance, to be launched throughout the world in September 2008". «»» **Angelina Jolie** has praised her boyfriend **Brad Pitt** for the "extraordinary" way he comforted her in the aftermath of her mother's death last year. The **Beowulf** actress, who lost her mom **Marcheline Bertrand** to cancer in January 2007, is grateful to Pitt for helping her to focus on the happiness she'd shared with her mother over the years. Jolie tells British magazine *Grazia*, "He is just a great friend and when my mother passed, he was so great. He sat with me and held (my mother's) hand. After she passed away he spent the night asking me and my brother about our mother and got us to tell funny stories about her. He focused on all the love and joy we were fortunate enough to have had. He was extraordinary". «»» **Lindsay Lohan** gave the poorest acting performances in 2007, according to a poll of nearly four million British movie-goers. The actress, who was honoured for her contribution to the film industry at the Capri Film Festival in Italy, was criticized for her performance in thriller **I Know Who Killed Me**. **Eddie Murphy** also featured in the AOL MovieFone poll for his role in **Norbit**, while the film was considered to be the biggest waste of the price of a ticket. **Matt Damon** was recognized for his good acting in **The Bourne Ultimatum** and **Ocean's Thirteen**, and **Shia LaBeouf** was named best newcomer. He also won best screen duo along with **Megan Fox** for **Transformers**. The survey, which attracted more than 3.8 million votes, offered users a choice of five nominees in each category. «»» **Jessica Alba** has confirmed reports she's engaged to marry the father of her unborn child. Just 10 days after the actress' **Fantastic Four** co-star **Doug Jones** announced the news at the Jules Verne Adventure Film Festival in Los Angeles, Alba told photographers she was in fact planning to wed producer Cash Warren. Alba, who met her man on the set of **The Fantastic Four** in 2004, announced the news she was pregnant with her first child last month. The actress' baby is due in late spring/early summer of 2008, according to her publicist Brad Cafarelli, who says, "I can confirm that they are engaged". «»» **Heroes** co-stars **Milo Ventimiglia** and **Hayden Panettiere** have stopped pretending they're just good friends after cooing about their romance at a recent show party. Actor Ventimiglia toasted the actress at the pre-Christmas Water Grill party in Los Angeles, telling co-stars he was in fact dating Panettiere. An eyewitness tells *In Touch Weekly* magazine, "He called her his girlfriend and said that he loved her." The couple spent the rest of the party sitting together and holding hands. Ventimiglia recently shrugged off romance reports, insisting he and his co-star were just "close friends". He said, "It's only natural that people are going to couple us together". «»»

## NORTH

UCI CINEMAS  
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3 JAN-9 JAN



Charlie Wilson's War

Tom Hanks, Philip Seymour Hoffman  
National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

Bee Movie

Animation OV &amp; PV

Fred Claus

Vince Vaughn, Paul Giamatti

Good Luck Chuck

Dane Cook, Jessica Alba

Enchanted

Amy Adams, Patrick Dempsey (PV)

Hitman

Timothy Olyphant, Dougray Scott

Alvin and the Chipmunks

Jason Lee, David Cross (PV)

Eastern Promises

Viggo Mortensen, Naomi Watts

Redacted

Patrick Carrol, Izzy Diaz

The Golden Compass

Nicole Kidman, Daniel Craig

Love and Other Disasters

Brittany Murphy, Matthew Rhys

Lonely Hearts

John Travolta, Salma Hayek

Balls of Fury

Christopher Walken, Maggie Q.

The Assassination of Jesse

James by the Coward Robert

Ford

Brad Pitt, Casey Affleck

Marian Child

John Cusack, Amanda Peet

I Am Legend

Will Smith, Salli Richardson

Aliens vs Predator: Requiem

Reiko Aylesworth, David Paetkau

American Gangster

Denzel Washington, Russell Crowe

Lions for Lambs

Robert Redford, Meryl Streep

The Good Night

Penélope Cruz, Martin Freeman

Call Girl

Soraia Chaves, Joaquim de Almeida

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3 JAN-9 JAN

Charlie Wilson's War

Tom Hanks, Philip Seymour Hoffman

Bee Movie

Animation OV

American Gangster

Denzel Washington, Russell Crowe

Alvin and the Chipmunks

Jason Lee, David Cross (PV)

National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

I Am Legend

Will Smith, Salli Richardson

Call Girl

Soraia Chaves, Joaquim de Almeida

Enchanted

Amy Adams, Patrick Dempsey (PV)

Eastern Promises

Viggo Mortensen, Naomi Watts

The Good Night

Penélope Cruz, Martin Freeman

Marian Child

John Cusack, Amanda Peet

Love and Other Disasters

Brittany Murphy, Matthew Rhys

The Golden Compass

Nicole Kidman, Daniel Craig

Lions for Lambs

Robert Redford, Meryl Streep

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TEL: 707 246362

3 JAN-9 JAN

Charlie Wilson's War

Tom Hanks, Philip Seymour Hoffman

Bee Movie

Animation PV

National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

Call Girl

Soraia Chaves, Joaquim de Almeida

I Am Legend

Will Smith, Salli Richardson

Aliens vs Predator: Requiem

Reiko Aylesworth, David Paetkau

Alvin and the Chipmunks

Jason Lee, David Cross

The Golden Compass

Nicole Kidman, Daniel Craig

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3 JAN-9 JAN

Charlie Wilson's War

Tom Hanks, Philip Seymour Hoffman

Alvin and the Chipmunks

Jason Lee, David Cross (PV)

National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

I Am Legend

Will Smith, Salli Richardson

Aliens vs Predator: Requiem

Reiko Aylesworth, David Paetkau

Call Girl

Soraia Chaves, Joaquim de Almeida

Balls of Fury

Christopher Walken, Maggie Q.

Bee Movie

Animation PV

The Golden Compass

Nicole Kidman, Daniel Craig

LUSOMUNDO  
FERRARA PLAZA  
TEL: 707 246362

3 JAN-9 JAN

National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

I Am Legend

Will Smith, Salli Richardson

Bee Movie

Animation PV

The Golden Compass

Nicole Kidman, Daniel Craig

Charlie Wilson's War

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The Assassination of Jesse

James by the Coward Robert

Ford

Brad Pitt, Casey Affleck

Call Girl

Soraia Chaves, Joaquim de Almeida

Charlie Wilson's War

Tom Hanks, Philip Seymour Hoffman

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Reiko Aylesworth, David Paetkau

I Am Legend

Will Smith, Salli Richardson

Balls of Fury

Christopher Walken, Maggie Q.

National Treasure: Book of Secrets

Nicolas Cage, Justin Bartha

Enchanted

Amy Adams, Patrick Dempsey (PV)





In *Aliens vs. Predator – Requiem* (AVP-R), the iconic

creatures from two of the scariest film franchises in movie history wage their most brutal battle ever, in our own backyard.

The science fiction-action-thriller captures the magic of the *Alien vs. Predator* comics, novels and video games that established the “AVP” brand, while



paying homage to the hallmarks of the film series that preceded it: Ridley Scott's seminal work of science fiction and horror, *Alien*; James Cameron's masterpiece of intense action, *Aliens*; and John McTiernan's thriller about an extra-terrestrial warrior wreaking havoc in the jungle, *Predator*. At the same time *AVP-R*, introduces an intriguing element new to the franchise, by having the Aliens and Predator wage war in a small American town.



was Robert Ford (Casey Affleck), an idealistic and ambitious young man who had devoted his life to the hope of one day riding alongside his idol. He could never have imagined that history would ultimately mark him as the “the dirty little coward” who shot Jesse in the back.

But who was Jesse James, really, behind the folklore and the selling of newspapers? And who was Robert Ford, just nineteen and a member of Jesse's inner circle, who was able to bring down such a formidable figure when lawmen across ten states had tried and failed? How did they come to be friends and what happened between them in the days and hours leading up to the gunshot that would end one man's life and become the definition and sum total of another's?

No one will ever know the whole truth.

Based on the novel by Ron Hansen, *The Assassination of Jesse James by the Coward Robert Ford* delves into the private lives of America's most notorious outlaw and his unlikely assassin to offer a new perspective on a legend and address the question of what really may have transpired in the months before that infamous shooting.

The year is 1881 and Jesse is 34 years old. As he plans his next great robbery, he continues to wage war on his enemies who are trying to collect the reward money, and the glory, riding on his capture. But the greatest threat to his life could come from those he would trust the most.

*The Assassination of Jesse James by the Coward Robert Ford* stars Brad Pitt, Casey Affleck, Sam Shepard, Mary-Louise Parker, Paul Schneider, Jeremy Renner, Zooey Deschanel and Sam Rockwell.



There have been countless books written, and tales told about Jesse James, America's most famous outlaw, all of them colourful and fascinating, all focused on his larger-than-life public persona and daring exploits, and most of them bearing only incidental reference to the truth.

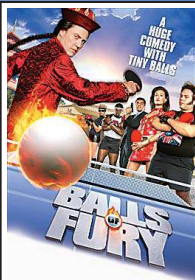
To those he robbed and terrorized, and to the families of those he admittedly killed, he may have been just a criminal, but in the sensational newspaper articles and dime novels chronicling the James Gang throughout the 1870s, Jesse was the object of awe and admiration. He was a Robin Hood, they suggested, targeting railroad owners and banks that ex-

ploited poor farmers. He was a man with a tragic cause, a wronged and wounded Confederate soldier striking back against the Union that had ruined his life. Most importantly, to an increasingly buttoned-down and censored population leading ordinary lives, he was the last frontiersman, a symbol of freedom and the American spirit, a charismatic rebel who flouted the law and lived by his own rules...by all accounts, a legend.

Foremost among his admirers



Opened this week *Martian Child* starring John Cusack was featured in our Christmas edition of 22nd December.



In the unsanctioned, underground, and untinged world of extreme Ping-Pong, the competition is brutal and the stakes are deadly. Now, this outrageous new comedy, *Balls of Fury*, serves up this secret world for the

first time on-screen. Down-and-out former professional Ping-Pong phenom Randy Daytona (Tony Award winner Dan Fogler) is sucked into this maelstrom when FBI Agent Rodriguez (George Lopez) recruits him for a secret mission. Randy is determined to bounce back and recapture his former glory, and to



smoke out his father's (Robert Patrick) killer, one of the FBI's Most Wanted, arch-enemy Feng

(Academy Award winner Christopher Walken). But, after two decades out of the game, Randy can't turn his life around and avenge his father's murder without a team of his own. He calls upon the spiritual guidance of blind Ping-Pong sage and restaurateur Wong (James Hong), and the training expertise of Master Wong's niece Maggie (Maggie Q), both of whom also have a dark history with Feng. All roads lead to Feng's mysterious jungle compound and the most unique Ping-Pong tournaments ever staged. There, Randy faces such formidable players as his long-ago Olympics opponent, the still-vicious Karl Wolfschtagg (Thomas Lennon). Can Randy keep his eye on the ball? Will he achieve the redemption he craves while wielding a paddle? Is his backhand strong enough to triumph over rampant wickedness?



*Charlie Wilson's War* is the true story of how a playboy congressman, a renegade CIA agent and a beautiful Houston socialite joined forces to lead the largest and most successful covert operation in history. Their efforts contributed to the fall of the Soviet Union and the end of the Cold War, with consequences that reverberate throughout the world today. Oscar winners Tom Hanks, Julia Roberts and Philip Seymour Hoffman team with Academy Award-winning director Mike Nichols and screenwriter Aaron Sorkin to bring George Crile's best-selling book to the screen.





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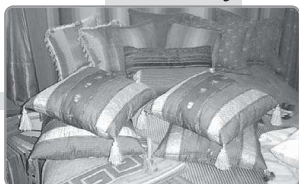
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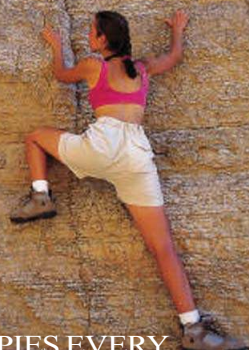


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## Storm Warnings

Winter storms and blizzards are common occurrences in Iowa where I grew up. Many a winter school day is canceled due to an abundance of snow, ice and wind. We call them "snow days." School administrators build a few extra days into the yearly academic calendar based on the assumption that they will indeed occur. When school is canceled because of inclement weather, the students are usually delighted. Unless of course, the snow day occurs on the day of a planned party or special event. My six year old grandson was devastated one day last winter when school was cancelled the day his class was scheduled to enjoy a children's theatre event which could not be rescheduled.

Weather forecasters today often know about winter storms, hurricanes and tornadoes before they occur. Warnings are broadcast so that appropriate safety measures can be taken. Windows can be boarded up, water and canned goods stockpiled and houses evacuated. Yet, in spite of elaborate technology allowing for early detection and notification, unnecessary damage and devastation still occur when people do not heed these warnings.

Chuck Swindoll, a famous American preacher, once described belief as a verb that demands a response. If someone tells you the house is on fire and you truly believe them, you will take appropriate precautions that involve saving valu-

ables and evacuating the premises. Recently the Southern California fires threatened to destroy the homes of several family members of mine who live in San Diego country. Had they not taken seriously the imminent danger of the fires' progress, they might have been numbered among those whose lives were lost in this tragedy.

When we believe a warning it affects our behavior. If we believe the doctor's diagnosis of a critical health problem we will take the necessary medication to remedy the situation. Belief affects our behavior. This is true in all areas of life including our walk of faith. The Bible is full of warnings that we need to heed. The most important warning is that we are all sinners (Romans 3:23) and that the penalty for sin is death (Romans 6:23). In His great love, however, God made provision for us. There is a cure we can cling to when we believe what God says about our spiritual condition. In light of these warnings, the action our belief demands is our complete trust in and acceptance of God's freely offered gift of eternal life.

*"For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord."* Romans 6:23

More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship\\_with\\_god.page](http://www.rbc.org/personal_relationship_with_god.page) or email [joycevoelker@hotmail.com](mailto:joycevoelker@hotmail.com)



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**ST. ANDREW'S CHURCH OF SCOTLAND (PRESBYTERIAN)** Rua Ariaga, 13, Lisbon: Sun. 11.00. Minister's Tel: 214 837 885, www.standrewslisbon.com.sapo.pt

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**CENTRO CRISTÃO FONTE DEVIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 am. Tel: 282 764 040 Fax: 282 795 518 Website [www.fontevida.org](http://www.fontevida.org)

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**LAGOS ANIMAL** Protection Society has a charity sale at Burgau Sports Club every 2nd Sat. of the month. All proceeds go towards helping Algarve animals. For further details please phone Tel.: 282 687 334 or mobile 966 047 994 after 6pm.

**THE ANIMAL** charity shop in Montechoro needs volunteers to help in the shop & to transport animals to the vet or abandoned animal's home 'Quintinha dos Animais' at Goldra, which receives part of the shops profits. Any help appreciated. Lesley - mobile 962 414 584.



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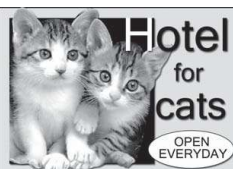


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## December – Positive end to 2007

While most revellers who saw in the New Year this week will have hoped 2008 would bring about an improvement in their lives, the main stories covered by **The Portugal News** in the last month of 2007 were lined with optimism. Not only did high ranking officials announce their wishes to stage a World Cup here, but official figures released in terms of economy and tourism were hugely positive.

At the beginning of December, **The Portugal News** revealed the details of an audacious attempt by national football authorities to stage the World Cup in Portugal. But with Portugal's impressive staging of Euro 2004, no longer is the staging of a major event in this country seen as a possible danger.

While Spain hosted the football World Cup in 1982, the formulation of a joint bid with Portugal could prove successful as the two countries are likely to receive support from "allies" in Latin America and Africa that will go a long way to ensuring the Iberian Peninsula is the venue of the prestigious tournament in 2018.

World football's governing body FIFA has scrapped the rotation system between continents and after the 2010 tournament in South Africa and in Brazil four years later, it is almost a certainty the 2018 World Cup will be in Europe.

Russia has already announced its intentions to launch its candidacy, and bids are expected from England, the United States, China and Australia, while Holland, Belgium and Luxembourg are preparing a joint bid.

But Portugal could have the final say.

The country's exceptional success in hosting the Euro 2004 already makes it a credible candidate, and with the addition of Spain to the bid, an Iberian tournament has a good chance of success.

The next week, it emerged that Portugal, for the first time in many years, managed to outgrow Eurozone economies.

The Organisation for Economic Cooperation and Development revealed late last year that the Portuguese economy is to accelerate in 2008. The Paris-based organisation, despite releasing relatively modest growth targets for Portugal in 2008, says the country will converge with the Euro Zone for the first time in seven years and is optimistic that this trend will be maintained

through into 2009.

While consumer confidence in Portugal continues to lag behind that of most European partners, the OECD is still anticipating a bumper year for the country.

The organisation says the economy will grow by two percent next year, thereby surpassing Euro Zone growth figures for the first time since the turn of the millennium.

Private investment, says the OECD, will rise by almost 50 percent this year in relation to 2007, moving up from the expected 2.5 percent now to 3.8 percent at the end of 2008. Investment will be modest in 2009, but will still expand to 4.3 percent.

Exports will continue to rise handsomely, but so too will imports, though Portugal will consistently maintain a healthy cushion in terms of its trade balance.

Unemployment will repeatedly drop by 0.3 percent a year from its current figure of 7.9 percent. The Euro Zone jobless rate stands at 6.8 percent.

Later in December, **The Portugal News** told readers that most Portuguese cities could be equipped with high tech surveillance systems this year, with the government pushing to have problem areas in cities and towns across the country covered by CCTV, saying it will cover the cost of installing equipment and ensure human resources to monitor footage.

Downtown Oporto, where a recent spate of assassinations of night club guards has generated a generalised sense of insecurity in the city, is set to be the first venue in Portugal where every movement will be monitored by CCTV.

With the plan approved for Oporto, problem areas in Guimarães have also received the green light next to install cameras.

Coimbra, Portimão and Fátima, all have pending requests currently being evaluated by the

National Data Protection Commission (CNPDP).

While some would have questioned repeating a similar story with the same headline more than 30 years on, it remained true as statistics reveal that 2007 was a bumper year as tourists continue to flood the country despite a slowdown of economies across the globe.

Under the 30-year old headline, 'Business is Booming!' readers learnt that Portugal had raked in seven billion euros as a direct result of tourism in 2007.

The number of tourists visiting the country also now comfortably outweigh Portugal's total population, with more than 12 million visitors recorded in what was termed "a notable year for Portuguese tourism".

Similarly, officials at Faro Airport are dealing with an ever-increasing flow of passengers.

In projected figures handed to **The Portugal News**, the ANA airport authority estimates that close to 5.5 million passengers walked through Faro airport in 2007.

With almost 400,000 passengers more when compared with last year (an increase of 7.5 percent) growth at Faro in 2007 is the biggest since 1999 and the fifth highest jump since the 1980s.

This growth has been greeted with surprise in some quarters, with observers initially forecasting a tough year for tourism, especially in the Algarve, following the disappearance of Madeleine McCann, though figures suggest the case has had little, if any, effect on tourism.

Looking back to the inaugural year of **The Portugal News**, the number of passengers arriving at Faro airport has increased by an astonishing 900 percent.

Nonetheless, the newspaper's founding year, 1977, is associated with the best ever year in Faro airport's 41 year history in terms of year-on-year growth, with passenger figures soaring by 61.8 percent in relation to 1976.



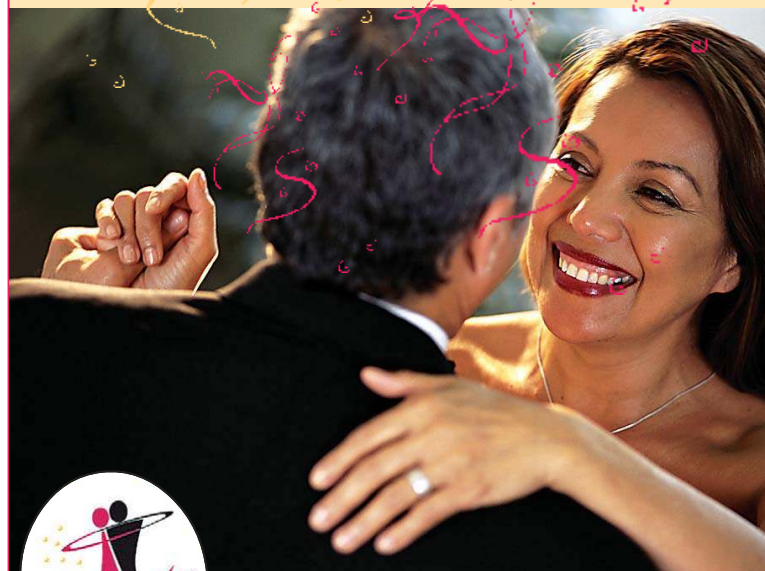
Luis Amado, Portugal Foreign Affairs Minister, (L) gives a EU flag to his Slovenian counterpart, Dimitrij Rupel in Funchal, Madeira on 31 December 2007, during the transition ceremony of the Foreign Affairs Ministry between Portugal and Slovenia, who will hold the next EU Presidency. (Photo: Lusa / Homem de Gouveia)

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Portuguese citizens celebrating the new year in Commercial Square at midnight on December 31st. (Photo: Lusa / Mario Cruz)